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*CROSS
COUNTRY
CHAMPIONSHIPS
2005 - PRESENT*

Booklet by Bill Roe
NACAC / Pan Am / IAAF/WA Cross Country Commissions and Committee
Co-Founder, NACAC Cross Country Championships

Note: Due to the lack of history on the pre-existing South American championships, this document concentrates on the North American (NACAC) and Panamericano Cup events.



NORTH AMERICAN (NACAC) CROSS COUNTRY CHAMPIONSHIPS

PAN AMERICAN CROSS COUNTRY CUP



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HISTORY

HISTORICAL PARTICIPATION

Year	Site	North America/NACAC			South America/Consulate		
		Individuals	Teams	MFs	Individuals	Teams	MFs
2005	Clermont, Florida USA	80	9	13	--	--	--
2006	Clermont, Florida USA	122	20	14	--	--	--
2007	Clermont, Florida USA	125	18	15	--	--	--
2008	Kissimmee, Florida USA	64	11	6	--	--	--
2009	Titusville, Florida USA	85	16	7	--	--	--
2010	Scarborough, Tobago, TTO	101	17	11	--	--	--
2011	Port of Spain, Trinidad, TTO	121	20	18	--	--	--
2012	Port of Spain, Trinidad, TTO	108	16	12	--	--	--
2013	Mandeville, Jamaica	112	19	8	--	--	--
2014	Scarborough, Tobago, TTO	103	18	10	--	--	--
2015	Barranquilla, Colombia	110	16	11	79	11	10
2016	Carrabelleda, Venezuela	68	11	7	47	7	5
2017	Boca Raton, Florida USA	93	15	8	--	--	--
2018	La Libertad, El Salvador	117	16	8	38	4	5
2019	Port of Spain, Trinidad, TTO	99	15	8	--	--	--
2020	Victoria, British Columbia, CAN						

PATRONS / NORTH AMERICAN (NACAC) CROSS COUNTRY CHAMPIONSHIPS

Bill Roe, USA
 Amadeo Francis, PUR
 Fred Finke, USA
 Michael Scott, USA
 Anne Phillips, USA
 Thelma Wright, CAN
 William Warwick, TTO
 Teddy McCook, JAM

PATRONS / NORTH AMERICAN (NACAC) CROSS COUNTRY CHAMPIONSHIPS

Victor Lopez, PUR
 Evelyn Lopez, PUR
 Bill Roe, USA
 Thelma Wright, CAN

05 March 2005

**FIRST NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS**
Clermont, Florida, USA

THE STORY / COURSE MAP / PHOTOS

The NACAC Cross Country was conceived in New York City as NACAC President Amadeo Francis and USATF President Bill Roe sat down for a late January 2004 business breakfast to discuss some event ideas before they attended the National Track & Field Hall of Fame Opening at the Armory in upper Manhattan.

Francis and Roe both knew Fred Finke of Orlando, Florida, and prevailed upon him to work with a small budget to find a site, arrange for housing and meals, and coordinate transportation for the inaugural championships somewhere in the Orlando, Florida, area.

With Canada unable to schedule the event in the inaugural year, the USA squads swept the four race team titles, and only lost the Senior Men's open individual title.

The meet saw Jenny Barringer - nee Simpson -- in her USA international debut winning the U-20 Women's event. Max King became a fixture at the event, later winning the 2010 race. He started his NACAC cross country career with two consecutive third-place finishes.

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Barringer, Jennifer	USA	14:50
2	Fidducia, Christina	USA	15:06
3	Harrison, Emily	USA	15:10
4	Nelson, Zoe	USA	15:16
5	Mendez, Lillian	Puerto Rico	15:17
6	Wetsch, Bria	USA	15:19
7	Tyler, Victoria	USA	15:21
8	Thomas, Tamica	Jamaica	15:49
9	Ramos, Beverly	Puerto Rico	16:02
10	Morgan, Neisha	Jamaica	16:13
11	Rivera, Zuleyka	Puerto Rico	16:19
12	Roman, Doraly	Puerto Rico	16:48
13	Barnett, Latoy	Jamaica	17:33
14	Cassandva, Veronica	Jamaica	17:46

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	1	2	3	4	6	7	10
2	Puerto Rico	5	9	11	12	--	--	37
3	Jamaica	8	10	13	14	--	--	45

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Mock, Dave	USA	19:51
2	McLeod, Timothy	USA	19:58
3	Shackleton, Drew	USA	20:03
4	Miletich, Alexander	USA	20:10
5	Shay, Stephen	USA	20:14
6	Harding, Jon	USA	20:19
7	Velez, Denides	Puerto Rico	20:30
8	Colon, David	Puerto Rico	20:45
9	Brown, Kirk	Jamaica	20:54
10	Bent, Damion	Jamaica	20:58
11	Williams, Marshall	Jamaica	21:14
12	Lucea, Lorry	Martinique	21:17
13	Luna, Jayson	Puerto Rico	21:18
14	Drummond, Andre	Jamaica	21:27
15	Morales, Juan Carlos	Puerto Rico	21:29
16	De Jesus, Alexander	Puerto Rico	21:31
17	Stevens, Kamari	Jamaica	21:47
18	Luna, Osman	Nicaragua	21:50
19	Ashton, Junior	St. Vincent	21:51
20	Clayton, Jermaine	Jamaica	21:56

2005

21 Colon, Eduardo Puerto Rico 22:02

15 Donawa, Albert Bermuda 26:54

16 Claude, Nohile Martinique 26:59

17 Sundell, Steven USA 27:04

18 Rivera, Luis Puerto Rico 27:38

19 Saunders, Jason Jamaica 27:47

20 Talbert, Waiward Jamaica 27:55

21 Figueroa, Adith Puerto Rico 28:20

22 Edwards, Phillip Jamaica 28:25

23 Ledger, Victor St. Lucia 28:31

24 Castellanos, Sergio Honduras 28:40

25 Elleson, Jason Jamaica 29:02

26 Zayas, Jose Dom. Rep. 29:05

27 Pitter, Shawn Jamaica 29:13

28 Ramos, Roberto Puerto Rico 29:18

29 Campbell, Kevin Jamaica 29:34

30 Nunez, Alfredo Dom. Rep. 30:34

31 Villata, Maurice Martinique 31:02

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	3	4	5	6	10
2	Puerto Rico	7	8	13	15	16	21	43
3	Jamaica	9	10	11	14	17	20	44

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Monro, Sabrina	USA	21:40
2	Hull, Lucinda	USA	21:52
3	Aklufi, Erika	USA	21:55
4	Nervo, Patricia	USA	22:13
5	Cuellar, Elisa	Mexico	22:47
6	Hernandez Mlndz, Elid	Guatemala	23:00
7	Akbar, Samia	USA	23:01
8	Cruz, Lourdes	Puerto Rico	23:06
9	Mendez, Erika	Puerto Rico	24:36
10	Torres, Luz	Puerto Rico	24:47
11	Martin, Arietha	Jamaica	25:16
12	Patini, Claudine	Martinique	25:35
13	James, Metrecia	Jamaica	26:16
14	Charles-Felicit, Chanta	Martinique	27:20

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	3	4	7	--	10

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Barrios, Juan Luis	Mexico	25:06
2	Arevalo, Jose Alfredo	Guatemala	25:16
3	King, Maxwell	USA	25:34
4	Collazo, Luis	Puerto Rico	25:39
5	Lam, Cesan	Puerto Rico	25:43
6	Eberly, Joshua	USA	25:44
7	Gilmore, Peter	USA	25:48
8	Garcia Gabriel, Jose	Guatemala	25:49
9	Cabada, Fernando	USA	26:02
10	Gomez, Francisco	Costa Rica	26:03
11	Iniguez-Cabrer, Moises	Mexico	26:25
12	Kezes, Paul	USA	26:26
13	Torres, Jesus	Mexico	26:33
14	Ballantyne, Pamenos	St. Vincent	26:39

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	3	6	7	9	12	17	25
2	Puerto Rico	4	5	18	21	28	--	48
3	Jamaica	19	20	22	25	27	29	86

2006

04 March 2006

**SECOND NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS
Clermont, Florida, USA**

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	van Buskirk, Kate	Canada	14:32
2	Reid, Sheila	Canada	14:39
3	Tarver, Kauren	USA	14:41
4	Bargiachi, Denise	USA	14:48
5	Lister, Nichole	USA	14:58
6	Bell, Stacey	Jamaica	15:05
7	Plank, McKayla	USA	15:13
8	Pabich, Alicia	USA	15:15
9	Woods, Danelle	Canada	15:18
10	McBean, Mandy	Canada	15:20
11	Sanchez, Ursula	Mexico	15:31
12	Shaw, Angela	Canada	15:33
13	Ramos, Beverly	Puerto Rico	15:40
14	Posell, Judith	Jamaica	15:41
15	Galan, Anais	Puerto Rico	15:59
16	Al, Rosemarie	Jamaica	16:12
17	Solorzano, Aurora	Mexico	16:13
18	Biewald, Jennifer	Canada	16:19
19	Jimenez, Tatiana	Puerto Rico	16:37
20	Rivera, Suheily	Puerto Rico	16:47
21	Rivera, Wilnelia	Puerto Rico	16:57
22	Xuya, Marte Alicia	Guatemala	17:03
23	Ibarra, Caterin Ju	Guatemala	17:11
24	Anais, Cynthia	Martinique	17:22
25	Verona, Cassanova	Jamaica	17:32
26	Nichols, Romona	Bahamas	17:33
27	Palacios, Wendy So	Guatemala	17:44
28	Perez, Johanise	Puerto Rico	18:08

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	3	4	5	7	8	--	19
2	Canada	1	2	9	10	12	18	22
3	Jamaica	6	14	16	25	--	--	61
4	Puerto Rico	13	15	19	20	21	28	67

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Borrego, Diego	Mexico	19:25
2	Arias, Aaron Herme	Mexico	19:30
3	Peacock, Landon	USA	19:30
4	McDougal, Jordan	USA	19:45
5	Dillon, Marcus	Canada	19:47

2006

6	Maag, Michael	USA	19:53	14	Thomas, Tamica	Jamaica	23:58
7	Currie, Cory	Canada	20:09	15	Smith, Kirsty	Canada	24:26
8	Bruce, Matthew	Canada	20:13	16	de la Rosa, Andrei	Dom Rep	24:31
9	Kyle, Jordan	USA	20:26	17	James, Mericia	Jamaica	25:04
10	Acosta, Andrew	USA	20:44	18	Herrera, Leomaris	Dom Rep	25:07
11	Brown, Kirs	Jamaica	20:47	19	Hamilton, Lisah	US Virgin Is	25:14
12	Palacios, Estuardo	Guatemala	20:50	20	Torres, Luz E.	Puerto Rico	25:19
13	Saloj, Jeremias	Guatemala	20:58	21	Valdes, Carmen	Puerto Rico	25:30
14	Boorsma, Kyle	Canada	21:16	22	Henry, Nadine	Jamaica	26:10
15	Luna, Jayson	Puerto Rico	21:23	23	Barnett, Tanice	Jamaica	26:19
16	Anderson, Michael	Canada	21:35	24	Torres, Jessica	Puerto Rico	26:49
17	Pedraza, Jose	Puerto Rico	21:50	25	City, Diana	Dom Rep	26:54
18	Williams, Marshall	Jamaica	21:56	26	Garcia, Sonny	Dom Rep	26:54
19	Robinson, Ageyan	Jamaica	22:00	27	Corrales, Veronica	Costa Rica	27:40
20	Rivera, Ramon	Puerto Rico	22:06	28	Herrera, Sylvie	Martinique	28:00
21	Maduro, Rafael	Puerto Rico	22:09	dnf	Boyle, Shari	Canada	—
22	Perez, Carlos	Puerto Rico	22:11	dnf	Kuzyk, Cari	Canada	—
23	Chay, Juan Carlos	Guatemala	22:17				
24	Brunsting, Joseph	Canada	22:25				
25	Campbell, Kemoy	Jamaica	22:44				
26	Velazquez, Luis	Puerto Rico	22:58				
27	McKoy, Patterson	Jamaica	23:21				
28	Rigby, Delano	Turks Caicos	28:22				

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	3	4	6	9	10	--	22
2	Canada	5	7	8	14	16	24	34
3	Puerto Rico	15	17	20	21	22	26	73
4	Jamaica	11	18	19	25	27	--	73

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Metcalfe, Megan	Canada	21:45
2	Valencia, Maria El	Mexico	21:55
3	Donaghue, Rebecca	USA	21:57
4	Rowbury, Shannon	USA	21:59
5	Meyerhoff, Sally	USA	22:12
6	Liss, Collette	USA	22:25
7	Merio, Liliana	Mexico	22:50
8	Duerbeck, Mary	USA	23:08
9	Trigueros, Gabriela	Costa Rica	23:12
10	Hennigar, Heather	Canada	23:25
11	Binne-Huse, Suzann	Canada	23:32
12	Maldonado, Zenaida	Puerto Rico	23:35
13	Rene, Violeta	Mexico	23:38

