

# TECHNICAL MANUAL



## TRUMAN BODDEN SPORTS COMPLEX

George Town, Grand Cayman,

Cayman Islands

April 19 – 22, 2019









## Table of Contents

PARTN	VERS	5
1.0 OR	GANIZATIONAL STRUCTURE	6
1.1.	CIAA Executives	6
1.2.	NACAC Family	7
1.3.	Local Organising Committee	8
2.0 Abo	out the Cayman Islands Athletics Association (CIAA)	10
3.0 Invi	itation Letter	11
4.0 Invi	ited Countries	12
5.0 Gen	neral Program	13
6.0 INF	FORMATION ABOUT THE CAYMAN ISLANDS	14
6.1.	Official Airport and Arrival Information	15
6.2.	Entry Requirements.	15
6.3.	Insurance	15
7.0 AC	COMMODATIONS	16
7.1.	Senior Government Officials/ Special Guest	16
7.2.	Accommodation Levy	16
7.3.	Finance Hours of Operation:	17
7.4.	Meals	17
7.5.	Hotels	18
7.6.	MEDIA ACCOMMODATION	19
8.0 PRI	ESENTATION OF ATHLETES' DOCUMENTS	19
9.0 AC	CREDITATION	19
9.1.	Location of Accreditation Centres	19
9.2.	Hours of Operation	19
9.3.	Media Accreditation	19
10.0	MEDICAL SERVICES	20
10.1.	Location of Medical Centers at the Various Venues	20
10.2.	Emergency Contact Numbers	20
10.3.	Physiotherapy and Massage Services	20
10.4.	Team Physiotherapy Spaces	20
10.5.	Drugs Importation and Doctors' Work Permit	20
10.6.	Doping Control	21





11.0	) RUI	LES OF COMPETITION	21
1	1.1.	Number of Competitors	21
1	1.2.	Team Size	21
1	1.3.	Team Officials Quota	22
1	1.4.	Competitors	22
	11.4.1.	Confirmation	22
	11.4.2.	Competition Numbers	23
	11.4.3.	Start Lists and Official Results	23
1	1.5.	Categories and Events:	23
1	1.6.	Technical Meeting	25
1	1.7.	Technical Information Centre (TIC)	25
1	1.8.	Call Room	25
1	1.9.	Call Room Reporting Times	26
1	1.10.	Progression / Intervals for High Jump and Pole Vault:	27
1	1.11.	AWARDS CEREMONY	28
A	APPEND	DIX I: SCHEDULE OF EVENTS	29
Α	<b>APPEND</b>	DIX II: NUMERICAL ENTRIES	35
A	APPEND	DIX III: FINAL ENTRIES – U17 FEMALES	36
A	APPEND	DIX IV: FINAL ENTRIES – U17 MALES	37
A	APPEND	DIX V: FINAL ENTRIES – U20 FEMALES	38
A	APPEND	DIX VI: FINAL ENTRIES – U20 MALES	39
A	APPEND	DIX VII: FINAL ENTRIES – OPEN FEMALE/MALE	40
A	APPENE	DIX VIII: REGISTRATION OF TEAM OFFIC	CIALS
A	APPEND	DIX IX: DELEGATIONS ARRIVALS/DEPARTURES	42
		DIX X: REGISTRATION OF CONGRESS DELEGATES AND FEDERATIONS TIVES 43	
A	APPEND	DIX XI: GOVERNMENT OFFICIALS/VIP SPONSORS	44
Α	APPEND	DIX XII: MEDIA ACCREDIATATION	45
A	APPEND	DIX XIII:TECHNICAL MEETING AGE 47	ENDA
A	APPEND	DIX XIV: TECHNICAL MEETING QUEST 48	'IONS
Α	<b>APPEND</b>	DIX XV:PROTEST FORM	49





CARIFTA CONGRESS	APPENDIX XVI:
	50
APPENDIX VII: TRUMAN BODDEN SPORTS - AERIAL	APPENDIX XVII:
	51
TRUMAN BODDEN SPORTS COMPLEX – GROUNDS	APPENDIX XVIII:
	52
TRUMAN BODDEN SPORTS COMPLEX – SEATING (TICKETS) CHART	APPENDIX XVIX:
	53
FACT DETAILS54	ADDITIONAL CONT





## **PARTNERS**





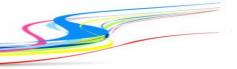














## 1.0 ORGANIZATIONAL STRUCTURE

## 1.1. CIAA Executives

PRESIDENT:	Lancelott Barnes
TRESIDENT.	Edificioti Barries
1 <sup>st</sup> VICE PRESIDENT:	Liz Smith
2 <sup>nd</sup> VICE PRESIDENT:	Maxine Anglin
	, and the second
GENERAL SECRETARY	Cydonie Mothersill
TREASURER:	Ventisha Conolly
ORDINARY MEMBER:	Molly-Ann Moore
ORDINARY MEMBER:	Kenrick Williams
ORDINARY MEMBER:	Paula Dawkins





## 1.2. NACAC Family

PRESIDENT:	Victor Lopez	PUR
VICE PRESIDENT:	Stephanie Hightower	USA
TREASURER:	Alain Jean-Pierre	HAI
GENERAL SECRETARY:	Michael Serralta	PUR
COUNCIL MEMBERS:	Geen Clarke	CRC
	Allan Baboolal	TTO
	Garth Gayle	JAM
	Catherine Jordan	BAR
MEMBERS EX OFFICIO:		
IAAF PRESIDENT:	Lord Sebastian Coe	GBR
IAAF VICE-PRESIDENT:	Alberto Juantorena	CUB
IAAF COUNCIL MEMBERS:	Pauline Davis-Thompson	BAH
	Abby Hoffman	CAN
NACAC PAST PRESIDENTS	Neville McCook (Deceased)	JAM
	2007-2013	
	Amadeo Francis	PUR
	1988-2007	





## 1.3. Local Organising Committee

SENIOR MANAGEMENT TEAM	
CHAIRPERSONS:	Joel Francis
	Lancelott Barnes
DEPUTY CHAIRPERSONS:	Evelyn Rockett
	Ventisha Conolly
DIRECTORS:	
COMPETITION	Darrel Rankine
	Scimone Chin
MARKETING, FUND-RAISING, MEDIA	Joel Francis
SERVICES AND VENDORS	
MEDICAL & SECURITY	Lancelott Barnes
TECHNOLOGY	Osbert Francis
ACCREDITATION	Evelyn Rockett
	Ventisha Conolly
LEGAL ADVISER AND SECRETARY	Jacqueline Haynes
VOLUNTEERS	Ventisha Conolly
	Jacqueline Haynes
ACCOMODATIONS, SOCIAL FUNCTIONS AND	Evelyn Rockett
CEREMONIES	Ventisha Conolly
TRANSPORTATION AND EQUIPMENT	Darrel Rankine
	Osbert Francis
VENUE AND FACILITIES	Collin Anglin
FINANCIAL CONTROLLER	Joel Burke

### LOCAL ORGANIZING COMMITTEE CONTACT DETAILS:

The Truman Bodden Sports Complex, 116 Olympic Way PO Box 841 Grand Cayman KY1-1502 Cayman Islands CaymanCARIFTA2019.ky