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	3	4	5	6	8	--	18
2	Canada	1	10	11	15	--	--	37
3	Jamaica	14	17	22	23	--	--	76
4	Puerto Rico	12	20	21	24	--	--	76
5	Dom. Rep.	16	18	25	26	--	--	85

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Barrios, Juan Luis	Mexico	25:17
2	Suarez, Alejandro	Mexico	25:17
3	King, Max	USA	25:49
4	Arevalo, Alfredo	Guatemala	25:55
5	Colazo, Luis	Puerto Rico	26:10
6	Jimenez, Cesar Jav	Mexico	26:14
7	Vega, Teodoro	Mexico	26:14
8	Dennis, Eugene	USA	26:21
9	Gildea, Patrick	USA	26:27
10	Garcia, Jose Amado	Guatemala	26:38
11	Tarpy, Patrick	USA	26:47
12	Osaduik, Steve	Canada	26:49
13	Hernandez, Victor	Guatemala	27:02
14	Capula, Jesus Prim	Mexico	27:18
15	Donawa, Albert	Bermuda	27:21
16	Nohile, Justin Cla	Martinique	27:27
17	Fernandez, German	Puerto Rico	27:36
18	Scull, Jeffrey	Canada	27:41

2006

19	Rivera, Luis	Puerto Rico	27:47
20	Tomlin, Michael	Jamaica	27:50
21	Reyes, Santiago	Guatemala	27:58
22	Staples, Calvin	Canada	28:10
23	Talbert, Wainard	Jamaica	28:13
24	Jones, Richard	Trinidad	28:15
25	Soto, Luis	Puerto Rico	28:19
26	Edwards, Phillip	Jamaica	28:25
27	Pitter, Shawn	Jamaica	28:31
28	Milne, Taylor	Canada	28:51
29	Campbell, Kevin	Jamaica	28:54
30	Velez, Denides	Puerto Rico	29:01
31	Stewart, Hurley	Jamaica	29:06
32	Bohlke, William	US Virgin Is	29:14
33	Nero, Sandino	Trinidad	30:13
34	Williams, Dencil	Bahamas	31:30
35	Ramirez, Denzil	Trinidad	31:40
36	Tobias, Carence	Trinidad	32:44

Team Results

<i>Place</i>	<i>Country</i>	<i>Scorers</i>				<i>Others</i>		<i>Tm</i> <i>Pts</i>
		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	
1	Mexico	1	2	6	7	14	--	16
2	USA	3	8	9	11	--	--	31
3	Guatemala	4	10	13	21	--	--	48
4	Puerto Rico	5	17	19	25	30	--	66
5	Canada	12	18	22	28	--	--	80
6	Jamaica	20	23	26	27	29	31	96
7	Trinidad/Tobago	24	33	35	36	--	--	128

03 March 2007

**THIRD NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS
Clermont, Florida, USA**

[THE STORY / PHOTOS / COURSE MAP](#)



U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Carson, Lindsay	Canada	13:59
2	Asselim, Marie-Louise	Canada	14:08
3	Scott, Aurora	USA	14:20
4	Bland, Keri	USA	14:24
5	Goule, Natoya	Jamaica	14:34
6	Reid, Sheila	Canada	14:38
7	Farren, Kinsey	USA	14:39
8	Davis, Teneisha	Jamaica	14:56
9	O'Connell, Jessica	Canada	15:03
10	Rivera, Zuleika	Puerto Rico	15:09
11	Truelove, Amanda	Canada	15:11
12	Burke, Jocelyn	USA	15:22
13	Spettigue, Kelly-Lynne	Canada	15:32
14	Morgan, Neisha	Jamaica	15:40
15	Galan, Anais	Puerto Rico	15:43
16	Harnais, Sylvia	Martinique	15:53
17	Santiago, Yolanda	Puerto Rico	15:55
18	Dyer, Sherica	Jamaica	16:01
19	Nero, Tonya	Trin/Tobago	16:07
20	Rodriquez, Melissa	Puerto Rico	16:09
21	Rivera, Suheily	Puerto Rico	16:15
22	La Saldo, Shermin	Trin/Tobago	16:20
23	Jimenez, Taitiana	Puerto Rico	16:25
24	Shukla, Samantha	Trin/Tobago	16:30
25	Michel, Nadine	Martinique	16:57
26	Rolle, Hughniave	Bahamas	17:41
27	Wison, Lexi	Bahamas	20:30
28	Storr, Rachquel	Bahamas	20:30

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	2	6	9	11	13	18
2	USA	3	4	7	12	--	--	26
3	Jamaica	5	8	14	18	--	--	45
4	Puerto Rico	10	15	17	20	21	23	62

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Borrego, Diego	Mexico	18:50
2	Leeder, Matthew	Canada	18:56
3	Hughes, Matthew	Canada	19:28
4	Edmonds, Joshua	USA	19:31
5	Heath, Elliott	USA	19:33

2007

6	Bruce, Matthew	Canada	19:36	12	Mendez, Erika	Puerto Rico	22:31
7	Rodriquez, Adnan	Puerto Rico	19:41	13	Barnett, Tanice	Jamaica	22:35
8	Batemen, Noel	USA	19:42	14	McCabe, Emily	USA	22:49
9	Saloj, Jeremias	Guatemala	19:43	15	Diaz, Mariadel Pilar	Puerto Rico	22:55
10	McNiff, Ryan	USA	19:43	16	McCollum, Meaghan	Canada	23:02
11	Flynn, Sebastien	Canada	19:45	17	Kolstad, Kristen	Canada	23:03
12	Jackson, Rob	Canada	19:46	18	Maldonado, Zenaida	Puerto Rico	23:12
13	Campbell, Kemoy	Jamaica	19:53	19	Monterroso, Elsa	Guatemala	23:33
14	Miller, Greg	Canada	20:03	20	Benton, Christa	USA	23:57
15	Melendez, Luis	Puerto Rico	20:14	21	Valdes, Carmen	Puerto Rico	23:59
16	Crossman, Conroy	Jamaica	20:17	22	Martin, Arieta	Jamaica	24:03
17	Robinson, Ageyan	Jamaica	20:19	23	Santiago, Cristina	Puerto Rico	25:16
18	Camacho, Luis	Puerto Rico	20:20	24	John, Kerticia	Trin/Tobago	26:12
19	Wedderman, Lorenzo	Jamaica	20:20	25	Jones, Paula	Trin/Tobago	27:27
20	McIntyre, Wayne	Jamaica	20:24				
21	Prince, Antoniel	Jamaica	20:32				
22	Rodriquez, Luis	Puerto Rico	20:33				
23	Raxon, Jose Alfred	Guatemala	20:38				
24	Pedraza, Jose	Puerto Rico	20:42				
25	Nero, Garvin	Trin/Tobago	21:15				
26	Stapleton, Sherwyn	Trin/Tobago	21:30				
27	Maduo, Rafael	Puerto Rico	21:34				
28	Duhamel, Yann	Martinique	22:11				
29	Green, Yuan	Guadeloupe	22:48				
30	Newbold, Laquardo	Bahamas	23:07				

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	2	3	6	11	12	14	22
2	USA	4	5	8	10	--	--	27
3	Puerto Rico	7	15	18	22	24	27	62
4	Jamaica	13	16	17	19	20	21	65

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Elmore, Malindi	Canada	20:41
2	Hinds, Korene	Jamaica	20:59
3	Osburn, Desiraye	USA	21:06
4	Wightman, Elizabeth	Canada	21:10
5	Bylander, Stephanie	USA	21:32
6	Hyman, Mardrea	Jamaica	21:49
7	Stallwood, Rebecca	Canada	21:50
8	Coira, Michelle	Puerto Rico	22:14
9	Widney, Chantell	Canada	22:17
10	Flores, Laura Elena	Mexico	22:20
11	Estrada, Guadalupe	Mexico	22:29

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	4	7	9	16	17	21
2	USA	3	5	14	20	--	--	42
3	Jamaica	2	6	13	22	--	--	43
4	Puerto Rico	8	12	15	18	21	23	53

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Bizuneh, Fasil	USA	24:46
2	Rodriguez, Celedon	USA	24:51
3	Spence, Michael	USA	24:59
4	Shay, Ryan	USA	25:01
5	Ascierno, Jose	Mexico	25:13
6	Raxon, Jose	Guatemala	25:18
7	Arevalo, Alfredo	Guatemala	25:40
8	Joseph, Zepherines	St. Lucia	25:43
9	Martinez, Rafael	Mexico	25:44
10	Talbert, Wainard	Jamaica	25:58
11	Ballantyne, Pameno	St. Vincent	26:03
12	Nakluski, Derek	Canada	26:08
13	Garcia, Jose Amado	Guatemala	26:10
14	Thorson, Michael	Canada	26:13
15	Fewer, Colin	Canada	26:21
16	Almonte, Juan	Dom Rep	26:28
17	Montalvo, Jose	Puerto Rico	26:32
18	Booth, Michael	Canada	26:33
19	Robles, Eliezer	Puerto Rico	26:38
20	Handler, Carlos	Nicaragua	26:40
21	Jones, Richard	Trin/Tobago	26:43
22	Morales, Juan Carl	Puerto Rico	26:46

2007

23	Boulate, Eddy	Guadeloupe	26:50
24	Ramirez, Jesus	Dom Rep	26:52
25	Donawa, Albert	Bermuda	26:58
26	Brown, Kirk	Jamaica	27:03
27	McKenzie, Linton	Jamaica	27:05
28	Carlos, Shane	Canada	27:07
29	Medina, Edwin	Puerto Rico	27:11
30	Saunders, Jason	Jamaica	27:14
31	Bent, Damian	Jamaica	27:15
32	Saloj, Jeremias	Guatemala	27:19
33	Rodriquez, Jose Lu	Puerto Rico	27:34
34	Lambert, Adrian	Canada	27:40
35	Soto, LuisDaniel	Puerto Rico	28:16
36	Edwards, Phillip	Jamaica	28:18
37	Ledgers, Victor	St. Lucia	28:23
38	La Rode, Jules	Trin/Tobago	28:30
39	Bohilke, William	US Virgin Is	28:37
40	Turner, Elvis	Trin/Tobago	28:49
41	Collado, Masimo	Dom Rep	29:27
42	Gorcias, Luis	Dom Rep	31:10

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	1	2	3	4	--	--	10
2	Guatemala	6	7	13	32	--	--	58
3	Canada	12	14	15	18	28	34	59
4	Puerto Rico	17	19	22	29	33	35	87
5	Jamaica	10	26	27	30	31	36	93
6	Dom Republic	16	24	41	42	--	--	123

2008

06 March 2008

**FOURTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS
Kissimmee, Florida, USA**

THE STORY / PHOTOS / COURSE MAP

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Schaff, Kendra	Canada	13:03
2	Reese, Emily	USA	13:15
3	Reid, Sheila	Canada	13:18
4	Carson, Lindsay	Canada	13:20
5	Finlay, Paula	Canada	13:24
6	Lalonde, Genevieve	Canada	13:25
7	Amaro, Emilie	USA	13:35
8	Jewett, Tamara	Canada	13:48
9	Goldring, Katja	USA	14:06
10	Galan, Anais	Puerto Rico	14:27
11	Taylor, Jacqueline	USA	14:27
12	Rivera, Zuleika	Puerto Rico	14:52
13	Jimenez, Taitiana	Puerto Rico	14:57
14	Santiago, Yolanda	Puerto Rico	15:05
15	Rodriguez, Melissa	Puerto Rico	15:09
16	Saneyt, Karla	Puerto Rico	15:11
17	Rolle, Hughnique	Bahamas	17:09
18	Wilson, Lexi	Bahamas	19:35

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	3	4	5	6	8	13
2	USA	2	7	9	11	--	--	29
3	Puerto Rico	10	12	13	14	15	16	49

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Kuternin, Aleksandr	Canada	17:21
2	Sheridan, Ryan	USA	17:23
3	Brendan, Gregg	USA	17:32
4	Majock, Nyial	Canada	17:47
5	Williams, Kevin	USA	17:51
6	Ahmed, Mohammad	Canada	17:54
7	Corrigan, Peter	Canada	18:08
8	Britt, Barry	Canada	18:09
9	Jackson, Rob	Canada	18:11
10	Otero, Jean Carlos	Puerto Rico	18:37
11	Ortiz, Luis	Puerto Rico	18:52
12	Cruz, Reimmanuel	Puerto Rico	18:58
13	Rodriguez, Luis	Puerto Rico	19:25
14	Mendez, Cesar	Puerto Rico	19:29
15	Roman, Frenando	Puerto Rico	19:38
16	Newbold, Lacquardo	Bahamas	20:49



2008

17 Lacquardo, Trevino Bahamas 22:18

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Canada	1	4	6	7	8	9	18
2	Puerto Rico	10	11	12	13	14	15	46

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Douma-Hussr, Carmen	Canada	19:24
2	Hinds, Korene	Jamaica	19:33
3	Trotter, Kathleen	USA	19:35
4	Ramsey, Serena	USA	19:36
5	Dromgolle, Erin	USA	19:37
6	Wightman, Elizabeth	Canada	19:41
7	Maldonado, Zenaida	Puerto Rico	19:58
8	Doetzel, Danette	Canada	20:07
9	Harvey, Lisa	Canada	20:09
10	Coria, Michelle	Puerto Rico	20:11
11	Hyman, Marderea	Jamaica	20:13
12	MacLean, Erin	Canada	20:18
13	Moody, Tera	USA	20:42
14	Valles, Carmen	Puerto Rico	20:58
15	Binne-Huse, Suzanne	Canada	21:08
16	Mendex, Erika	Puerto Rico	21:22
17	Stewart, Bobette	Jamaica	22:09
18	James, Merrica	Jamaica	22:15

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Canada	1	6	8	9	12	15	24
2	USA	3	4	5	13	--	--	25
3	Puerto Rico	7	10	14	16	--	--	47
4	Jamaica	2	11	17	18	--	--	48

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Morgan, Thomas	USA	22:42
2	Simpson, Josh	USA	22:48
3	Wykes, Dylan	Canada	22:57
4	Watson, Rob	Canada	23:00
5	Bruce, Benjamin	USA	23:00
6	Laird, Travis	USA	23:12
7	Nakluski, Derek	Canada	23:19
8	Murphy, Taylor	Canada	23:21

9 Bourgeois, Joël Canada 23:39

10 Caldwell, Trevor Canada 24:40

11 Ledger, Victor St. Lucia 25:55

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	5	6	--	--	14
2	Canada	3	4	7	8	9	10	22

2009

05 March 2009

**FIFTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS**
Titusville, Florida, USA

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Lalonde, Genevieve	Canada	13:00
2	Goule, Natoya	Jamaica	13:17
3	Pritt, Emily	USA	13:18
4	Graham, Chelsea	Canada	13:22
5	Johnson, Justine	Canada	13:23
6	Jewett, Tamara	Canada	13:28
*	Aldea, Stephanie	Canada	13:30
7	Pfister, Caroline	Canada	13:35
8	Grabill, Molly	USA	13:35
9	Ellis, Colin	USA	13:40
10	Jumbo, Rolonda	USA	13:47
*	Doherty, Lauren	Canada	13:56
11	Brown, Kimberly	Jamaica	14:08
12	Lewis, Camiesha	Jamaica	14:09
13	Estey, Laura	Canada	14:11
14	Bailey, Omoya	Jamaica	14:16
15	Oeding, Lacey	USA	14:16
16	Rolle, Hughuque	Bahamas	14:35
17	Shukla, Samantha	Trin/Tobago	14:37
18	Rodrgz Colon, Melissa	Puerto Rico	14:54
19	Jiminez Gonzlz, Taitia	Puerto Rico	15:06
20	Ramos Colon, Fabiola	Puerto Rico	15:20
21	Rodrigz Rivera, Karla	Puerto Rico	15:27
22	Lopez Ortiz, Keishla	Puerto Rico	15:35
23	Sanjurjo Alicea, Kiara	Puerto Rico	15:41
24	Swan, Mikarla	Bahamas	17:23
25	Johnson, Ashley	Bahamas	18:02
26	Braunen, Olivia	Bahamas	18:22

**Exhibition*

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	4	5	6	7	13	16
2	USA	3	8	9	10	15	--	30
3	Jamaica	2	11	12	14	--	--	39
4	Puerto Rico	18	19	20	21	22	23	74
5	Bahamas	16	24	25	26	--	--	91

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Hill, Ryan	USA	17:55
2	Prentice, Ryan	USA	18:01
3	Ahmed, Mohammed	Canada	18:02

2010

08 March 2010

**SIXTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS
Scarborough, Tobago, Trinidad & Tobago**

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 4000-METER RUN

Individual Results

<i>Place</i>	<i>Name</i>	<i>Country</i>	<i>Time</i>
1	LaLonde, Genevieve	Canada	13:50
2	Morgan, Madeline	USA	13:53
3	Pfister, Caroline	Canada	13:56
4	Graham, Chelsea	Canada	14:00
5	Hale, Kayla	USA	14:07
6	Flanagan, Lindsay	USA	14:08
7	Diaz Mu On, Karla	Mexico	14:16
8	Kary, Ciary	Canada	14:30
9	Goule, Natoya	Jamaica	14:38
10	Bailey, Omay	Jamaica	14:43
11	Blakeslee, Kyle	USA	14:45
12	Huth, Audrey	USA	14:48
13	Villegas, Susana Btst	Mexico	14:53
14	Davidson, Madeleine	Canada	14:57
15	Wallow, Samantha	Canada	14:58
16	Lopez, Daliris	Puerto Rico	15:00
17	Castro, Aketzali Perez	Mexico	15:17
18	McDonald, Shevel	Jamaica	15:45
19	Hall, Jhevere	Jamaica	15:48
20	Figueroa, Angelin	Puerto Rico	15:54
21	Ortiz, Isabel	Puerto Rico	16:06
22	Padil, Yessesnia Cua	Mexico	16:19
23	Herrera, Julissa	Puerto Rico	16:29
24	Laureano, Ashley	Puerto Rico	17:13
25	Torres, Aticilef	Puerto Rico	17:35

Team Results

<i>Place</i>	<i>Country</i>	<i>Scorers</i>				<i>Others</i>		<i>Tm Pts</i>
		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	
1	Canada	1	3	4	8	14	15	16
2	USA	2	5	6	11	12	--	24
3	Jamaica	9	10	18	19	--	--	56
4	Mexico	7	13	17	22	--	--	59
5	Puerto Rico	16	20	21	23	24	25	80

U-20 MEN 6000-METER RUN

Individual Results

<i>Place</i>	<i>Name</i>	<i>Country</i>	<i>Time</i>
1	Campbell, Kemoy	Jamaica	18:00
2	Ahmed, Mohmammed	Canada	18:21
3	Olson, Erik	USA	18:37
4	Schafer, Walter	USA	18:46
5	Nelson, Jonathan	USA	19:01
6	Wolter, Mattias	Canada	19:02
7	Baiton, Wyatt	Canada	19:06

2010

8	Bruchet, Luc	Canada	19:17
9	Haight, Dylan	Canada	19:20
10	Melchor, Diego Bautst	Mexico	19:24
11	Roman, Fernando	Puerto Rico	19:30
12	Hosey, Andre	Jamaica	19:36
13	Rochester, Rogeek	Jamaica	19:46
14	Ojeda, Fernando	Puerto Rico	19:49
15	Smith, Daryl	Canada	19:55
16	Monaghan, Taylor	USA	20:01
17	Lopez, Luis	Puerto Rico	20:09
18	Ceron, Said Diaz	Mexico	20:12
19	White, Kevin	Jamaica	20:13
20	Pacheco, Osmar Silva	Mexico	20:17
21	Rivera, Jerry	Puerto Rico	20:28
22	Artier, Jeffrey	USA	20:42
23	Rivera, Kevin	Puerto Rico	21:16
24	Robley, Devery	Trin/Tobago	21:23
25	Mouchette, Juma	Bermuda	21:56
26	Marrero, Josue	Puerto Rico	22:18
27	Thomas, Dillon	Trin/Tobago	22:32
28	London, Mark	Trin/Tobago	22:51
29	Creighton, Kameron	Bermuda	23:04
30	Herman, Shawn	Bermuda	24:04

14	Daniel, Lisa	St. Vincent	25:52
15	Scott, Ashantie	Guyana	26:13
16	McShine, Kema	Trin/Tobago	27:06
17	Alexander, Rebeeka	Guyana	27:22

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	4	5	7	--	12
2	Mexico	3	6	8	9	--	--	26
3	Trin/Tobago	11	12	13	16	--	--	52

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	King, Max	USA	23:49
2	Spence, Michael	USA	24:06
3	Mack, Robert	USA	24:26
4	Kloos, Thomas	USA	24:34
5	Forde, Cleveland	Guyana	24:39
6	Furst, Stephen	USA	24:46
7	Casa, Juan Carlos Car	Mexico	24:52
8	Martine, Josafat Gonz	Mexico	25:10
9	On, Pablo Olmedo	Mexico	25:20
10	Vela, Filem Reyes	Mexico	25:43
11	Jones, Richard	Trin/Tobago	26:13
12	Bent, Damion	Jamaica	26:20
13	Donawa, Jay	Bermuda	26:31
14	Johnson, Kelvin	Guyana	26:47
15	Cox, Curtis	Trin/Tobago	26:53
16	Mingo, Wilbert	Guyana	26:58
17	Dandrade, Lionel	Guyana	27:15
18	Campbell, Kevin	Jamaica	27:22
19	Trott, Sean	Bermuda	27:27
20	Smith, George	Trin/Tobago	27:43
21	Maynard, Brian	Trin/Tobago	27:58
22	Hagley, Matthew	Trin/Tobago	28:04
23	Laredo, Jules	Trin/Tobago	28:26
24	Chisholm, Jamaul	Guyana	28:54
25	Williams, Oneil	Bahamas	30:12
26	Brouwer, Arnold	Aruba	31:07
27	Foy, Justin	Aruba	33:15
28	Hodge, Gino	Aruba	34:11
29	Bislip, Oscar	Aruba	37:02

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	3	4	5	--	10

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Canada	2	6	7	8	9	15	23
2	USA	3	4	5	16	22	--	28
3	Jamaica	1	12	13	19	--	--	45
4	Puerto Rico	11	14	17	21	23	26	63

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	DiCrescenzo, Delilah	USA	20:50
2	Harrison, Emily	USA	21:02
3	Ed, Anayelo Navarro	Mexico	21:21
4	McKaig, Alissa	USA	21:35
5	Nehus, Erin	USA	21:51
6	Jim, Maria Elena	Mexico	22:05
7	Brown, Emily	USA	22:10
8	Villega, Julieta Bautsta	Mexico	22:49
9	Ruiz, Adriana Sanchez	Mexico	23:15
10	Williams, Twishana	Jamaica	23:37
11	Shukla, Samantha	Trin/Tobago	24:04
12	Lasaldo, Shermin	Trin/Tobago	25:07
13	Luces, Paulette	Trin/Tobago	25:36

2010

2	Mexico	7	8	9	10	--	--	34
3	Guyana	5	14	16	17	24	--	52
4	Trin/Tobago	11	15	20	21	22	23	67
5	Aruba	26	27	28	29	--	--	110

2011

22 February 2011

**SEVENTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS**
Port of Spain, Trinidad, Trinidad & Tobago

THE STORY / PHOTOS / COURSE MAP

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Orr, Chelsea	USA	13:54
2	Benson, Fiona	Canada	14:00
3	Bernard, Maria	Canada	14:02
4	Villanueva Cortes	Mexico	14:04
5	Pfister, Caroline	Canada	14:08
6	Thompson, Carise	Canada	14:09
7	Foster, Julia	USA	14:13
8	Kary, Ciara	Canada	14:15
9	Driedger, Emily	Canada	14:28
10	Fakler, Sarah	USA	14:43
11	Lopez Lopez, Daril	Puerto Rico	14:46
12	Goldsmith, Alexis	USA	14:52
13	Burrel, Roshae	Jamaica	14:56
14	Figueroa Rivera, A	Puerto Rico	15:00
15	MCLaughlin, Aleit	Jamaica	15:16
16	MCDonald, Shevel	Jamaica	15:18
17	Laureano Rosado, A	Puerto Rico	15:23
18	South, Shana-Kay	Jamaica	15:37
19	Colon Santiago, Cr	Puerto Rico	15:54
20	Wilson, Doretta	Guyana	15:59
21	Lopez Rivera, Nata	Puerto Rico	16:30
22	Ortiz Ortiz, Isabe	Puerto Rico	18:22

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	2	3	5	6	8	9	18
2	USA	1	7	10	12	--	--	30
3	Puerto Rico	11	14	17	19	21	22	61
4	Jamaica	13	15	16	18	--	--	62

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Proudfoot, Ross	Canada	18:27
2	Darlington, Connor	Canada	18:29
3	Janikowski, Paul	Canada	18:29
4	McKelvey, Clint	USA	18:38
5	Diaz Ceron, Said	Mexico	18:39
6	King, Xavier	Canada	18:55
7	Kowalsky, Andrew	Canada	18:56
8	Sienko, Jacob	USA	19:03
9	Roman Garcia, Fern	Puerto Rico	19:05
10	Perry, David	USA	19:06
11	Pacheco Silva, Osm	Mexico	19:07