COMPETITION DELE	GATES:	
INTERNATIONAL ORGANIZATIONAL DELEGATE:	Geen Clarke	CRC
INTERNATIONAL TECHNICAL DELEGATE:	Esther Maynard	BAR
INTERNATIONAL DOPING CONTROL DELEGATE:	Dr. Adrian Lorde	BAR
INTERNATIONAL AREA STARTER:	Ray Hepburn (Alternate)	BAH
INTERNATIONAL AREA TECHNICAL OFFICIALS:	Garth Gayle (Chief) Stephanie Rahming Philcol Downardson Jeffers Nathanael Durán Janelle Edwards	JAM BAH SVG CRC TNT
JURY OF APPEAL:	Alberto Juantorena (Chief) Stephanie Hightower Michael A. Serralta Allan Baboolal	CUB USA PUR TNT
INTERNATIONAL AREA PHOTO-FINISH JUDGE:	Mario Haughton	JAM
INTERNATIONAL VIDEO REFEREE:	John-Paul Clarke	CAY
COMPETITION DIRECTOR:	Darrel Rankine	CAY
DEPUTY COMPETITION DIRECTOR:	Scimone Chin	CAY
MEETING MANAGER:	Osbert Francis	CAY
DEPUTY MEETING MANAGER:	Maxine Anglin	CAY
TECHNICAL MANAGER:	Harcourt Wason	CAY
EVENT PRESENTATION MANAGER:	Evelyn Rockett	CAY





## 2.0 About the Cayman Islands Athletics Association (CIAA)

The Cayman Islands Athletics Association was founded in 1972 and is a member of the International Association of Athletics Federations (IAAF); North American, Central American and Caribbean (NACAC); Central American and Caribbean (CAC); and Cayman Islands Olympics Committee (CIOC). Its mission statement is:

"To make Athletics one of the leading sports in the Cayman Islands and to promote a spirit of competitiveness and fair play among all our athletes at all levels while providing the opportunity to the Cayman Islands to participate in local, regional and international events of merit and worth.

With an aim to meet the needs of its athletes, membership and the community, the following objectives were adopted:

- To promote and develop track and field in the Cayman Islands as well as manage the country's professional athletes.
- To ensure the Association puts Cayman Islands athletes first and that everything possible is done towards their success and development in the sport.
- To generate more public support for local meets
- To raise funds and generate corporate financial support for new and existing programmes.





#### 3.0 Invitation Letter

December 1<sup>st</sup>, 2018

To: CARIFTA Member Federations

CC: Mr. Victor Lopez, President, NACAC

Mr. Michael Serralta, General Secretary, NACAC

Dear Federation President,

Opening on April 20th next year, the Cayman Islands CARIFTA Championships will bring together some six hundred competitors and delegates from 28 Island States across the Caribbean to share in the joy of competition and to showcase our Caribbean to the world.

On behalf of the Executive Committee of the Cayman Islands Athletic Association, the Members of the Local Organising Committee and our Title Sponsor, the Cayman Islands Government, we are pleased to extend this invitation to you to participate in the 48th Edition of the CARIFTA Championships which promises to be an outstanding showcase of Caribbean talent in our beautiful home of the Cayman Islands.

The Cayman Islands previously hosted these games in 1995 and 2010, which turned out to be very successful, and we look forward with enthusiasm to welcoming you, our brothers and sisters from across the region to share the ambiance of our Islands.

We look forward to your earliest response, which may be sent via email to us at info@CaymanCARIFTA2019.ky.

Sincerely,

Lance Barnes
President Cayman Islands Athletic Association
Co-Chair CARIFTA 2019 Local Organising Committee

Joel Francis Assistant Chief Officer of the Ministry of Education, Youth, Sports, Agriculture & Lands Co-Chair CARIFTA 2019 Local Organising Committee





#### 4.0 Invited Countries

The **CAYMAN ISLANDS** will be the host country for the 2019 CARIFTA Championships and will host the below countries.







## 5.0 General Program

Thursday April 18 <sup>th</sup> , 2019:	All Day	VIP's, NACAC/International Technical Officials Arrivals
	All Day	Accreditation of Teams, IATO's and IAAF/NACAC Family
	All Day	Settle Team Accounts
	13:00 – 19:00	Training: TBSC (bus will depart Margaretville & Comfort Suites every hour until 17:00)
	14:30	Official Press Conference – TBSC
	17:00	Deadline for questions for Technical Meeting
	19:00	Athlete's Passports due to Competition Director
	19:30	Reception for Team Managers, Sponsors and IAAF/NACAC Family
Friday April 19 <sup>th</sup> , 2019:	All Day	VIP's, NACAC/International Technical Officials Arrivals
	All Day	Accreditation of Teams, IATO's and IAAF/NACAC Family
	All Day	Settle Team Accounts
	7:00 – 14:00	Training: TBSC (bus will depart Margaretville & Comfort Suites every hour until 12:00 noon)
	10:00	Technical Meeting
	14:00	Athlete's Passports due to Competition Director (Friday arrivals Only)
Saturday April 20 <sup>th</sup> , 2019:	9:00 – 12:00	Day 1 Session One (1) Competition – TBSC
	15:00 – 16:00	Musical Entertainment – TBSC
	16:00	Opening Ceremonies - TBSC
	16:45	Day 1 Session two (2) Competition – TBSC
Sunday April 21st , 2019:	9:00 – 12:35	Day 2 Session three (3) Competition – TBSC
T ,	16:45 – 20:40	Day 2 Session four (4) Competition – TBSC
Monday April 22 <sup>nd</sup> , 2019:	9:00 – 12:00	Day 3 Session five (5) Competition – TBSC
	10:00	CARIFTA Congress (WESTIN Grand Cayman Hotel
	15:45 – 20:30	Day 3 Session six (6) Competition – TBSC
	20:30	Closing Ceremonies
m d waster		
Tuesday April 23 <sup>rd</sup> , 2019:	All Day	Departures





### 6.0 INFORMATION ABOUT THE CAYMAN ISLANDS

#### **BASIC FACTS AND FIGURES**

TIME: GMT - 5

CURRENCY: Cayman Islands Dollars

(.82 to the US\$, both accepted)

ELECTRICITY: Voltage 110v/60hz, North American socket style

DRIVING: On the left. Must present valid driver's license.

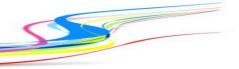
WEATHER: Expected average temperature in April could experience highs of 83F/28C and lows of

67F/19C.

#### BUSINESS OPENING HOURS OF THE MAIN ESTABLISHMENTS ARE AS FOLLOWS:

BUSINESS	TueThur.	Good Friday	Saturday	Sunday	Easter Monday
Banks	9:00-16:00	CLOSED	9:00-13:00	CLOSED	CLOSED
Post Office	9:00-17:00	CLOSED	CLOSED	CLOSED	CLOSED
Supermarkets	6:45-23:00	CLOSED	6:45-23:00	CLOSED	9:00 to 18:00

NOTE: ATMs at all banks are available 24/7.





### 6.1. Official Airport and Arrival Information

Owen Roberts International Airport, Grand Cayman, Cayman Islands is the official airport (IATA Code: GCM). The airport is approximately 10-15 driving minutes from all the Championships main locations (Accreditation Center, Team Hotel & Competition Stadium).

Upon arrival, teams go through Passport Control, pick up luggage in Baggage Claim Area and pass through Customs to Transport Loading Area. A Welcome Desk will be located just outside Customs Area.

Team Leaders must declare any missing luggage at the airline's welcome desk. There may also be a need for the Team Leader to return to the airport to identify and retrieve the missing luggage. Transportation will be organized by the LOC.

All athletes and officials will be transported to the accreditation center/hotels, where they will be accredited. For teams arriving late in the evening, accreditation formalities will happen the following day. Transportation for all teams arriving or departing prior to or after the period Thursday April 18th to Tuesday April 22<sup>nd</sup>, 2019 will be accommodated on a case by case basis. Please ensure that the LOC is informed in advance of any early arrival and late departure.

### 6.2. Entry Requirements

A valid passport (preferably with an expiration date of more than 6 months ahead) is required, as well as a valid return ticket. Athletes and officials from Haiti and Jamaica will require a visitor's visa.

There are no health-related travel restrictions/requirements for persons travelling to the Cayman Islands; however, persons are encouraged to ensure that their immunisations are up-to-date.

#### 6.3. Insurance

Participating Member Federations (MF) of the North America Central America Caribbean Area Association (NACAC) should ensure that they are in good standing with this Organisation in order to benefit from the annual insurance provided for members during travel and competitions.