2011

12	Wint, Oraine	Jamaica	19:20	11	Wodak, Natasha	Canada	21:42
13	Rivera Bernal, Jer	Puerto Rico	19:26	12	Barnett, Tanice	Jamaica	22:13
14	Denault, Robert	Canada	19:30	13	Pascal, Kenisha	Grenada	23:42
15	Benn, Jacob	USA	19:34	14	Lestrade, Celine	Trin/Tobago	24:03
16	Rivera Reyes, Pedr	Puerto Rico	19:37	15	Solis Cartegena, D	El Salvador	26:18
17	Daley, Ainsworth	Jamaica	19:40	16	Luces, Paulette	Trin/Tobago	26:18
18	Ojeda, Fernando	Puerto Rico	19:44	17	Daniel, Lisa Angel	St. Vincent	26:50
19	Valverde, Steven F	Costa Rica	19:59	18	ohn, Kerticha	Trin/Tobago	26:50
20	Lopez Rivera, Luis	Puerto Rico	20:04	19	Daniel, Melissa	Trin/Tobago	28:16
21	Johnson, Rushane	Jamaica	20:05				
22	Thomas, Herbert	Jamaica	20:18				
23	Aguilar, Carlos Re	El Salvador	20:20				
24	Rosario Diaz, Dieg	Puerto Rico	20:21				
25	Joseph, Bernard	Grenada	21:12				
26	Carey, Audley-Jame	Bahamas	21:13				
27	London, Mark	Trin/Tobago	21:15				
28	Samuel, Ezra	St. Vincent	21:16				
29	Nembhard, Denroy T	Belize	21:30				
30	Mouchette, Juma	Bermuda	21:31				
31	Forbes, Leonardo	Bahamas	21:54				
32	Herman, Shawn	Bermuda	21:57				
33	Minors, Dage	Bermuda	22:01				
34	Simons, Trey	Bermuda	22:14				
35	Zosnel Vernan, Ash	St. Vincent	22:24				
dnf	McElroy, Matthew	USA	nt				

Team Results

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	Canada	1	2	3	6	7	14	12	
2	USA	4	8	10	15	--	--	37	
3	Puerto Rico	9	13	16	18	20	24	56	
4	Jamaica	12	17	21	22	--	--	72	
5	Bermuda	30	32	33	34	--	--	129	

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Harrison, Kathryn	Canada	20:19
2	Duwell, Megan	USA	20:22
3	Conley, Kim	USA	20:24
4	Kieffer, Allison	USA	20:30
5	Newberry, Katherin	USA	20:35
6	June, Kara	USA	20:41
7	Hernandez Flores	Mexico	20:53
8	Buchanan, Dana	Canada	21:17
9	Prieto Casteneda	Mexico	21:21
10	Vaughn, Kathryn	Canada	21:28

Team Results

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	USA	2	3	4	5	6	--	14	
2	Canada	1	8	10	11	--	--	30	
3	Trin/Tobago	14	16	18	19	--	--	67	

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Cheseret, Robert	USA	23:43
2	Levins, Cameron	Canada	23:46
3	Leak, Colin	USA	23:51
4	Britt, Barry	Canada	23:54
5	Johnson, Jeremy	USA	23:58
6	Curley, Craig	USA	23:59
7	Sallberg, Jacques	USA	24:02
8	Rankin, Jon	Cayman Isl	24:10
9	Wiebe, Kelly	Canada	24:16
10	Luna Burto, Saby	Mexico	24:16
11	Forde, Cleveland	Guyana	24:59
12	Joseph, Zepherinus	St. Lucia	25:07
13	Apolonio Cerro, Ja	Mexico	25:12
14	Ajsivinac, Jeremia	Guatemala	25:28
15	Ballantyne, Pameno	St. Vincent	25:30
16	Pitter, Shawn	Jamaica	25:30
17	Ramirez, Denzil	Trin/Tobago	25:54
18	Brown, Kirk	Jamaica	26:11
19	Donawa, Albert Jay	Bermuda	26:17
20	Almonte, Juan Odal	Dom Rep	26:17
21	Cox, Curtis	Trin/Tobago	26:19
22	Genest, Alex	Canada	26:21
23	Larode, Jules	Trin/Tobago	26:23
24	Ramirez, Jesus	Dom Rep	26:23
25	Stapleton, Sherwin	Trin/Tobago	26:40
26	Trott, Sean	Bermuda	26:43
27	Snider, Derek	Canada	26:54
28	Giddings, Nathanie	Guyana	27:05

2011

29	Johnson, DeMarley	Jamaica	27:09
30	Thomas, Cleveland	Guyana	27:11
31	Horatio, Dennis	Guyana	27:21
32	Smith, George Chay	Bermuda	27:24
33	Carela, Pedro	Dom Rep	27:39
34	Chung, Webster	Jamaica	27:46
35	Hagley, Matthew	Trin/Tobago	27:52
36	Castro Medina, Dim	Nicaragua	28:15
37	Mingo, Wilbert	Guyana	28:29
38	Pedro, Hezron	Guyana	28:30
39	Stephen, Marinus	St. Lucia	28:37
40	Clarke, Darico	Bermuda	28:37
41	Rubiera, Jose	Dom Rep	28:43
42	Dupre, Neville	St. Lucia	28:43
43	James, Michael	St. Lucia	30:01
dnf	Smith, George	Trin/Tobago	nt

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	1	3	5	6	7	--	15
2	Canada	2	4	9	22	27	--	37
3	Trin/Tobago	17	21	23	25	35	--	86
4	Jamaica	16	18	29	34	--	--	97
5	Guyana	11	28	30	31	37	38	100
6	Dom Republic	20	24	33	41	--	--	116
7	Bermuda	19	26	32	40	--	--	117
8	St. Lucia	12	39	42	43	--	--	136

2012

17 March 2012

**EIGHTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS**
Port of Spain, Trinidad, Trinidad & Tobago

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Osika, Shannon	USA	13:41
2	Anzalone, Gabrielle	USA	13:48
3	Bricks, Macy	USA	14:00
4	Drazba, Margaret	USA	14:12
5	Hernandez Snchz, Elisa	Mexico	14:18
6	Bernard, Maria	Canada	14:30
7	Abundez Mandz, Anel	Mexico	14:37
8	Boyd, Cleo	Canada	14:39
9	Laureano, Ashley	Puerto Rico	14:47
10	Juewick, Ellen	USA	14:48
11	Figuerda, Angelin	Puerto Rico	14:52
12	Molodynia, Michelle	Canada	14:52
13	Forsey, Jillian	Canada	14:52
14	McLaughlin, Aletha	Jamaica	15:04
15	Stafford, Hilary	Canada	15:16
16	Castenada, Andrea	Mexico	15:25
17	Smith, Chantai	Jamaica	15:30
18	Burgos, Carolyn	Puerto Rico	15:37
19	Colon, Cristeliz	Puerto Rico	15:38
20	Jimenez, Katia	Mexico	15:42
21	Mackenzie, Kansas	Canada	15:44
22	Blake, Molly-Ann	Jamaica	15:59
23	Herrera, Julissa	Puerto Rico	16:17
24	Hernandez, Natalia	Puerto Rico	16:34
25	McDonald, Shevel	Jamaica	16:50
26	Gray, Antonette	Jamaica	17:14
27	Douglas, Kechell	Trin/Tobago	20:25
dnf	Serapio, Eleisha	Trin/Tobago	nt

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	1	2	3	4	5	--	10
2	Canada	6	8	12	13	15	21	39
3	Mexico	5	7	16	20	--	--	48
4	Puerto Rico	9	11	18	19	23	24	57
5	Jamaica	14	17	22	25	26	--	78

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Lowry, Jace	USA	18:51
2	Braun, Adam	USA	18:55
3	Flanagan, Benjamin	Canada	18:57
4	Zutz, Adam	USA	19:02

2012

5	Bartnik, Aaron	USA	19:02	3	Thweatt, Laura	USA	20:34
6	Hendrix, Aaron	Canada	19:07	4	Cheever, Jamie	USA	20:47
7	Yac Colop, Walter	Guatemala	19:09	5	Hernandez, Margarita	Mexico	21:00
8	Cassidy, Ryan	Canada	19:10	6	Orf, Hilary	USA	21:01
9	Kildoo, Jacob	USA	19:16	7	Chali Coj, Merlin	Guatemala	22:04
10	Garcia, Ricardo	Mexico	19:18	8	Fisher, Ariana	USA	22:16
11	Santana, Victor	Puerto Rico	19:20	9	Pascal, Kenisha	Grenada	23:38
12	Bellemore, Corey	Canada	19:24	10	Antoine, Donicia	Trin/Tobago	26:41
13	Rivas, German	Costa Rica	19:25	11	Gutierrez, Thais	Trin/Tobago	27:33
14	Brown, Dylan	Canada	19:26	12	Ottley, Mickayla	Trin/Tobago	28:52
15	Wint, Orane	Jamaica	19:27				
16	Pacheco, David	Mexico	19:46				
17	Rivera, Pedro	Puerto Rico	19:51				
18	Smith, Troy	Canada	19:56				
19	Baez, Giancarlo	Puerto Rico	19:58				
20	Munoz Vargas, Juan	Mexico	20:01				
21	Maldonado, Jolvys	Puerto Rico	20:05				
22	Marshall, Akeem	Trin/Tobago	20:05				
23	Chambers, Michael	Jamaica	20:06				
24	Correa, Joshua	Puerto Rico	20:09				
25	Landeau, Nicholas	Trin/Tobago	20:12				
26	Pirir, Edwin	Guatemala	20:14				
27	Torres, John Carlos	Puerto Rico	20:38				
28	Williams, Philmore	Jamaica	20:49				
29	Forbes, Leonardo	Bahamas	21:09				
30	Palmer, Nembhard	Jamaica	21:15				
31	Pennant, Webstan	Jamaica	21:38				
32	Felix, Juan Francisco	Dom Rep	21:39				
33	Joseph, Jevon	Trin/Tobago	22:00				
34	Diaz, Travis	Trin/Tobago	22:20				
35	Johnson, Kyle	Trin/Tobago	22:39				
36	Joseph, Bernard	Grenada	22:49				
37	Jackson, Sowande	Trin/Tobago	23:23				

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	2	4	5	9	--	12
2	Canada	3	6	8	12	14	18	29
3	Puerto Rico	11	17	19	21	24	27	68
4	Jamaica	15	23	28	30	31	--	96
5	Trin/Tobago	22	25	33	34	35	37	114

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Costello, Liz	USA	20:27
2	Nero, Tonya	Trin/Tobago	20:33

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	3	4	6	8	--	14
2	Trin/Tobago	2	10	11	12	--	--	35

SENIOR MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Levins, Cameron	Canada	24:05
2	Landry, Christopher	USA	24:11
3	Krause, Elliot	USA	24:21
4	Simpson, Josh	USA	24:26
5	Schirmer, Jeff	USA	24:37
6	Britt, Barry	Canada	24:55
7	Khan, Saheed	Canada	25:09
8	Palacios, Estuardo	Guatemala	25:13
9	Fewer, Colin	Canada	25:16
10	Pirir, Santos	Guatemala	25:21
11	Ziak, Jeremiah	Canada	25:31
12	Pawluk, Samuel	Canada	25:36
13	Rombough, Chris	USA	25:46
14	Pitter, Shawn	Jamaica	26:01
15	Pasa, Marvin	Guatemala	26:07
16	Williams, O'Neil	Bahamas	26:17
17	Bent, Damion	Jamaica	26:32
18	Brown, Kirk	Jamaica	26:33
19	La Rode, Jules	Trin/Tobago	26:45
20	Paula, Alfonzo	Dom Rep	26:54
21	Smith, George Chayce	Bermuda	26:57
22	Donawa, Albert	Bermuda	27:00
23	Campbell, Kevin	Jamaica	27:11
24	Daley, Ainsworth	Jamaica	27:13
25	Trott, Sean	Bermuda	27:13
26	Cox, Curtis	Trin/Tobago	27:25
27	Hagley, Matthew	Trin/Tobago	28:12
28	Bartholomew, Roland	Trin/Tobago	28:38

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* Pereira, Collin Trin/Tobago 30:29
29 Pierre, Kenroy Trin/Tobago 31:37
dnf Tobias, Clarence Trin/Tobago nt
dnf Apolonio Cerro, Jaime Mexico nt
**Exhibition*

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	2	3	4	5	13	--	14
2	Canada	1	6	7	9	11	12	23
3	Jamaica	14	17	18	23	24	--	72
4	Trin/Tobago	19	26	27	28	29	--	100

2013

28 January 2013

**NINTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS
Mandeville, Jamaica**

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 4000-METER RUN

Individual Results

<i>Place</i>	<i>Name</i>	<i>Country</i>	<i>Time</i>
1	Finn, Erin	USA	14:09
2	Yungblut, Madeline	Canada	14:18
3	Stafford, Gabriela	Canada	14:25
4	McDonald, Madeline	Canada	14:28
5	George, Samantha	USA	14:29
6	McGovern, Meghan	USA	14:31
7	Hernandez, Arantza	Mexico	14:43
8	Forsey, Jillian	Canada	14:48
9	Mullen, Regan	USA	14:51
10	Hernandez, Eliza	Mexico	14:59
11	Burgess, Bobbie	USA	15:08
12	Laureano, Ashley	Puerto Rico	15:24
13	Hawthorn, Natalia	Canada	15:28
14	Paredes, Estefania	Mexico	15:36
15	Barrett, Stephanie	Jamaica	15:46
16	Figueroa, Angelin	Puerto Rico	15:50
17	Wismer, Sarah	Canada	15:51
18	Lopez, Daliris	Puerto Rico	15:56
19	Colon, Risteliz	Puerto Rico	15:58
20	Burrell, Rushae	Jamaica	16:47
21	Showers, Zakkiyah	Bermuda	17:03
22	Barreto, Keyshla	Puerto Rico	17:07
23	McDonald, Shevel	Jamaica	17:11
24	McPherson, Monique	Jamaica	17:24
25	Simmonds, Ophia	Jamaica	17:33
26	Scraders, Faheema	Bermuda	17:41
27	Douglas, Quaahie	Bermuda	17:50
28	Hield, Jennaya	Bahamas	18:53
29	Outerbridge, Quinnae	Bermuda	19:04
30	Rolle, Holli	Bahamas	19:33
31	Bonimy, Veronica	Bahamas	19:52

Team Results

<i>Place</i>	<i>Country</i>	<i>Scorers</i>				<i>Others</i>		<i>Tm Pts</i>
		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	
1	Canada	2	3	4	8	13	17	17
2	USA	1	5	6	9	11	--	21
3	Puerto Rico	12	16	18	19	22	--	65
4	Jamaica	15	20	23	24	25	--	82
5	Bermuda	21	26	27	29	--	--	103

2013

U-20 MEN 6075-METER RUN

Individual Results

Place	Name	Country	Time
1	Garcia, Edgar	Mexico	19:10
2	de la Rosa, Estevan	USA	19:13
3	Montanez, Victor	Mexico	19:16
4	Sleiman, Ryan	Canada	19:18
5	Smith, Troy	Canada	19:19
6	Garcia, Ricardo	Mexico	19:22
7	Santana, Victor	Puerto Rico	19:24
8	Arroyo, Andres	Puerto Rico	19:25
9	Gardner, Andrew	USA	19:26
10	Flanagan, Benjamin	Canada	19:31
11	Rough, Ryan	USA	19:34
12	Gravel, Christian	Canada	19:35
13	Bahreini, Arya	USA	19:36
14	Allen, Brandon	Canada	19:50
15	Tate, Mike	Canada	20:07
16	Zuk, Garret	USA	20:25
17	Thomas, Herbert	Jamaica	20:29
18	Torres, John	Puerto Rico	20:32
19	Baez, Giancarlo	Puerto Rico	20:37
20	Correa, Joshua	Puerto Rico	20:59
21	Cott, Ismael	Puerto Rico	21:19
22	Frith O'Brien	Jamaica	21:27
23	Beckford, Wayne	Jamaica	21:27
24	Marshall, Akeem	Trin/Tobago	21:32
25	Williamson, Marcel	Jamaica	21:34
26	London, Mark	Trin/Tobago	21:43
27	Mundle, Romar	Jamaica	21:48
28	Mouchette, Juma	Bermuda	22:52
29	Joseph, Jevon	Trin/Tobago	23:01
30	Gill, Ashton	Trin/Tobago	23:13
31	Oatley, Daniel	Bermuda	23:35
32	Rodriguez, Romario	Trin/Tobago	24:00
33	Robinson, Michaiiah	Bermuda	26:59
34	Barclay, Nico	Bermuda	27:05

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	4	5	10	12	14	15	31
2	USA	2	9	11	13	16	--	35
3	Puerto Rico	7	8	18	19	20	21	52
4	Jamaica	17	22	23	25	27	--	87
5	Trin/Tobago	24	26	29	30	32	--	109
6	Bermuda	28	31	33	34	--	--	126

SENIOR WOMEN 6075-METER RUN

Individual Results

Place	Name	Country	Time
1	Fraser, Natasha	Canada	21:07
2	Cliff, Rachel	Canada	21:35
3	Ramos, Beverly	Puerto Rico	21:48
4	Champagne, Mry Kate	USA	21:48
5	Boyle, Sarah	USA	21:51
6	Hannah, Rachel	Canada	21:52
7	Lubieniecki, Kara	USA	22:02
8	Prieto, Sara	Mexico	22:06
9	Carson, Lindsay	Canada	22:16
10	Price, Stephanie	USA	22:33
11	Nero, Tonya	Trin/Tobago	22:52
12	Bernard, Maria	Canada	23:21
13	Maldonado, Zenaida	Puerto Rico	24:29
14	Galan, Anais	Puerto Rico	25:05
15	James, Danielle	Jamaica	25:27
16	Whyte, Sherene	Jamaica	25:43
17	Roberts, Chante	Jamaica	25:53
18	Williams, Tamika	Bermuda	26:34
19	Burgos, Carolyn	Puerto Rico	26:47
20	Young, Shanese	Jamaica	27:15
21	Dinnal, Juliett	Jamaica	28:16

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	2	6	9	12	--	18
2	USA	4	5	7	10	--	--	26
3	Puerto Rico	3	13	14	19	--	--	49
4	Jamaica	15	16	17	20	21	--	68

SENIOR MEN 8100-METER RUN

Individual Results

Place	Name	Country	Time
1	Forys, Craig	USA	24:46
2	Levins, Cameron	Canada	24:47
3	Wiebe, Kelly	Canada	25:04
4	Forys, Matthew	USA	25:16
5	Hernandez, Miguel	Mexico	25:21
6	Reid, Phillip	USA	25:21
7	Moore, Joseph	USA	25:25
8	Winter, Christopher	Canada	25:39
9	Bairu, Simon	Canada	25:42
10	Bruchet, Luc	Canada	26:03
11	Maldonado, Elvis	Puerto Rico	26:14
12	Walters, Mathew	Canada	26:15

2013

13	Ripley, Zachary	USA	26:21
14	Ortiz, Luis	Puerto Rico	26:38
15	Marshall, Lamont	Bermuda	26:55
16	Brown, Kirk	Jamaica	27:18
17	Jones, Richard	Trin/Tobago	27:22
18	Bent, Damion	Jamaica	27:29
19	Green, Rupert	Jamaica	27:44
20	Hagley, Matthew	Trin/Tobago	27:55
21	Daley, Ainsworth	Jamaica	27:56
22	La Rode, Jules	Trin/Tobago	28:34
23	Ramirez, Denzil	Trin/Tobago	28:45
24	Chung, Webster	Jamaica	29:01
25	Bullard, Kendis	Trin/Tobago	30:06
dnf	Pitter, Shawn	Jamaica	nt

Team Results

<i>Place</i>	<i>Country</i>	<i>Scorers</i>				<i>Others</i>		<i>Tm Pts</i>
		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	
1	USA	1	4	6	7	13	--	18
2	Canada	2	3	8	9	10	12	22
3	Jamaica	16	18	19	21	24	--	74
4	Trin/Tobago	17	20	22	23	25	--	82

2014

22 February 2014

**TENTH NORTH AMERICAN (NACAC)
CROSS COUNTRY CHAMPIONSHIPS**
Scarborough, Tobago, Trinidad & Tobago

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 4000-METER RUN

Individual Results

Place	Name	Country	Time
1	Phelan, Jaimie	Canada	13:39
2	Forsey, Jillian	Canada	13:40
3	Smith, Claire	Canada	13:44
4	Raines, Sandie	USA	13:45
5	Tinky, Grace	USA	13:46
6	Schmaedick, Maggie	USA	13:56
7	Disanza, Sarah	USA	13:58
8	Hernandez Flores, Ari	Mexico	14:07
9	Foley, Kendra	USA	14:08
10	Wilson, Aurilla	Canada	14:26
11	Lacourse, Jessy	Canada	14:32
12	Salas Xinastle, Paloma	Mexico	15:17
13	Barreto Cruz, Keyshla	Puerto Rico	15:28
14	Burgos Collazo, Carlyn	Puerto Rico	15:35
15	Burrell, Roshae	Jamaica	15:42
16	Colon Santiago, Cristel	Puerto Rico	15:59
17	Senior, Conangela	Jamaica	16:00
18	Bosque Toledo, Alond	Puerto Rico	16:06
19	Lewis, Chris-Ann	Jamaica	16:13
20	MC Pherson, Monique	Jamaica	16:19
21	Garcia Famera, Dulcy	Puerto Rico	16:25
22	Pagan Aponte, Nicole	Puerto Rico	16:26
23	Mitchell, Aaliyah	Trin/Tobago	16:30
24	Simmonds, Ophia	Jamaica	16:32
25	Antoine, Donicia	Trin/Tobago	16:47
26	Ottley, Mikayla	Trin/Tobago	18:07
27	Scott, Thyla-Marie	Trin/Tobago	20:25
28	Crichlow, Sherese	Trin/Tobago	22:06

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	2	3	10	11	--	16
2	USA	4	5	6	7	9	--	22
3	Puerto Rico	13	14	16	18	21	22	61
4	Jamaica	15	17	19	20	24	--	71
5	Trin/Tobago	23	25	26	27	28	--	101

U-20 MEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	McGorty, Sean	USA	18:12
2	Flanagan, Ben	Canada	18:26
3	Wharton, Sam	USA	18:30
4	Keelan, Jack	USA	18:39

2014

5	Knight, Justyn	Canada	18:43	9	Wilkie, Sabrina	Canada	21:20
6	Thies, Jeffrey	USA	18:47	10	Burrett, Erin	Canada	21:23
7	de la Rosa, Estevan	USA	18:49	11	Nero, Tonya	Trin/Tobago	22:04
8	Tate, Mike	Canada	18:49	12	Sexton, Leslie	Canada	22:39
9	Flores, Sandro Antonio	Mexico	19:03	13	Barrett, Stephanie	Jamaica	23:25
10	Torres Maldondo, John	Puerto Rico	19:17	14	Nedd, Jenelle	Trin/Tobago	24:23
11	Reyes Morales, Daniel	Mexico	19:17	15	James, Danielle	Jamaica	25:00
12	Frith, O'Brien	Jamaica	19:19	16	Collymore, Dawnel	Trin/Tobago	25:43
13	Getty, Thomas	Canada	19:20	17	Nero, Elia	Trin/Tobago	27:23
14	Dobos, Isaac	Canada	19:22	dnf	Nesbitt, Jodi	Canada	nt
15	Correa Rivera, Joshua	Puerto Rico	19:25				
16	Gordon, Garfield	Jamaica	19:26				
17	Cardona Rdrgz, Anton	Puerto Rico	19:43				
18	Matthews, Miles	Canada	19:45				
19	Rivera Rodriguez, Luis	Puerto Rico	20:02				
20	Hernandez Sntg, Grrd	Puerto Rico	20:13				
21	McKenzie, Cavahn	Jamaica	20:26				
22	Marshall, Akeem	Trin/Tobago	20:32				
23	Parks, Shevan	Jamaica	20:32				
24	Merchan Abreu, Mike	Puerto Rico	20:59				
25	Gill, Ashton	Trin/Tobago	21:12				
26	Joseph, Jevon	Trin/Tobago	21:22				
27	James, Joshua	Trin/Tobago	21:24				
28	Elie, Daniel	Trin/Tobago	21:30				
29	Samuel, Atiba	Trin/Tobago	22:36				
30	Mundle, Romar	Jamaica	25:48				
31	Hinsey, Dericko	Bahamas	26:33				

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	3	4	6	7	--	14
2	Canada	2	5	8	13	14	18	28
3	Puerto Rico	10	15	17	19	20	24	61
4	Jamaica	12	16	21	23	30	--	72
5	Trin/Tobago	22	25	26	27	28	29	100

SENIOR WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	Johnson, Kellyn	USA	20:10
2	Hannah, Rachel	Canada	20:30
3	Dimoff, Carrie	USA	20:32
4	O'Connell, Jessica	Canada	20:46
5	Dinius, Stephanie	USA	20:51
6	Mancedo, Maria	Dom Rep	20:53
7	Conner, Corey	USA	20:57
8	Arenas Laban, Maritza	Mexico	21:02

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	3	5	7	--	--	16
2	Canada	2	4	9	10	12	--	25
3	Trin/Tobago	11	14	16	17	--	--	58

SENIOR MEN 8000-METER RUN

Individual Results

Team Results

Place	Name	Country	Time
1	Gray, Joseph	USA	24:14
2	Ceron Santos, Oscar	Mexico	24:26
3	Montgomery, Gregory	USA	24:33
4	Britt, Barry	Canada	24:41
5	Alexander, Samuel	USA	24:55
6	O'Neil, Kyle	Canada	25:01
7	Medina, Richard	USA	25:07
8	Hunt, Theo	Canada	25:30
9	Graham, Dwayne	Jamaica	25:41
10	Bent, Damian	Jamaica	25:44
11	Marshall, Lamont	Bermuda	25:55
12	Khan, Saheed	Canada	25:56
13	Campbell, Kevin	Jamaica	26:20
14	Simons, Trey	Bermuda	26:34
15	Brown, Kirk	Jamaica	26:37
16	Pitter, Shawn	Jamaica	26:47
17	La Rode, Jules	Trin/Tobago	26:52
18	Donawa, Albert Jay	Bermuda	27:04
19	Robles, Juan	US Virgin Isl	27:18
20	Bullard, Kendis	Trin/Tobago	28:03
21	Sobers, Kade	Trin/Tobago	28:16
22	Smith, George	Trin/Tobago	29:06
23	Mouchette, Juma	Bermuda	29:23
24	Baboolal, Shirvan	Trin/Tobago	29:24
25	Ferguson, David	Bahamas	30:25
dnf	Cassidy, Ryan	Canada	nt