Non-members and members not in good standing should seek to acquire their own insurance.





#### 7.0 ACCOMMODATIONS

Delegations are requested to plan their arrival in The Cayman Islands for Thursday April 18<sup>th</sup>, 2019 and their departure for Tuesday April 23<sup>rd</sup>, 2019. The cost of accommodations will be borne by Cayman CARIFTA 2019 during this period, commencing at noon on Thursday (April 18<sup>th</sup>, 2019) through Tuesday noon (April 23<sup>rd</sup>, 2019). Any accommodation requirements outside these official dates will be at the team's expense.

Delegations arriving before Thursday April 18th, and departing after Tuesday April 23rd, are required to inform the Local Organizing Committee no later than March 18<sup>th</sup>, 2019 in order for the LOC to assist with pre-and post-Championships accommodations. We urge delegations to book flights as soon as possible as flights can be difficult to obtain during the Easter season.

#### 7.1. Senior Government Officials/ Special Guest

If your team will be accompanied by any senior Government official or special guest, please inform the LOC early so that the necessary protocols can be organized to facilitate their arrival and stay in The Cayman Islands. This information is requested at least one (1) month prior to their arrival: March 17<sup>th</sup>, 2019.

### 7.2. Accommodation Levy

An accommodation levy of US\$150.00 per team member according to the official team size quota must be paid to the LOC Finance Office before teams can be accredited and checked into the Championships Village. Additionally, the Hotel's rate and meals package rate will apply for excess personnel on each team exceeding the set quota.

The Local Organizing Committee MUST be notified in writing by January 31<sup>st</sup>, 2019 to ensure that any additional officials over the quota can be accommodated at the Championships hotels.

Payments can be made in US\$ or by debit/credit card.





## 7.3. Finance Hours of Operation:

Margaritaville Beach Resort	Thursday April 18 <sup>th</sup> , 2019 9:00 – 22:00
	Friday April 19 <sup>th</sup> , 2019 9:00 – 22:00

## 7.4. Meals

Meals will be provided from dinner on Thursday April  $18^{th}$ , 2019 to breakfast on April  $23^{rd}$ , 2019. Meals outside this time frame will be at the teams' own expenses.

	BREAKFAST AT RESPECTIVE	LUNCH AT MARGARITAVILLE	DINNER AT MARGARITAVILLE
	HOTEL		
Thursday 18 <sup>th</sup>		Cold Lunch	✓
April 2019		11:30 - 13:30	19:30 - 22:30
Friday 19 <sup>th</sup>	✓	✓	✓
April 2019	6:00 - 8:30	11:30 - 13:30	19:30 - 22:30
Saturday 20 <sup>th</sup>	<b>✓</b>	✓	✓
April 2019	6:00 - 8:30	11:30 - 13:30	19:30 - 22:30
Sunday 21st	✓	✓	✓
April 2019	6:00 - 8:30	11:30 - 13:30	19:30 - 22:30
Monday 22 <sup>nd</sup>	<b>✓</b>	✓	<b>✓</b>
April 2019	6:00 - 8:30	11:30 - 13:30	19:30 - 22:30
Tuesday 23 <sup>rd</sup>	✓		
April 2019	6:00 - 8:30		





#### 7.5. Hotels

TEAM HOTEL & MAIN ATHLETE VILLAGE: Margaritaville Beach Resort ADDRESS: 269 West Bay Road, Grand Cayman KY1-1204, Cayman Islands.

RESORT PHONE: +1 (345) 640-6440

RESORT RESERVATIONS: +1 (855) 640-6440

WEBSITE: https://www.margaritavilleresortgrandcayman.com/

TEAM HOTEL: The Grand Caymanian Resort & Suites (Holiday Inn)

ADDRESS: 278 Crighton Drive, Grand Cayman KY1-1206, Cayman Islands.

RESORT PHONE: +1 (345) 949-3100 RESORT PHONE: +1 (855) 722-9626

WEBSITE: https://www.grandcaymanian.ky

**TEAM HOTEL: The Comfort Suites** 

ADDRESS: PO Box 30238, Grand Cayman KY1-1201, Cayman Islands.

RESORT PHONE: +1 (345) 945-7300 RESORT PHONE: +1 (844) 229-6267 RESORT FAX: +1 (345) 945-7400

WEBSITE: <a href="https://www.caymancomfort.com">https://www.caymancomfort.com</a>

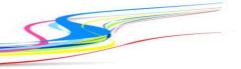
VIP HOTEL: Grand Cayman Marriott Beach Resort

ADDRESS: 389 West Bay Road, PO Box 30371, Seven Mile Beach, Grand Cayman, KY1-1202.

RESORT PHONE: +1 (345) 949-0088

WEBSITE: https://www.marriott.com/hotels/travel/gcmgc-grand-cayman-marriott-beach-resort/

To eliminate the possibility of injury or death to any athlete, the LOC will be instituting a ban on the use of the swimming pool facilities at these villages during the Games. Team Managers, Chaperones and Officials are expected to enforce this ban as a breach of it may result in the expulsion from the Village(s) of such persons and /or teams.





#### 7.6. MEDIA ACCOMMODATION

Based on availability, rooms are available at Sunshine Suites as follows:

- Studio at US\$219
- One Bedroom at US\$273

Rates are for single and double occupancy, subject to 13% tax, 10% service fee and a discounted

Resort Charge of \$10 (normally \$35) per room, per night.

Daily continental breakfast, WIFI and access to use Westin's amenities are included in the resort charge.

#### 8.0 PRESENTATION OF ATHLETES' DOCUMENTS

The ages of all competitors will be verified at the Accreditation Centre. Passports or Birth Certificates of all competitors must be presented upon arrival before the accreditation process can be completed.

#### 9.0 ACCREDITATION

#### 9.1. Location of Accreditation Centres

The Accreditation Center will be at the Margaritaville Beach Resort on the second floor.

#### 9.2. Hours of Operation

The Accreditation Centre will be opened Thursday April 18th and Friday April 19th 9:00 to 22:00.

Team leaders must finalise payment of the Team levy in US currency to complete the accreditation process and receive their room keys. Please be informed that delegations can also provide payment via credit card in advance or on site.

At the time of check-in, a credit card must be presented to cover incidentals and any damage to property.

Each team member will receive an individual accreditation pass which must be worn for the duration of the Championships. These cards will act as access pass to Championships hotels, meals, transport, warm up area, competition arena and other facilities as indicated by level of clearance. The passes will also grant medical support on site and/or at the hospital.

Please note that charges for accommodation and meals of additional personnel must be paid at this time as well.

#### 9.3. Media Accreditation

Media Accreditation will be available. Completed accreditation forms (found at





https://www.caymancarifta2019.ky/the-games/accreditation/) should be completed and submitted no later than Monday April 11<sup>th</sup>, 2019 at 18:00 (GMT -5).

#### 10.0 MEDICAL SERVICES

Medical Services will be available during the entire Event at the TBSC. An Ambulance will be at the TBSC during afternoon sessions since the hospital is near the stadium. Medical staff, doctors, physiotherapists, Red Cross and first responders will be stationed or on call at the TBSC and Championships hotels for the duration.

#### 10.1. Location of Medical Centers at the Various Venues

Medical centers with first aid facilities will be set up at the Championships hotels. The main facility will be located at the TBSC.

## 10.2. Emergency Contact Numbers

All emergency and key details will be attached to your accreditation.

#### 10.3. Physiotherapy and Massage Services

The LOC will provide these services at the stadium during the competition.

#### 10.4. Team Physiotherapy Spaces

Provision will be made at the warm-up area for teams to set up their tables. Note that these will be shared tent spaces.