2014

Team Results

<i>Place</i>	<i>Country</i>	<i>Scorers</i>				<i>Others</i>		<i>Tm</i> <i>Pts</i>
		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	
1	USA	1	3	5	7	--	--	16
2	Canada	4	6	8	12	--	--	30
3	Jamaica	9	10	13	15	16	--	47
4	Bermuda	11	14	18	23	--	--	66
5	Trin/Tobago	17	20	21	22	24	--	80

2015

16 February 2015

**FIRST PAN AM CROSS COUNTRY CUP
11TH NORTH AMERICAN CHAMPIONSHIPS
Barranquilla, Colombia**

THE STORY / PHOTOS / COURSE MAP

U-20 WOMEN 5600-METER RUN

Individual Results

<i>Place</i>	<i>Name</i>	<i>Country</i>	<i>Time</i>
1	Meneses, Marin	Peru	16:29
2	Woodhouse, Hannah	Canada	16:35
3	MacDougall, Branna	Canada	16:41
4	Lozano, Sunilda Ely	Peru	16:44
5	Rainsburger, Katie	USA	16:44
6	Koon, Rachel	USA	16:45
7	Gregory, Lauren	USA	16:46
8	Hutchinson, Nicole	Canada	16:50
9	Connell, Megan	USA	16:52
10	Escobar, Evelyn	Peru	16:59
11	Pettish, Jennifer	Canada	17:00
12	Lina, Maritza	Colombia	17:11
13	Watson, Shanieke	Jamaica	17:12
14	Rivero, Ariadna	Mexico	17:21
15	Feitosa, Ana Paula	Brazil	17:33
16	Smith, Mary Claire	Canada	17:36
17	Gualberto, Karina	Brazil	17:37
18	Cirri, Ruth Clarita	Peru	17:39
19	Acuna, Maria de Jesus	Mexico	17:44
20	Cornejo, Valeria	Ecuador	17:46
21	Ness, Bailey	USA	17:52
22	Calfilah, Maria	Chile	17:55
23	Manosalva, Leidy	Colombia	17:59
24	Martens, Mirelle	Canada	18:00
25	Cruz, Keyshla	Puerto Rico	18:01
26	Ortega, Maria Isabel	Colombia	18:06
27	Burgos, Paulina	Chile	18:10
28	Cano, Fryshna	Mexico	18:10
29	Cabrera, Daliuska	Cuba	18:20
30	Maldonado, Jaksenia	Puerto Rico	18:24
31	Corchado, Soe	Puerto Rico	18:34
32	Brown, Crystal	Jamaica	18:35
33	Velazquez, Alejandra	Mexico	18:43
34	Toleto, Alondra	Puerto Rico	18:48
35	Jimenez, Andrea	Chile	18:59
36	Green, Monifa	Jamaica	19:00
37	dos Passos, Evellin	Brazil	19:03
38	Arroyo, Chrisdyala	Costa Rica	19:07
39	Cruz, Kensley	Puerto Rico	19:07
40	Keer, Zenon	Jamaica	19:22
41	Rondon, Kenyaliz	Puerto Rico	19:34
42	Hunt, Shamona	Jamaica	20:20
43	Prieto, Diana Sofia	Colombia	20:21
44	Cruz, Maria Aldana	Costa Rica	20:30
45	Andrada, Sofia	Uruguay	22:14

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46	Penate, Adachely	Cuba	22:14
dnf	Vicuna, Lizbeth Talia	Ecuador	nt
dnf	de Campos Silva, Ana	Brazil	nt

18	Revelo, Brayan	Ecuador	20:24
19	Maldonado, John	Puerto Rico	20:28
20	Rodriguez, Luis	Puerto Rico	20:30
21	Pantojas, Amed	Puerto Rico	20:31
22	Tipan, Alexander	Ecuador	20:35
23	Jara Reyes, Daniel	Peru	20:51
24	Morales, Daniel	Mexico	20:52
25	Barbosa, Patrick	Brazil	20:58
26	Maldonado, Marcelo	Ecuador	20:58
27	Gordon, Garfield	Jamaica	20:58
28	Rivera, Victor	Puerto Rico	21:01
29	Rodriguez, Sebastian	Colombia	21:06
30	Buchanan, Shane	Jamaica	21:13
31	Alcivar, Erik Javier	Ecuador	21:20
32	Wachtendorff, Joaquin	Chile	21:24
33	Tehran, Oswaldo	Venezuela	21:40
34	Abreu, Michael	Puerto Rico	21:45
35	Catrileo, Hugo	Chile	21:46
36	Lozada, Sebastian	Colombia	21:55
37	Lawerence, Keenan	Jamaica	22:01
38	Rodriguez, Sergio	Colombia	22:21
39	Green, Thaleetio	Jamaica	22:33
40	Rodriguez, Juan	Colombia	22:46
41	Burnotte, Jules	Canada	23:02
42	Araya, Andres	Costa Rica	23:10
43	Gomez, Argenys	Puerto Rico	23:44
44	Parks, Shevon	Jamaica	23:55
45	Ramirez, Kenneth	Costa Rica	23:57
dnf	Ort, Jeremiah	Canada	nt
dnf	Rojas, Ernesto	Cuba	nt

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	2	3	8	11	16	24	24
2	USA	5	6	7	9	21	--	27
3	Peru	1	4	10	18	--	--	33
4	Mexico	14	19	28	33	--	--	94
5	Colombia	12	23	26	43	--	--	104
6	Puerto Rico	25	30	31	34	39	41	120
7	Jamaica	13	32	36	40	42	--	121

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	1	2	6	8	11	14	17
2	USA	3	4	5	7	13	--	19
3	Mexico	10	12	16	20	--	--	58
4	Jamaica	9	19	22	24	26	--	64
5	Puerto Rico	15	17	18	21	23	25	71

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Peru	1	2	3	7	--	--	13
2	Colombia	4	10	11	15	--	--	40

U-20 MEN 7200-METER RUN

Individual Results

Place	Name	Country	Time
1	Knight, Justin	Canada	19:04
2	Mantz, Conner	USA	19:13
3	do Nascimento, Daniel	Brazil	19:20
4	Dressel, John	USA	19:23
5	Carranza, Michael	Mexico	19:30
6	Hamer, Eric	USA	19:41
7	Aguila, Jesus Nava	Mexico	19:43
8	Huxham, Fred	USA	19:43
9	Hendrickson, Conner	USA	19:47
10	Tadesse, Nathan	Canada	19:50
11	Preisner, Benjamin	Canada	19:56
12	Pinto, Felipe Rocha	Brazil	20:00
13	dos Santos, Dionatan	Brazil	20:06
14	Vizhnay, Diego	Ecuador	20:09
15	Vera, Danilo	Chile	20:12
16	Linkletter, Rory	Canada	20:16
17	Giraldo, Pedro	Colombia	20:20

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	2	4	6	8	9	--	20
2	Canada	1	10	11	16	41	--	38
3	Brazil	3	12	13	25	--	--	53
4	Ecuador	14	18	22	26	31	--	80
5	Puerto Rico	19	20	21	28	34	43	88
6	Colombia	17	29	36	38	40	--	120
7	Jamaica	27	30	37	39	44	--	133

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	2	3	5	7	8	--	17
2	Canada	1	9	10	11	22	--	31
3	Puerto Rico	12	13	14	17	19	24	56
4	Jamaica	16	18	20	21	25	--	75

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Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Brazil	1	2	3	10	--	--	16
2	Ecuador	4	7	8	11	13	--	30
3	Colombia	6	12	17	18	--	--	53

SENIOR WOMEN 7200-METER RUN

Individual Results

Place	Name	Country	Time
1	Tejada, Gladys Lucy	Peru	21:18
2	Taylor, Kellyn	USA	21:33
3	Rachel, Hannah	Canada	21:34
4	Ramos Morales, Bev	Puerto Rico	21:35
5	Suver, Mattie	USA	21:36
6	Kanuh, Rochelle	USA	21:42
7	Coneo, Muriel	Colombia	21:56
8	Silva, Sueli	Brazil	21:59
9	Babcock, Christine	USA	22:03
10	Hessel, Andreia	Brazil	22:06
11	LaBeaud, Natasha	Canada	22:07
12	Reyes, Melinda	Puerto Rico	22:08
13	Benson, Fiona	Canada	22:09
14	Torre, Marin	Peru	22:10
15	Delgado, Eliona	Peru	22:13
16	Wodak, Natasha	Canada	22:16
17	Alvarado, Maria	Ecuador	22:24
18	Carson, Lindsay	Canada	22:24
19	Castaneda, Sara	Mexico	22:34
20	Forsey, Jillian	Canada	22:35
21	Villazana, Karina	Peru	22:50
22	Arias, Kelly	Colombia	22:52
23	Tumbarell, Yudileyvis	Cuba	22:54
24	dos Santos Silva, Val	Brazil	22:58
25	Nero, Tonya	Trin/Tobago	23:18
26	Sonic, Irma Vila	Bolivia	23:23
27	Ferraz, Maria	Brazil	23:29
28	Colman, Maria	Paraguay	23:40
29	Rosas, Sandra	Colombia	23:54
30	Colon, Fabiola Ramos	Puerto Rico	24:26
31	Parra, Stefany	Colombia	24:48
32	Shukla, Samantha	Trin/Tobago	24:52
33	Garcia, Milena Perez	Cuba	24:55
34	Aguilar, Ana	Costa Rica	25:02
35	Santiago, Natalia	Puerto Rico	25:09
36	Rosado, Ashley	Puerto Rico	25:38
37	David, Ruth Ann	US Virgin Isl	26:07
dnf	Nelson, Alicia	USA	nt

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	2	5	6	9	--	--	22
2	Canada	3	11	13	16	18	20	43
3	Peru	1	14	15	21	--	--	51
4	Brazil	8	10	24	27	--	--	69
5	Puerto Rico	4	12	30	35	36	--	81
6	Colombia	7	22	29	31	--	--	89

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	4	5	6	--	--	16
2	Canada	2	7	9	10	11	13	28
5	Puerto Rico	3	8	16	20	21	--	47

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Peru	1	5	6	8	--	--	20
2	Brazil	3	4	10	12	--	--	29
3	Colombia	2	9	14	15	--	--	40

SENIOR MEN 9600-METER RUN

Individual Results

Place	Name	Country	Time
1	Korolev, Maksim	USA	28:21
2	Lopes, Gilberto	Brazil	28:31
3	Maiyo, Augustus	USA	28:34
4	Grey, Jonathan	USA	28:39
5	Piedra, Byron	Ecuador	28:47
6	Yuhuan, Orellana	Peru	28:54
7	Gray, Joseph	USA	29:06
8	Proctor, Gabriel	USA	29:17
9	Pilaluiza, Cesar	Ecuador	29:21
10	Wiebe, Kelly Joel	Canada	29:26
11	Champi, Rene	Peru	29:43
12	Machacuay, Raul	Peru	29:49
13	Guarin, Andres	Colombia	29:53
14	Tree, Kevin James	Canada	29:57
15	Vasconez, Chrastian	Ecuador	29:59
16	Ortiz, Mizael	Puerto Rico	30:04
17	Rangel, Juan Pablo	Colombia	30:07
18	Blanco, Marvin	Venezuela	30:10
19	Torres, Luis	Puerto Rico	30:14
20	Peres, Allison	Brazil	30:22
21	Montilla, Giovany	Colombia	30:27
22	Cabrera, Javier	Colombia	30:32

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23	Pillage, Juan Adrin	Ecuador	30:40
24	Suarez, Walter	Venezuela	30:48
25	Johnson, Matthew	Canada	30:54
26	Guajardo, Cristopher	Chile	31:14
27	Rodriguez, William	Colombia	31:18
28	Abreu, Francisco	Venezuela	31:20
29	Brown, Kirk	Jamaica	31:26
30	Leonel, Cesar	Argentina	31:31
31	Rivera, Williams	El Salvador	31:39
32	Barajas, Ricardo	Mexico	31:40
33	Reyes, Pedro	Puerto Rico	31:45
34	Frenchia, Gustavo	Argentina	31:48
35	Cassidy, Ryan	Canada	31:55
36	de Novais, Rafael	Brazil	31:57
37	Graham, Dwayne	Jamaica	32:05
38	Palma, Wilmer Jose	Venezuela	32:30
39	Diaz, Alvaro	Costa Rica	33:00
40	Bent, Damion	Jamaica	33:05
41	Maldonado, Arturo	Ecuador	33:07
42	Diaz, Diego	Puerto Rico	33:09
43	Campbell, Kevin	Jamaica	33:28
44	Maldonado, Walberto	Puerto Rico	33:32
45	Zuniga, Alejandro	Costa Rica	33:41
46	Robles, Juan	US Virgin Isl	33:53
47	Plutin, Leonardo	Cuba	34:13
48	Marshall, Lamont	Bermuda	34:25
49	Gonzalez, Carlos	Paraguay	35:25
50	Smith, George	Trin/Tobago	36:27
51	Frith, O'Brien	Jamaica	37:04
dnf	Ccope, Alonso	Peru	nt
dnf	Naranjo, Yamio	Colombia	nt
dnf	Britt, Barry	Canada	nt
dnf	Veranes, Jacinto	Cuba	nt
dnf	de Souza, Cosme	Brazil	nt

Team Results / North America

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	1	2	3	4	5	--	10
2	Canada	6	7	10	15	--	--	38
3	Puerto Rico	8	9	14	19	21	--	50
4	Jamaica	11	16	18	20	27	--	149

Team Results / South America

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
2	Ecuador	2	4	8	14	23	--	28
3	Colombia	7	9	12	13	17	--	41
5	Venezuela	10	15	18	22	--	--	65

PAN AMERICAN CUP TEAM SCORING

All U20 and Senior race scored 10-8-6-4-2-1.

Tie-breaker: number of complete teams finishing.

Place	Country	U20	WU20	MSrW	SrM	Total
1	USA	8	10	10	10	38
2	Canada	10	8	8	4	30
3	Peru	6	0	6	0	12
3	Ecuador	0	4	0	8	12
5	Colombia	2	1	1	6	10
6	Brazil	0	6	4	0	10
7	Puerto Rico	1	2	2	1	6
8	Mexico	4	0	0	0	4
9	Venezuela	0	0	0	2	2

Team Results / Panamericano

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	USA	1	3	4	7	8	--	15
2	Ecuador	5	9	15	23	41	--	52
3	Colombia	13	17	21	22	27	--	73
4	Canada	10	14	25	35	--	--	84
5	Venezuela	18	24	28	38	--	--	108
6	Puerto Rico	16	19	33	42	44	--	110
7	Jamaica	29	37	40	43	51	--	149

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05 March 2016

**SECOND PAN AM CROSS COUNTRY CUP
12TH NORTH AMERICAN CHAMPIONSHIPS
Caraballeda, Venezuela**

THE STORY / PHOTOS / COURSE MAP



U-20 WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	MacDougall, Branna	Canada	21:32
2	Ghazarian, Madeleine	Canada	21:32
3	Meneses, Saida	Peru	21:58
4	Huaman, Judith	Peru	22:21
5	Sevsek, Christina	Canada	22:38
6	Cjuro, Rina Ruth	Peru	23:03
7	Dobbs, Hiley	Canada	23:10
8	Izquierdo S., Nadia	Mexico	23:12
9	Josinnet, Danielle	Canada	23:26
10	Barajas Q., Blanca L.	Colombia	23:40
11	Rivera S., Leidy T.	Colombia	23:41
12	Graves, Claire	USA	23:47
13	Chocca, Deysi	Peru	23:55
14	Garner, Jacqueline	USA	24:01
15	Lewis, Courtney	USA	24:01
16	Bosque T., Alondra Y.	Puerto Rico	24:08
17	Maldonado C., Soe A.	Puerto Rico	24:28
18	Berry, Melissa	USA	24:44
19	Mansure, Kathleen	USA	25:01
20	Newman R., Andrea	Puerto Rico	26:00
21	Castro A., Maria J.	Venezuela	26:12
22	Gotay M., Jeneysis	Puerto Rico	26:15
23	Bentancourt P., Lismar	Venezuela	26:56
24	Hernandez C., Kensley	Puerto Rico	27:17
25	Aray, Angelimar	Venezuela	27:26
26	Aguilera, Jasmely	Venezuela	28:04
27	Soto, Marjin	Venezuela	30:11
dnf	Ñañez, Stephanie	Venezuela	—

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Canada	1	2	5	7	9	--	15
2	Peru	3	4	6	13	--	--	26
3	USA	12	14	15	18	19	--	59
4	Puerto Rico	16	17	20	22	24	--	75
5	Venezuela	21	23	25	26	27	--	95

Scores on 1st lap: PER 10, CAN 30, USA 59, PUR 81, VEN 96

Scores on 2nd lap: CAN 17, PER 23, USA 73, PUR 80, VEN 98

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Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	1	2	3	4	10		
2	USA	7	8	9	12	36		
3	Puerto Rico	10	11	14	15	50		

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Peru	1	2	3	6	--	--	12
2	Venezuela	7	8	9	10	11	--	34

U-20 MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Ferreira Do N., Daniel	Brazil	26:06
2	Pollard, Thomas	USA	26:15
3	Ramos, Omar	Peru	26:36
4	Linscott, Cameron	Canada	26:39
5	Haller, Miler	USA	26:44
6	Zabilski, Brian	USA	26:52
7	El-Sandali, Ehab	Canada	27:07
8	Montes de Oca, Gerson	Ecuador	27:14
9	Butler, Benjamin	USA	27:20
10	Bloomer, Reilly	USA	27:28
11	Ortiz R., Victor G.	Puerto Rico	27:30
12	Duran T., Jose L.	Mexico	27:30
13	Palma, Luis	Peru	27:38
14	Ubene, Mitchell	Canada	27:41
15	Marcano, Ignacio	Venezuela	27:46
16	Workman, Benjamin	Canada	28:06
17	Castillo, Luis	Venezuela	28:15
18	Reyna T., Arturo I.	Mexico	28:34
19	Florez A., Adrian S.	Colombia	28:43
20	Ortiz C., Ramon L.	Puerto Rico	29:07
21	Diaz, Juan	Venezuela	29:16
22	Baez, Victor	Venezuela	29:17
23	Yanez B., Jose I.	Venezuela	29:40
24	Chacin, Gabriel	Venezuela	30:10
25	Mercado V., William J.	Puerto Rico	30:30
26	Arocho C., Edgardo	Puerto Rico	33:07
dnf	Colyn, Nickolas	Canada	—
dnf	Tell, Riley	Canada	—
dnf	Mojica G., Argenys G.	Puerto Rico	—

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	2	5	6	9	10	--	22
2	Canada	4	7	14	16	--	--	41
3	Venezuela	15	17	21	22	23	24	75
4	Puerto Rico	11	20	25	26	--	--	82

Scores on 1st lap: pack too close to produce meaningful scores.

Scores on 2nd lap: USA 27, CAN 47, VEN 70, PUR 79

Scores on 3rd lap: USA 24, CAN 39, VEN 80, PUR 94

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	3	4	6	7	--	14
2	Canada	2	5	10	11	--	--	28
3	Puerto Rico	8	13	14	15	--	--	50

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Venezuela	5	6	8	9	10	11	28

SENIOR WOMEN 10,000-METER RUN

Individual Results

Place	Name	Country	Time
1	Grace Morgan, Allison	USA	37:42
2	Gollish, Sasha	Canada	37:54
3	Rojas, Luz Mery	Peru	38:05
4	Brea A., Joselyn D.	Venezuela	38:10
5	Brooking, Lisa	Canada	38:13
6	Rosas R., Sandra M.	Colombia	38:35
7	Inga, Charo	Peru	38:41
8	Suver, Mattie	USA	38:45
9	Sulca, Nelida	Peru	38:51
10	Slaby, Gina	USA	39:04
11	Macumber, Cally	USA	39:09
12	Desjardins, Laura	Canada	39:12
13	Arzapalo, Hortencia	Peru	39:21
14	Prieto C., Sara M.	Mexico	39:45
15	DoNascimento, Jenife	Brazil	39:55
16	Staehli, Julie-Anne	Canada	39:58
17	Laureano, Ashley Nico	Puerto Rico	40:08
18	Goncalvez, Mirena Del	Venezuela	40:17
19	Esquivel P., Sara	Mexico	40:49
20	Arteaga, Nubia	Venezuela	41:41

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21	Klopfenstein, Sora	USA	42:10
22	Garcia, Maria Del	Mexico	42:39
23	Urbina, Karla	Venezuela	43:45
dnf	Suarez, Wilyesca	Venezuela	—
dnf	Alfonzo, Gabriela	Venezuela	—

14	Castelblanco, Joge	Panama	33:33
15	Esselink, Evan	Canada	33:43
16	Blanco, Marvin	Venezuela	33:56
17	Palma, Whinton	Venezuela	34:04
18	Graham, Awayne	Jamaica	34:20
19	Guerrero S., Fabian	Mexico	34:31
20	Frith, O'Brien	Jamaica	34:38
21	Diaz, William	Venezuela	34:39
22	Brown, Kirk	Jamaica	34:56
23	Greene, Fhalentino	Jamaica	35:12
24	Nina, Walter	Peru	35:19
25	Landeau, Nicholas	Trin/Tobago	35:53
26	Suarez, Walter	Venezuela	36:38
27	Nava A., Emmanuel	Mexico	37:01
28	Smith, George	Trin/Tobago	37:04
29	Cox, Curtis	Trin/Tobago	37:29
30	Larode, Jules	Trin/Tobago	39:25
31	Hagley, Matthew	Trin/Tobago	40:03
32	Cortez R., Kevin O.	Puerto Rico	41:15
33	Elliott, Quincy	Trin/Tobago	44:19
dnf	Cassidy, Ryan	Canada	—

Team Results / Panamericano

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	USA	1	8	10	11	21	--	30	
2	Peru	3	7	9	13	--	--	32	
3	Canada	2	5	12	16	--	--	35	
4	Venezuela	4	18	20	23	--	--	65	

Scores on 1st lap: pack too close to produce meaningful scores.

Scores on 2nd lap: USA 22, CAN 22, PER 37, VEN 79

Scores on 3rd lap: USA 32, CAN 33, PER 33, VEN 70

Scores on 4th lap: USA 30, PER 31, CAN 33, VEN 68

Team Results / North America

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	USA	1	4	5	6	11	--	16	
2	Canada	2	3	7	9	--	--	21	

Team Results / South America

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	Peru	1	4	5	6	--	--	16	
2	Venezuela	2	8	9	10	--	--	29	

SENIOR MEN 10,000-METER RUN

Individual Results

Place	Name	Country	Time
1	Cowart, Donald	USA	31:20
2	Silvestre L, Gilberto	Brazil	31:36
3	King, Max	USA	31:43
4	Bosshard, Joe	USA	31:51
5	Orta, Luis	Venezuela	31:57
6	Peña C., Javier A.	Colombia	32:06
7	Ostos, Luis	Peru	32:23
8	Ccope, Jhordan	Peru	32:35
9	Champi, Rene	Peru	32:43
10	Falk, Nicholas	Canada	32:43
11	Dinzeo, Aaron	USA	33:02
12	Stevens, Tabor	USA	33:05
13	Peña, Alexis	Venezuela	33:12

Team Results / Panamericano

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	USA	1	3	4	11	12	--	19	
2	Peru	7	8	9	24	--	--	48	
3	Venezuela	5	13	16	17	21	26	51	
4	Jamaica	18	20	22	23	--	--	83	
5	Trinidd/Tobgo	25	28	29	30	31	33	112	

Scores on 1st lap: pack too close to produce meaningful scores

Scores on 2nd lap: PER 31, USA 32, VEN 47, no other scores

Scores on 3rd lap: USA 23, PER 46, VEN 55, JAM 91, TTO 119

Scores on 4th lap: USA 21, PER 47, VEN 51, JAM 86, TTO 113

Team Results / North America

Place	Country	Scorers				Others		Tm	Pts
		1	2	3	4	5	6		
1	USA	1	2	3	5	6	--	11	
2	Jamaica	9	11	12	13	--	--	45	
3	Trinidd/Tobgo	14	16	17	18	19	21	65	

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Team Results / South America

<i>Place</i>	<i>Country</i>	<i>Scorers</i>				<i>Others</i>		<i>Tm</i>
		<i>1</i>	<i>2</i>	<i>3</i>	<i>4</i>	<i>5</i>	<i>6</i>	<i>Pts</i>
1	Venezuela	2	7	8	9	10	12	26
2	Peru	4	5	6	11	--	--	26

PAN AMERICAN CUP TEAM SCORING

All U20 and Senior race scored 10-8-6-4-2-1.

Tie-breaker: number of complete teams finishing.