#### 10.5. Drugs Importation and Doctors' Work Permit

The importation of pharmaceutical drugs for personal use is allowed, however, it must be declared to avoid confiscation. Team Doctors need special permission to practice in The Cayman Islands. The Department of Health regulatory services will require the following:

- List of practitioners and professional titles
- Certified copies of degrees/certificates
- Recording to Certified copies of current license to practice
- Police clearance
- Letter of Good Standing or License Verification from the practitioner's respective Councils or registering body in the jurisdiction where they currently practice.

This should be sent directly to us from the registering body to the following address:

Registrar, Health Practice Councils 3rd Floor, Government Administration Building 133 Elgin Ave, George Town, Grand Cayman Box 132, Grand Cayman KY1-9000 CAYMAN ISLANDS





Recreational drugs of any quantity are illegal in the Cayman Islands.

### 10.6. Doping Control

Doping control shall be conducted according to IAAF Procedures and Guidelines. The Doping control room is located on the eastern side of the TBSC in the main athletes changing area.

#### 11.0 RULES OF COMPETITION

The 48th CARIFTA Championships will be conducted in accordance with the current Rules and Regulations of the International Association of Athletics Federations (IAAF). All technical matters will be resolved according to the IAAF Rules and Regulations. Any other matters not covered in the rules will be resolved by the LOC.

### 11.1. Number of Competitors

Each country will be allowed a maximum of two competitors per event provided that the official team size regulation is followed.

#### 11.2. Team Size

#### AGES ARE AS OF DECEMBER 31st, 2019

UNDER 20 MALES	20 Athletes	Born 2000, 2001 and 2002
UNDER 20 FEMALES	20 Athletes	Born 2000, 2001 and 2002
UNDER 17 MALES	17 Athletes	Born 2003, 2004 and 2005
UNDER 17 FEMALES	17 Athletes	Born 2003, 2004 and 2005

Provided that a team has a full quota in each category as specified above, a country is allowed up to six additional athletes of which no more than four (4) athletes can be applied to any one category.

Except for those events designated as OPEN (Male Decathlon, Male Pole Vault, Female Heptathlon and 3000m) no under 17 athletes may compete in the under 20 age categories.

No Athlete born 2006 or later may compete in the under 17 age categories.





#### 11.3. Team Officials Quota

1-6 Competitors	One (1) Official Unless Team Consists of Male and Female Athletes; Then Two (2) Officials, One each male and female.
7-12 Competitors	Two (2) Officials
13-18 Competitors	Three (3) Officials
19-24 Competitors	Four (4) Officials
25-30 Competitors	Five (5) Officials
31-36 Competitors	Six (6) Officials
37-42 Competitors	Seven (7) Officials
43-48 Competitors	Eight (8) Officials
49-54 Competitors	Nine (9) Officials
55-61 Competitors	Ten (10) Officials
62-68 Competitors	Eleven (11) Officials
69 + Competitors	Twelve (12) Officials

## 11.4. Competitors

Each country may enter up to two athletes in each individual event. In relay events, each country may enter a team of six (6) athletes, of which four (4) will run in the first round and the other two (2) may be used as substitutes in the team's composition in subsequent rounds. In Combined Events up to three (3) athletes may be entered.

If an event cannot be conducted due to insufficient participants, defined as having "not less than (5) competitors of three (3) countries", the Local Organizing Committee shall notify immediately via email those countries that had entered athletes for such an event or may consider the event an Exhibition.

#### 11.4.1. Confirmation

Note that the maximum team size is 80 athletes.

Upon arrival each team will be provided with a set of Confirmation of Entry sheets, which must be verified, signed and submitted to the TIC. Confirmation of entries for the first day of competition shall be submitted during the Technical Meeting. For the following days, ONLY, the confirmation of the scratches shall be submitted to the TIC by 18:00 on the day before the competition.





#### 11.4.2. Competition Numbers

Numbers will be checked in the Call Room to ensure that they correspond with the athletes' names. They shall be worn visibly on the breast and back, (except for those competing in the high jump and pole vault).

Competitors in running events will be issued additional adhesive numbers, which shall be worn on the sides of their shorts/hips

#### 11.4.3. Start Lists and Official Results

Start Lists will be posted daily at the TIC; a copy will be given to the Team Leader upon identification. Results will be posted once the events have been concluded.

## 11.5. Categories and Events:

UNDER 17	MALE	FEMALE
	100M	100M
	200M	200M
	400M	400M
	800M	800M
	1500M	1500M
	110MH (0.91M)	100MH (0.76M)
	400MH (0.84M)	400MH (0.76M)
	3000M	3000M (OPEN)
	4 X 100M	4 X 100M
	4 X 400M	4 X 400M
	SHOT PUT (5.0K)	SHOT PUT (3.0K)
	DISCUS (1.5K)	DISCUS (1.0K)
	JAVELIN (700G)	JAVELIN (500G)
	LONG JUMP	LONG JUMP
	TRIPLE JUMP	TRIPLE JUMP
	HIGH JUMP	HIGH JUMP





UNDER 20	MALE	FEMALE
	100M	100M
	200M	200M
	400M	400M
	800M	800M
	1500M	1500M
	110MH (0.99M)	100MH (0.84M)
	400MH (0.91M)	400MH (0.76M)
	5000M	3000M (OPEN)
	4 X 100M	4 X 100M
	4 X 400M	4 X 400M
	SHOT PUT (6.0K)	SHOT PUT (4.0K)
	DISCUS (1.75K)	DISCUS (1.0K)
	JAVELIN (800G)	JAVELIN (600G)
	LONG JUMP	LONG JUMP
	TRIPLE JUMP	TRIPLE JUMP
	HIGH JUMP	HIGH JUMP
	POLE VAULT	N/A

#### **OPEN EVENTS**

MALE: OCTATHLON	Combined event over two (2)	DAY 1	100M

Consecutive days LONG JUMP

SHOT PUT (6.0K)

400M

DAY 2 110MH (0.99M)

HIGH JUMP JAVELIN (800G)

1500M

FEMALE: HEPTATHLON Combined event over two (2) DAY 1 100MH (0.84M)

consecutive days

HIGH JUMP

SHOT PUT (4.0K)

200M

DAY 2 LONG JUMP

JAVELIN (600G)

800M

Each team can enter two (2) competitors in each individual event and one (1) team in each relay.





If an event has insufficient participants to be classified as an official event, having less than five (5) competitors representing three (3) different countries; it will be considered as an EXHIBITION EVENT. When entries indicate this, the affected countries will be notified immediately by the Local Organizing Committee (LOC) via e-mail.

NUMERICAL DEADLINE:	MIDNIGHT JANUARY 11, 2019
FINAL ENTRIES:	MIDNIGHT MARCH 12, 2019

#### 11.6. Technical Meeting

The Technical Meeting will take place on Friday April 19<sup>th</sup> ,2019, at 10:00 at The Truman Bodden Sports Complex.

Teams wishing to raise questions of a technical nature must submit these questions to <a href="mailto:Competitions@CaymanCarifta2019.ky">Competitions@CaymanCarifta2019.ky</a> on the prescribed Form (Appendix XIV), no later than 18:00 (GMT -5) on Thursday April 18th, 2019.

#### No questions will be accepted from the floor during the Technical meeting.

The Technical Delegate will preside over the meeting, which will be conducted in English. NB: No more than two (2) delegates from each participating team may attend the meeting.

#### 11.7. Technical Information Centre (TIC)

This will be located on the eastern side of the stadium in the warm up area, next to the call room. An information desk will also be set up at the teams' hotels. Upon arrival, delegations will be able to collect information pertaining to their entries, confirmation forms and other technical meeting information. Start lists and official daily programs will be available at the beginning of each session. This information will also be posted at the warm-up area. Official results will also be available following each event.

PROTEST: ALL PROTEST WILL BE HANDLED IN ACCORDANCE WITH IAAF RULE 146.

JURY OF APPEAL: THE JURY OF APPEAL WILL BE ANNOUNCED AT THE TECHNICAL MEETING.

#### 11.8. Call Room

There will be One (1) call room. The call room will be on the eastern side of the stadium by the warm up area. There will be a staging tent to the south of the warm up area through which all athletes will enter the field of play for their events. Athletes should report to call room immediately following the **single and final call**. Call times will be posted at the start of each competition day at the warm up area. After a preliminary check, athletes will be escorted to the staging tent where the final check will be made. Athletes will not be permitted any physical interaction between the call room and the staging





area. Reporting athletes must have their accreditation, competition number (bib) and approved country's uniform. If any of the above three (3) is missing or incorrect, the athlete will not be allowed to enter the call room or competition site. The following items will not be allowed in the call room, I-Pods, I-Pads, Mp3 Players, CD Players, Walkman, Cameras, Mobile Phones, Head Sets, Personal Implements. These will be confiscated and available at the TIC after the event.

Athletes are advised not to bring them to the call room. Note also that spikes will be checked, and no needle type spikes will be allowed. Only Pyramid or compression type (Christmas tree) spikes will be allowed.

Upon completion of the resurfacing of the track, Country Federations will be notified via email of the spike lengths permitted based on the recommendations of the manufacturer.

## 11.9. Call Room Reporting Times

EVENT	FIRST & FINAL CALL	REPORT TO CALL ROOM	ARRIVE AT EVENT
Sprints	30 mins	25 mins	7 mins
Hurdles	35 mins	30 mins	10 mins
Middle & Long Distance	30 mins	25 mins	7 mins
Relays	35mins	30mins	10mins
Throws	55mins	50mins	30mins
Long & Triple Jump	70mins	65mins	45mins
High Jump	70mins	65mins	45mins
Pole Vault	70mins	65mins	45mins

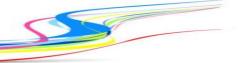
Call Room schedules will be posted daily and will be based on a **SINGLE AND FINAL CALL** approach. Athletes and Coaches please note that Athletes will be escorted by Marshalls from the Call Room to the staging tent. Athletes will not be allowed to enter the competition area if the posted daily call room schedule is not adhered to.





## 11.10. Progression / Intervals for High Jump and Pole Vault:

EVENT	CATEGORY	PREGRESSION/INTERVALS
High Jump	U17 Female	Start: 1.50m
		5cm Increments to 1.65m
		3cm Increments to 1.77m; then
		2 cm's thereafter
	U17 Male	Start: 1.70m
		5cm Increments to 2.00m
		3cm Increments to 2.09m; then
		2 cm's thereafter
	U20 Female	Start: 1.60m
		5cm Increments to 1.70m
		3cm Increments to 1.79m; then
		2 cm's thereafter
	U20 Male	Start: 1.85m
		5cm Increments to 2.05m
		3cm Increments to 2.14m; then
		2 cm's thereafter
Pole Vault	U20 Male	Start: 3.00m
		10cm Increments to 4.00m; then
		5 cm's thereafter





#### 11.11. AWARDS CEREMONY

Please note the Awards Ceremony schedule is included in the competition program. Medalists will be held in the awards ceremony holding area on the ground floor of the western stands. Each medalist must be in **full team uniform** to participate in the ceremony. National federations please take note; medalists not adhering to the above will not be allowed on the podium.

IN ACCORDANCE WITH IAAF RULES AND REGULATIONS, THE FOLLOWING AWARDS WILL BE DISTRIBUTED:

INDIVIDUAL / COMBINED EVENTS:

1ST PLACE GOLD MEDAL

2ND PLACE SILVER MEDAL

3RD PLACE BRONZE MEDAL

**RELAYS**:

1ST PLACE MEDAL FOR EACH PARTICIPATING TEAM MEMBER

2ND PLACE MEDAL FOR EACH PARTICIPATING TEAM MEMBER

3RD PLACE MEDAL FOR EACH PARTICIPATING TEAM MEMBER

**AUSTIN SEALY AWARD:** 

FOR THE MOST OUTSTANDING ATHLETE OF THE 2019 CHAMPIONSHIPS



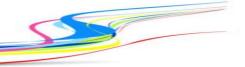


### APPENDIX I: SCHEDULE OF EVENTS

OPENING CEREMONIES: Saturday April 20th, 2019

The Opening Ceremony of the 48th Cayman Islands CARIFTA Championships is planned for Saturday April 20<sup>th</sup>, 2019 at 16:00 (GMT -5). Transportation will be provided from the official hotels to the stadium. The LOC requests all delegations to participate in the Opening Ceremony.

DAY 1	DAY 1 – SATURDAY APRIL 20, 2019 A.M. – SESSION 1					
NO.	TIME	EVENT	GENDER	CATEGORY	ROUND	
101	9:00	HIGH JUMP	FEMALE	UNDER 17	FINAL	
102	9:00	SHOT PUT	FEMALE	UNDER 17	FINAL	
103	9:00	DISCUS	MALE	UNDER 20	FINAL	
104	9:00	100 METERS HURDLES	FEMALE	OPEN	HEPTATHALON (1)	
105	9:20	100 METERS	MALE	OPEN	OCTATHALON (1)	
106	9:30	100 METERS	FEMALE	UNDER 17	HEATS	
107	10:00	100 METERS	MALE	UNDER 17	HEATS	
108	10:30	100 METERS	FEMALE	UNDER 20	HEATS	
109	11:00	100 METERS	MALE	UNDER 20	HEATS	
110	11:05	HIGH JUMP	FEMALE	OPEN	HEPTATHALON (2)	
111	11:10	LONG JUMP	MALE	OPEN	OCTATHALON (2)	
112	11:15	SHOT PUT	MALE	UNDER 17	FINAL	
113	11:20	DISCUS	FEMALE	UNDER 20	FINAL	
114	11:30	400 METERS	FEMALE	UNDER 17	SEMI FINALS	
115	11:50	400 METERS	MALE	UNDER 17	SEMI FINALS	
116	12:10	400 METERS	FEMALE	UNDER 20	SEMI FINALS	
117	12:30	400 METERS	MALE	UNDER 20	SEMI FINALS	





NO.	TIME	EVENT	GENDER	CATEGORY	ROUND
OC1	16:00	OPENING CEREMONY			
MP1	16:45	MEDAL			
118	17:00	HIGH JUMP	MALE	UNDER 20	FINAL
119	17:00	LONG JUMP	MALE	UNDER 17	FINAL
120	17:00	SHOT PUT	FEMALE	OPEN	HEPTATHALON
121	17:00	100 METERS	FEMALE	UNDER 17	SEMI FINALS
122	17:15	100 METERS	MALE	UNDER 17	SEMI FINALS
123	17:30	100 METERS	FEMALE	UNDER 20	SEMI FINALS
124	17:45	100 METERS	MALE	UNDER 20	SEMI FINALS
125	18:05	1500 METERS	FEMALE	UNDER 17	FINAL
126	18:15	1500 METERS	MALE	UNDER 17	FINAL
127	18:20	SHOT PUT	MALE	OPEN	OCTATHALON (3)
128	18:25	1500 METERS	FEMALE	UNDER 20	FINAL
129	18:35	1500 METERS	MALE	UNDER 20	FINAL
MP2	18:45	MEDAL			
130	19:00	LONG JUMP	FEMALE	UNDER 20	FINAL
131	19:00	JAVELIN	FEMALE	UNDER 20	FINAL
132	19:00	200 METERS	FEMALE	OPEN	HEPTATHALON
133	19:10	400 METERS	FEMALE	UNDER 17	FINAL
134	19:20	400 METERS	MALE	UNDER 17	FINAL
135	19:30	400 METERS	FEMALE	UNDER 20	FINAL
136	19:40	400 METERS	MALE	UNDER 20	FINAL
137	19:50	400 METERS	MALE	OPEN	OCTATHALON (4)
MP3	19:55	MEDAL			
138	20:10	100 METERS	FEMALE	UNDER 17	FINAL
139	20:20	100 METERS	MALE	UNDER 17	FINAL
140	20:30	100 METERS	FEMALE	UNDER 20	FINAL
141	20:40	100 METERS	MALE	UNDER 20	FINAL



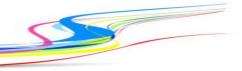


NO.	TIME	EVENT	GENDER	CATEGORY	ROUND
142	9:00	JAVELIN	FEMALE	UNDER 17	FINAL
143	9:00	LONG JUMP	FEMALE	OPEN	HEPTATHALON (5)
144	9:00	100 METERS HURDLES	MALE	OPEN	OCTATHALON (5
145	9:15	200 METERS	FEMALE	UNDER 17	HEATS
146	9:45	200 METERS	MALE	UNDER 17	HEATS
147	10:15	200 METERS	FEMALE	UNDER 20	HEATS
148	10:45	200 METERS	MALE	UNDER 20	HEATS
149	11:00	JAVELIN	FEMALE	OPEN	HEPTATHALON (6)
150	11:00	HIGH JUMP	MALE	OPEN	OCTATHALON (6
151	11:00	LONG JUMP	FEMALE	UNDER 17	FINAL
152	11:00	800 METERS	FEMALE	UNDER 17	SEMI FINALS
153	11:15	800 METERS	MALE	UNDER 17	SEMI FINALS
154	11:30	800 METERS	FEMALE	UNDER 20	SEMI FINALS
155	11:45	800 METERS	MALE	UNDER 20	SEMI FINALS
156	12:05	400 METERS HURDLES	FEMALE	UNDER 17	SEMI FINALS
157	12:15	400 METERS HURDLES	FEMALE	UNDER 20	SEMI FINALS
158	12:25	400 METERS HURDLES	MALE	UNDER 17	SEMI FINALS
159	12:35	400 METERS HURDLES	MALE	UNDER 20	SEMI FINALS



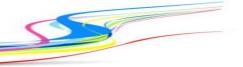


NO.	TIME	EVENT	GENDER	CATEGORY	ROUND
MP4	16:45	MEDAL			
160	17:00	HIGH JUMP	FEMALE	UNDER 20	FINAL
161	17:00	TRIPLE JUMP	FEMALE	UNDER 20	FINAL
162	17:00	JAVELIN	MALE	OPEN	OCTATHALON (7)
163	17:00	200 METERS	FEMALE	UNDER 17	SEMI FINALS
164	17:15	200 METERS	MALE	UNDER 17	SEMI FINALS
165	17:30	200 METERS	FEMALE	UNDER 20	SEMI FINALS
166	17:45	200 METERS	MALE	UNDER 20	SEMI FINALS
167	18:15	400 METERS HURDLES	FEMALE	UNDER 17	FINAL
168	18:25	400 METERS HURDLES	FEMALE	UNDER 20	FINAL
169	18:35	400 METERS HURDLES	MALE	UNDER 17	FINAL
170	18:45	400 METERS HURDLES	MALE	UNDER 20	FINAL
MP5	18:55	MEDAL			
171	19:00	HIGH JUMP	MALE	UNDER 17	FINAL
172	19:00	LONG JUMP	MALE	UNDER 20	FINAL
173	18:55	JAVELIN	MALE	UNDER 17	FINAL
174	19:00	800 METERS	FEMALE	UNDER 17	FINAL
175	19:10	800 METERS	MALE	UNDER 17	FINAL
176	19:20	800 METERS	FEMALE	UNDER 20	FINAL
177	19:30	800 METERS	MALE	UNDER 20	FINAL
178	19:40	800 METERS	FEMALE	OPEN	HEPTATHLON (7)
179	19:50	1500 METERS	MALE	OPEN	OCTATHALON (8
MP6	20:00	MEDAL			
180	20:10	200 METERS	FEMALE	UNDER 17	FINAL
181	20:20	200 METERS	MALE	UNDER 17	FINAL
182	20:30	200 METERS	FEMALE	UNDER 20	FINAL
183	20:40	200 METERS	MALE	UNDER 20	FINAL



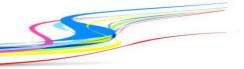


NO.	TIME	EVENT	GENDER	CATEGORY	ROUND
184	9:00	POLE VAULT	MALE	OPEN	FINAL
185	9:00	TRIPLE JUMP	MALE	UNDER 20	FINAL
186	9:00	JAVELIN	MALE	UNDER 20	FINAL
187	9:00	4 X 100 METERS	FEMALE	UNDER 17	SEMI FINALS
188	9:15	4 X 100 METERS	MALE	UNDER 17	SEMI FINALS
189	9:30	4 X 100 METERS	FEMALE	UNDER 20	SEMI FINALS
190	9:45	4 X 100 METERS	MALE	UNDER 20	SEMI FINALS
191	10:10	100 METERS HURDLES	FEMALE	UNDER 17	SEMI FINALS
192	10:25	100 METERS HURDLES	FEMALE	UNDER 20	SEMI FINALS
193	10:40	110 METERS HURDLES	MALE	UNDER 17	SEMI FINALS
194	10:55	110 METERS HURDLES	MALE	UNDER 20	SEMI FINALS
195	11:15	4 X 400 METERS	FEMALE	UNDER 17	SEMI FINALS
196	11:30	4 X 400 METERS	MALE	UNDER 17	SEMI FINALS
197	11:45	4 X 400 METERS	FEMALE	UNDER 20	SEMI FINALS
198	12:00	4 X 400 METERS	MALE	UNDER 20	SEMI FINALS





NO.	TIME	EVENT	GENDER	CATEGORY	ROUND
MP7	15:45	MEDAL			
199	16:00	TRIPLE JUMP	MALE	UNDER 17	FINAL
200	16:00	SHOT PUT	MALE	UNDER 20	FINAL
201	16:00	DISCUS	FEMALE	UNDER 17	FINAL
202	16:00	4 X 100 METERS	FEMALE	UNDER 17	FINAL
203	16:15	4 X 100 METERS	MALE	UNDER 17	FINAL
204	16:30	4 X 100 METERS	FEMALE	UNDER 20	FINAL
205	16:45	4 X 100 METERS	MALE	UNDER 20	FINAL
MP8	16:55	MEDAL			
206	17:10	3000 METERS	FEMALE	OPEN	FINAL
207	17:30	3000 METERS	MALE	UNDER 17	FINAL
MP9	17:45	MEDAL			
208	18:00	TRIPLE JUMP	FEMALE	UNDER 17	FINAL
209	18:00	SHOT PUT	FEMALE	UNDER 20	FINAL
210	18:00	DISCUS	MALE	UNDER 17	FINAL
211	18:00	100 METERS HURDLES	FEMALE	UNDER 20	FINAL
212	18:10	100 METERS HURDLES	FEMALE	UNDER 20	FINAL
213	18:20	110 METERS HURDLES	MALE	UNDER 17	FINAL
214	18:30	110 METERS HURDLES	MALE	UNDER 20	FINAL
215	18:45	5000 METERS	MALE	UNDER 20	FINAL
MP10	19:00	MEDAL DRESENTATIONS			
216	19:15	4 X 400 METERS	FEMALE	UNDER 17	FINAL
217	19:30	4 X 400 METERS	MALE	UNDER 17	FINAL
218	19:45	4 X 400 METERS	FEMALE	UNDER 20	FINAL
219	20:00	4 X 400 METERS	MALE	UNDER 20	FINAL
MP11	20:15	MEDAL DRESENTATIONS			
CC1	20:30	CLOSING CEREMONY			





APPENDIX II: NUMERICAL ENTRIES

<b>COUNTRY:</b>		
COUNTINI		

		NUME	RICAL EN	TRIES		
EVENT	U17 FEMALES	U17 MALES	U20 FEMALES	U20 MALES	OPEN	TOTAL
100M						
200M						
400M						
800M						
1500M						
3000M						
5000M						
100MH						
110MH						
400MH						
LONG JUMP						
TRIPLE JUMP						
HIGH JUMP						
POLE VAULT						
SHOT PUT						
DISCUS						
JAVELIN						
HEPTATHLON						
OCTATHLON						
4 x 100M						
4 x 400M						
TEAM						
TOTAL FEMAL	E		1	l		
TOTAL MALE A	ATHLETES					
TOTAL FEMAL	E					
TOTAL MALE (	OFFICIALS					
	1					
AUTHORISEI	SIGNATUR	E/STAMP			DATE	
(President/Gene					DATE	





## APPENDIX III: FINAL ENTRIES – U17 FEMALES

COUNTRY:	
ATHLETE (LASTNAME, FIRSTNAME):	
DATE OF BIRTH (MM/DD/YYYY):	

UNDER 17 FEMALES				
EVENT	ENTRY (X)	MARK (SEASON'S BEST)		
100M				
200M				
400M				
800M				
1500M				
100MH				
400MH				
LONG JUMP				
TRIPLE JUMP				
HIGH JUMP				
SHOT PUT				
DISCUS				
JAVELIN				
4 X 100M				
4 X 400M				
AUTHORISED SIGN (PRESIDENT/GENE		DATE		





## APPENDIX IV: FINAL ENTRIES – U17 MALES

COUNTRY:	
ATHLETE (LASTNAME, FIRSTNAME):	
DATE OF BIRTH (MM/DD/YYYY):	

UNDER 17 MALES		
EVENT	ENTRY (X)	MARK (PERSONAL BEST)
100M		
200M		
400M		
800M		
1500M		
3000M		
110MH		
400MH		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
SHOT PUT		
DISCUS		
JAVELIN		
4 X 100M		
4 X 400M		
AUTHORISED SIGN (PRESIDENT/GENE		DATE

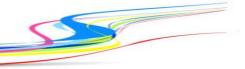




## APPENDIX V: FINAL ENTRIES – U20 FEMALES

COUNTRY:	
ATHLETE (LASTNAME, FIRSTNAME):	
DATE OF BIRTH (MM/DD/YYYY):	

	UNDER 20 FEMALES		
EVENT	ENTRY (X)	MARK (PERSONAL BEST)	
100M			
200M			
400M			
800M			
1500M			
3000M			
100MH			
400MH			
LONG JUMP			
TRIPLE JUMP			
HIGH JUMP			
SHOT PUT			
DISCUS			
JAVELIN			
4 X 100M			
4 X 400M			
AUTHORISED SIGN (PRESIDENT/GENE		DATE	





## APPENDIX VI: FINAL ENTRIES – U20 MALES

COUNTRY:	
ATHLETE (LASTNAME, FIRSTNAME):	
DATE OF BIRTH (MM/DD/YYYY):	

UNDER 20 MALES		
EVENT	ENTRY (X)	MARK (PERSONAL BEST)
100M		
200M		
400M		
800M		
1500M		
5000M		
110MH		
400MH		
LONG JUMP		
TRIPLE JUMP		
HIGH JUMP		
POLE VAULT		
SHOT PUT		
DISCUS		
JAVELIN		
4 X 100M		
4 X 400M		
,		
AUTHORISED SIGN (PRESIDENT/GENE		DATE





## APPENDIX VII: FINAL ENTRIES – OPEN FEMALE/MALE

	0	PEN FEMALE	
EVENT	ENTRY (X)	MARK (PERSONAL BEST)	DATE OF BIRTH (MM/DD/YYYY)
3000M			
HEPTATHLON			
	NERAL SECRETAR	<u> </u>	
MUST BE	E SUBMITTED	BEFORE MIDNIGHT	T APRIL 1 <sup>51</sup> , 2019

OPEN MALE			
EVENT	ENTRY (X)	MARK (PERSONAL BEST)	DATE OF BIRTH (MM/DD/YYYY)
OCTATHLON			
	GNATURE/STAMF NERAL SECRETAR		DATE
MUST BI	E SUBMITTED	BEFORE MIDNIGH	T APRIL 1 <sup>S</sup> , 2019





## APPENDIX VIII: REGISTRATION OF TEAM OFFICIALS

NO.	LASTNAME	FIRSTNAME	FUNCTION	
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
		GNATURE/STAMP IERAL SECRETARY)	DATE	
	MUST BE SUBMITTED BEFORE MIDNIGHT APRIL 1 <sup>ST</sup>			9





## APPENDIX IX: DELEGATIONS ARRIVALS/DEPARTURES

	ARRIVA	LS	
NAME.	DATE (MM/DD/YYYY)	FLIGHT#	ARRIVAL TIME
	<b>DEPARTU</b>	RES	
NAME.	DATE (MM/DD/YYYY)	FLIGHT #	DEPARTURE TIME
AUTHORISED SIGN (PRESIDENT/GENE			DATE
·	SUBMITTED BEFORE	MIDNIGHT A	PRIL 1 <sup>ST</sup> , 2019

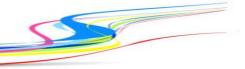




# APPENDIX X: REGISTRATION OF CONGRESS DELEGATES AND FEDERATIONS EXECUTIVES

<b>COUNTRY:</b>			

NO.	LASTNAME	FIRSTNAME	FUNCTION	
1.				
2.				
3.				
4.				
5.				
6.				
7.				
8.				
9.				
10.				
11.				
12.				
		GNATURE/STAMP IERAL SECRETARY)	DATE	
	MUST BE SUBMITTED BEFORE MIDNIGHT APRIL 1ST, 2019			





## APPENDIX XI: GOVERNMENT OFFICIALS/VIP SPONSORS

COUNTRY:	
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NO.	LASTNAME	FIRSTNAME	FUNCTION		
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
		GNATURE/STAMP ERAL SECRETARY)	DATE		
	MUST BE SU	MUST BE SUBMITTED BEFORE MIDNIGHT APRIL 1ST, 2019			





#### APPENDIX XII: MEDIA ACCREDIATATION

Accreditation form must be completed and returned to the LOC no later than Monday April 11<sup>th</sup>, 2019. It must be duly authorised by the Member Federation. Each individual MUST complete an application and submit a digital size photo. Submissions can also be made via <a href="http://www.caymancarifta2019.ky/accreditation">http://www.caymancarifta2019.ky/accreditation</a>.

COUNTRY:		
	_	
APPLICANT NAME (LAS	STNAME, FIRSTNAME)	
COMPANY (INCLUDING	G ADDRESS)	
EMAIL		
MEDIA TYPE		
		US\$100.00
WORK PHONE	MOBILE PHONE	FEES
COLOURNIE OR MESSA C	T.	
COMMENT OR MESSAG	<u>'E</u>	
ARRIVAL DATE	FLIGHT INFO	ARRIVAL TIME
ARRIVAL DATE FLIGHT INFO		ARRIVAL HIVIE
APPLICANT SIGNATURE		DATE
AUTHORISED SIGNAT		DATE
MUST BE SU	BMITTED BEFORE I	MIDNIGHT APRIL 11 <sup>TH</sup> , 2019









## APPENDIX XIII: TECHNICAL MEETING AGENDA

TECHNICAL MEETING AGENDA				
	Moderator: Esther Maynard – Technical Delegate			
1.	Call to order: Prayer/Welcome			
3.	Introductions  Technical Information		IAAF Representatives ACAC Representatives Organizational Delegate Technical Delegate Competition Director International Area Starter IATO's Jury of Appeal NTO's Schedule/Program Qualifying Rounds	
		\$ \$ \$	Starting Heights and Progressions Protests Doping Control	
4.	Organisational Information	\$ \$\text{\$\mathcal{R}}\$\$ \$\text{\$\mathcal{R}}\$\$	Bus Schedule Awards Ceremony Opening/Closing Ceremonies Questions	
5.	Closing Remarks			
6.	Changes to Entries			

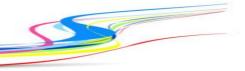




## APPENDIX XIV: TECHNICAL MEETING QUESTIONS

<b>COUNTRY:</b>		
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TECHNICAL MEETING AGENDA			
	Moderator: Esther Mayna	rd – Technical Delegate	
Q1.			
Q2			
Q3.			
Q4.			
TEC	TECHNICAL OFFICIAL DATE		
	MUST BE SUBMITTED BEFORE MIDNIGHT APRIL 1 <sup>ST</sup> , 2019		





## APPENDIX XV: PROTEST FORM

CATEGORY:		
<b>EVENT:</b>		
DESCRIPTION		
DEBOKH TION		
Fee: US\$100.00		
1 CC. CB\$\(\text{100.00}\)		
TEAM DELEGATE SIGNATURE	DATE	
DESIGNATION		
DESIGNATION		
COUNTRY		
LOC ONLY:		
LOC MEMBER	DATE AND TIME	





APPENDIX XVI: CARIFTA CONGRESS

## **CARIFTA CONGRESS**

WESTIN GRAND CAYMAN HOTEL

#### **AGENDA**

**ROLL CALL** 

INVOCATION

#### WELCOME AND REMARKS

Lance Barnes
President, Cayman Islands Athletics Associations
Hon. Juliana O'Connor-Connolly
Minister of Education, Youth, Sports, Agriculture and Lands
Hon. Alden McLaughlin
Premier, Cayman Islands
Lord Sebastian Coe
President, International Association of Athletic Associations

MINUTES OF THE LAST CONGRESS AND ACCEPTANCE OF MATTERS ARISING FROM THE MINUTES

#### **REPORTS**

**NACAC** 

#### **PRESENTATIONS**

49th CARIFTA Championships LOC - Bermuda Bids to host 49th (2020)

50th CARIFTA Championships LOC – Barbados Bids to host 50th (2021)

#### **ANY OTHER BUSINES**

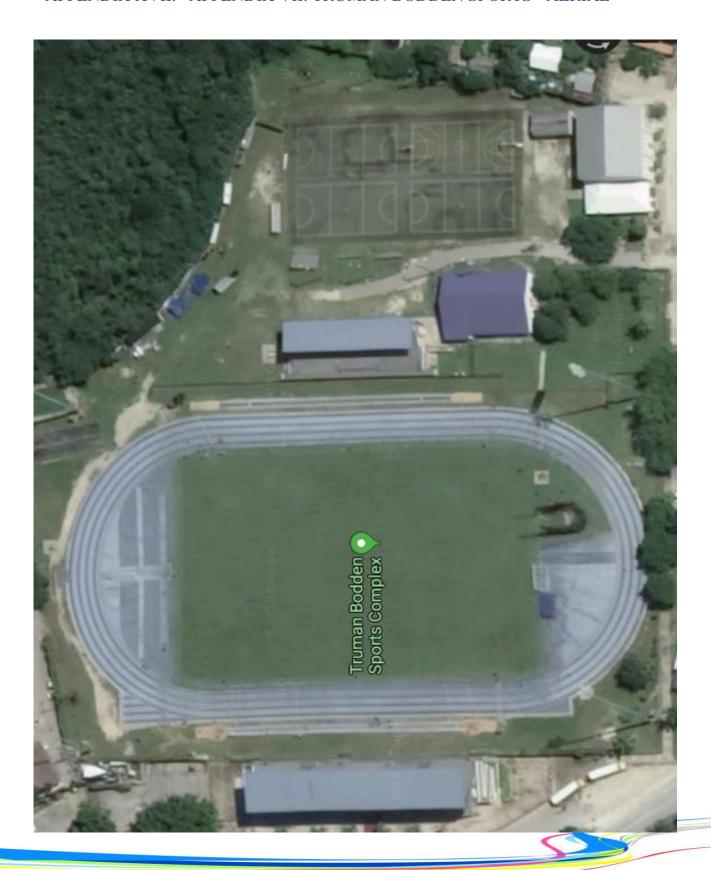
**ADJOURNMENT** 

CARIFTA Congress Luncheon is at 13:00 at the Westin Grand Cayman Ballroom



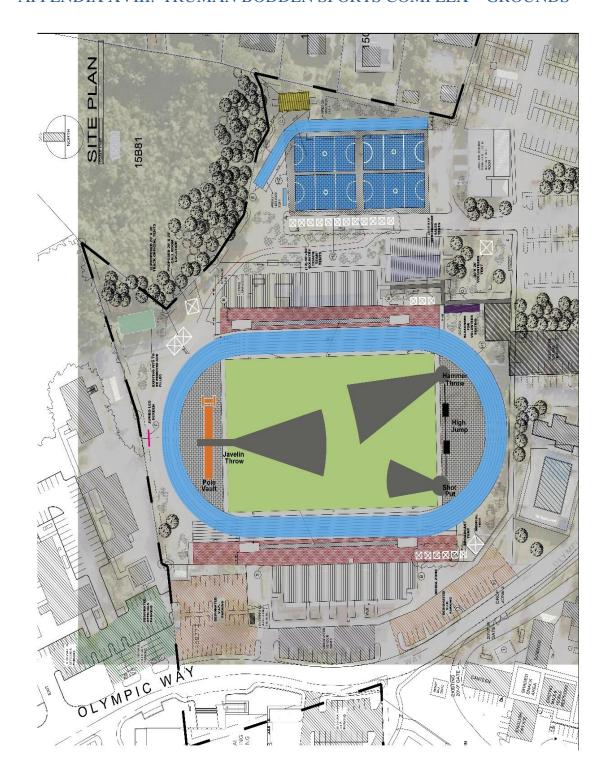


## APPENDIX XVII: APPENDIX VII: TRUMAN BODDEN SPORTS - AERIAL





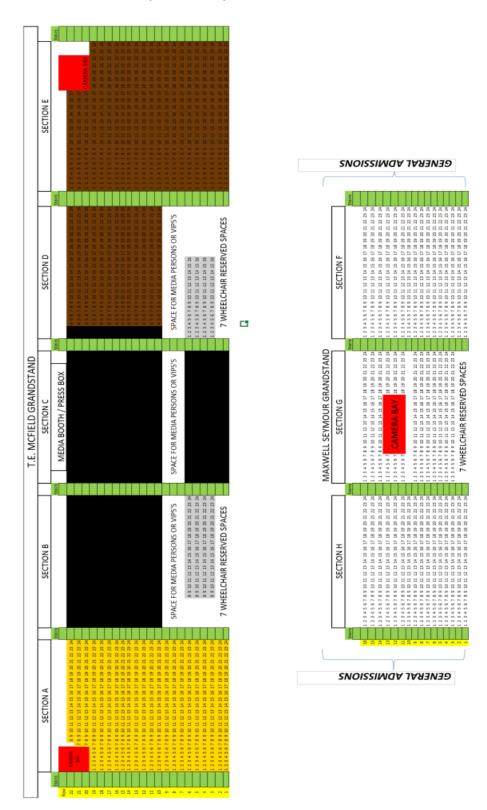
#### APPENDIX XVIII: TRUMAN BODDEN SPORTS COMPLEX – GROUNDS

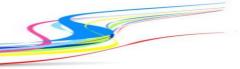






## APPENDIX XVIX: TRUMAN BODDEN SPORTS COMPLEX – SEATING (TICKETS) CHART







#### ADDITIONAL CONTACT DETAILS

**WEBSITE:** www.CaymanCARIFTA2019.ky

GENERAL EMAIL: info@CaymanCARIFTA2019.ky

**VOLUNTEERS:** Volunteers@CaymanCARIFTA2019.ky

ACCREDITATION: <u>Accreditations@CaymanCARIFTA2019.ky</u>

SPONSORSHIP: Sponsorships@CaymanCARIFTA2019.ky

LOCAL ORGANIZING COMMITTEE CONTACT DETAILS:

The Truman Bodden Sports Complex, 116 Olympic Way PO Box 841 Grand Cayman KY1-1502 Cayman Islands

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