<i>Place</i>	<i>Country</i>	<i>U20W</i>	<i>U20M</i>	<i>SrW</i>	<i>SrM</i>	<i>Total</i>
1	USA	6	10	10	10	36
2	Canada	10	8	6	0	24
2	Peru	8	0	8	8	24
4	Venezuela	2	6	4	6	18
5	Puerto Rico	4	4	0	0	8
6	Jamaica	0	0	0	4	4
7	Trinidad/Tobago	0	0	0	2	2

2017

04 March 2017

13TH NORTH AMERICAN CHAMPIONSHIPS
Boca Raton, Florida, USA

[THE STORY](#) / [PHOTOS](#) / [COURSE MAP](#)



U-20 WOMEN 5000-METER RUN

Individual Results

Place	Name	Country	Time
1	MacDougal, Brogan	Canada	16:40
2	Bennison, Hannah	Canada	16:45
3	Ruiz Acuna, Maria D	Mexico	17:06
4	Johnston, Hanna	Canada	17:10
5	MacDonald, Martha	Canada	17:11
6	Beauchemin, Catherine	Canada	17:12
7	Roberts, Aubrey	USA	17:15
8	Morris, Logan	USA	17:21
9	McCulloch, Shone	Canada	17:41
10	Murray, Megan	USA	17:47
11	Fruchey, Madison	USA	17:59
12	Deruytter, Natana	USA	18:07
13	Vazquez Lopez, Kare	Mexico	18:18
14	Garcia, Kristen	USA	18:20
15	Green, Monifa	Jamaica	18:49
16	Dosal Hernandez, Al	Mexico	19:05
17	Izquierdo Salazar,	Mexico	19:15
18	Campbell, Jodiann	Jamaica	19:17
19	Dumeng, Joselyn	Puerto Rico	19:19
20	Ferre, Valeria	Puerto Rico	19:46
21	Sharpe, Liori	Jamaica	19:50
22	Alejandro, Alysa M	Puerto Rico	19:58
23	Rosado, Carla Marie	Puerto Rico	21:01
24	Negron, Yashira	Puerto Rico	22:50

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	1	2	4	5	6	9	12
2	USA	7	8	10	11	12	14	36
3	Mexico	3	13	16	17	--	--	49
4	Puerto Rico	19	20	22	23	24	--	84

U-20 MEN 6500-METER RUN

Individual Results

Place	Name	Country	Time
1	Lumb, Kiernan	Canada	19:20
2	Reyna Tristan, Arturo	Mexico	19:20
3	Ortiz, Victor	Puerto Rico	19:23
4	Janke, Justin	USA	19:23
5	Del Razo Garcia, Jonat	Mexico	19:23
6	Reed, Aidan	USA	19:26
7	Harding, Isaac	USA	19:28
8	Rink, Nicholas	USA	19:31
9	Desgagnes, Jean-Simn	Canada	19:33

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10	Noguera, Kelvin	Puerto Rico	19:37
11	Hernandez Angeles, Fr	Mexico	19:38
12	Cleveland, Jericho	USA	19:40
13	Gomez Ponce, Cesar	Mexico	19:44
14	Baird, Graham	Canada	19:47
15	Branch, Jacob	USA	19:56
16	Rivera, Francisco	Puerto Rico	20:00
17	Alexander, Andrew	Canada	20:01
18	Ubene, Mitchell	Canada	20:09
19	Wilson, Tajshae	Jamaica	20:14
20	Ortiz, Carlos	Puerto Rico	20:30
21	Rivera, Nyram Amet	Puerto Rico	20:39
22	Rivera, Wilfredo Javier	Puerto Rico	21:10
23	Burke, Teahjmar	Jamaica	21:39

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	4	6	7	8	12	15	25
2	Mexico	2	5	11	13	--	--	31
3	Canada	1	9	14	17	18	--	41
4	Puerto Rico	3	10	16	20	21	23	49

SENIOR WOMEN 10,000-METER RUN

Individual Results

Place	Name	Country	Time
1	Gollish, Sasha	Canada	26:49
2	Van Alstine, Amy	USA	27:00
3	Rolland, Megan	USA	27:04
4	Sumner, Claire	Canada	27:08
5	Lyons, Bridget	USA	27:13
6	Coates, Victoria	Canada	27:19
7	Brooking, Lisa	Canada	27:31
8	Spratford, Katrina	USA	27:40
9	Lystad, Tansey	USA	28:11
10	Perez Igari, Faviol	Mexico	28:15
11	Arenas Labana, Maria	Mexico	29:07
12	Nero, Tonya	Trin/Tobago	29:11
13	Maldonado, Soe	Puerto Rico	29:15
14	Bautista Villegas,	Mexico	29:19
15	Rodriguez, Melissa	Puerto Rico	29:31
16	Hannah, Rachel	Canada	30:09
17	Ayala, Yahaira	Puerto Rico	30:34
18	Shukla, Samantha	Trin/Tobago	31:34
19	Newman, Andrea	Puerto Rico	33:15

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	1	4	6	7	16	--	18
2	USA	2	3	5	8	9	--	18
3	Puerto Rico	13	15	17	19	--	--	64

SENIOR MEN 10,000-METER RUN

Individual Results

Place	Name	Country	Time
1	Simbassa, Abbabiya	USA	22:41
2	Maiyo, Augustus	USA	22:47
3	Gray, Joseph	USA	22:51
4	Fauble, Scott	USA	22:53
5	Grey, Jonathan	USA	22:57
6	Jibril, Sami	Canada	23:00
7	Guerrero Sanchez, Fer	Mexico	23:33
8	Linkletter, Rory	Canada	23:33
9	Hofbauer, Trevor	Canada	23:34
10	Falk, Nicholas	Canada	23:49
11	Esselink, Evan	Canada	23:56
12	Marshall, Lamont	Bermuda	24:00
13	Toth, Thomas	Canada	24:17
14	Banales Chimal, Jos	Mexico	24:33
15	Maldonado, Jovys	Puerto Rico	25:19
16	Brown, Kirk	Jamaica	25:22
17	Diaz, Diego	Puerto Rico	25:56
18	Baboolal, Shirvan	Trin/Tobago	26:12
19	Frith, Obrien	Jamaica	26:12
20	Pereira, Collin	Trin/Tobago	26:20
21	Cortes Rios, Kevin	Puerto Rico	26:40
22	Hagley, Matthew	Trin/Tobago	26:52
23	Cortes Rio, Brayan	Puerto Rico	26:58
24	Mason, Elliott	Antigua	27:45
25	Cox, Curtis	Trin/Tobago	28:03
26	La Rhode, Jules	Trin/Tobago	28:25
27	Turner, Elvis	Trin/Tobago	29:31

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	2	3	4	5	--	10
2	Canada	6	8	9	10	11	13	33
3	Puerto Rico	15	17	21	23	--	--	76
4	Trin/Tobago	18	20	22	25	26	27	85

2018

27 February 2018

**THIRD PAN AM CROSS COUNTRY CUP
14TH NORTH AMERICAN CHAMPIONSHIPS**
La Libertad, El Salvador

THE STORY / PHOTOS / COURSE MAP



U-20 WOMEN 6000-METER RUN

Individual Results

Place	Name	Country	Time
1	MacDougall, Brogan	Canada	20:36
2	Dickinson, Laura	Canada	20:54
3	MacDonald, Martha	Canada	21:02
4	Ruiz, María De Jesús	Mexico	21:04
5	Jordan, Savana	Canada	21:08
6	Tutt, Ashley Nicolle	USA	21:20
7	Chau, Jocelyn	Canada	21:30
8	Beach, Amanda Rose	USA	21:38
9	Tuck, Lilly	Canada	21:46
10	Huatarongo, Virginia	Peru	21:57
11	Reinhart, Michaela	USA	22:11
12	Szoreny, Faviana	Puerto Rico	22:17
13	Vargas Mena, Noelia	Costa Rica	22:26
14	Dumeng, Joselyn Marie	Puerto Rico	22:39
15	Coronado, Angie	Colombia	22:49
16	Meneses Martin, Lida	Peru	23:02
17	Flores Ccama, Danu	Peru	23:12
18	Cifuentes, Ana María	Colombia	23:29
19	Davis, Amanda Gail	USA	23:36
20	Vicuna, Lizbeth Talía	Ecuador	23:38
21	Acuna, María	Chile	23:40
22	Alejandro, Alysa	Puerto Rico	23:43
23	Santiago, Selimar	Puerto Rico	24:06
24	Tobin, Hanna Marie	USA	24:21
25	Yanqui Huacani, Vaneza	Peru	24:42
26	Bonilla, Thais	Puerto Rico	24:59
27	Menjivar, Máyela Nicole	El Salvador	25:51
28	Juarez, Erika Karina	El Salvador	27:13
29	Bolanos, Alexandra	El Salvador	27:25
30	Almendarez, Katia	El Salvador	29:05
31	Romero, Daniela	El Salvador	31:17
dnf	De Carvalho, Raquel	Brazil	---

Team Results / Panamericano

Place	Country	Scorers						Others	Tm Pts
		1	2	3	4	5	6		
1	Canada	1	2	3	5	7	9	11	
2	USA	6	8	11	19	24	--	44	
3	Peru	10	16	17	25	--	--	68	
4	Puerto Rico	12	14	22	23	26	--	71	
5	El Salvador	27	28	29	30	31	--	114	

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Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	1	2	3	5	7	9	11
2	USA	6	8	10	14	17	--	38
3	Puerto Rico	11	13	15	16	18	--	55
4	El Salvador	19	20	21	22	23	--	82

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Peru	1	3	4	8	--	--	16

U-20 MEN 8000-METER RUN

Place	Name	Country	Time
1	Lane, Connor Jeffrey	USA	25:06
2	Dozzi, Tyler	Canada	25:19
3	Nobbs, Thomas	Canada	25:23
4	Alexander, Andrew	Canada	25:32
5	Pulido, Jhonathan	Colombia	25:34
6	Martin, Walter Alfonso	Colombia	25:34
7	Max TUREK	Canada	25:34
8	Vernau, Michael James	USA	25:37
9	Perrout Lima, Francisco	Brazil	25:43
10	Terrerros, Jonathan	Peru	26:06
11	Vilches, Carlos Alberto	Puerto Rico	26:13
12	Proctor, Tibebu	USA	26:13
13	Farrell, Matthew	USA	26:18
14	Gomez, César Daniel	Mexico	26:25
15	Sanchez, Héctor Daniel	Mexico	26:27
16	Salazar Amador, Mario	Mexico	26:28
17	Rivera, Nyram Amet	Puerto Rico	26:42
18	Quenaya Pauro, Rolando	Peru	26:43
19	Bail, Brandon	Canada	26:55
20	Garrido, Lucar	Chile	26:57
21	Villalva Solano, Braulio	Peru	27:02
22	Hunter, Michael Lucas	USA	27:08
23	Kemp, Marcus	Canada	27:08
24	Pagan, Héctor Alberto	Puerto Rico	27:11
25	Alcantarilla, Derian	Mexico	27:19
26	Gonzalez. Esteban	Colombia	27:24
27	Canchanya, Yeisson	Peru	27:25
28	Rivera, Ian Francisco	Puerto Rico	27:44
29	Martinez, Arnaldo	Puerto Rico	27:54
30	Hernandez, Joseph	El Salvador	27:58
31	Trevor, Michael Foley	USA	28:02
32	Hernandez, Aarón	El Salvador	28:48
33	Valencia, Cristian	El Salvador	29:18

34	Tomlin, Akeem	Jamaica	29:46
35	Joseph, Genesis Levi	Trinidad	29:50
36	Hernandez, Frank	El Salvador	29:56
37	Prendas, Jorge	Costa Rica	30:01
38	Charles, Kriston	Trinidad	30:19
39	Castro, Víctor Abrahán	El Salvador	34:35

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	2	3	4	7	19	23	16
2	USA	1	8	12	13	22	31	34
3	Mexico	14	15	16	25	--	--	70
4	Peru	10	18	21	27	--	--	76
5	Puerto Rico	11	17	24	28	29	--	80
6	El Salvador	30	32	33	36	39	--	131

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Canada	2	3	4	5	14	16	14
2	USA	1	6	8	9	15	22	24
3	Mexico	10	11	12	18	--	--	51
4	Puerto Rico	7	13	17	19	20	--	56
5	El Salvador	21	23	24	27	30	--	95

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Peru	4	5	7	9	--	--	25

SENIOR WOMEN 10,000-METER RUN

Place	Name	Country	Time
1	Toaquiza, Carmen	Ecuador	35:04
2	Machacuay, Gladys	Peru	35:06
3	Rojas Llanco, Luz Mery	Peru	35:07
4	Tanui, Susan	USA	35:22
5	Coates, Victoria	Canada	35:31
6	Durgin, Emily Marie	USA	35:34
7	Meneses Marín, Saida	Peru	35:34
8	Summer, Claire	Canada	35:43
9	MacDougall, Branna	Canada	36:09
10	Spratford, Katrina	USA	36:13
11	Hernandez, Elisa	Mexico	36:21
12	Carson, Lindsay	Canada	36:26
13	Digby, Erika	Canada	36:28
14	Do Nascimento, Jenifer	Brazil	36:31
15	Schilkowsky, Rachel	USA	36:39
16	Canchanya, Clara	Peru	36:44

2018

17	Birru, Obsie Buli	USA	37:02	10	Castro, Jianpierre	Peru	31:19
18	Raines, Sandie Rae	USA	37:29	11	Sanabria Diaz, Alvaro	Costa Rica	31:22
19	Cusaria, Laura Gerardin	Colombia	37:47	12	De Souza, Valério	Brazil	31:22
20	Brooking, Lisa	Canada	37:51	13	Kent, Justin	Canada	31:27
21	Laureano, Ashley	Puerto Rico	38:06	14	Ramos Quiza, Omar	Peru	31:30
22	Perez Igari, Faviola	México	38:17	15	Gay, John	Canada	31:33
23	Bautista, Susana	Mexico	38:36	16	Pacay Pop, Mario	Guatemala	31:33
24	Ferraz, María Aparecida	Brasil	39:03	17	Huillca Aron, Moisés	Peru	31:41
25	Arteaga, Nubia	Venezuela	39:07	18	Almachi Condor, Miguel	Ecuador	31:58
26	Gonzalez, Yetsemin	Chile	39:16	19	Pacheco Silva, Osmar	Mexico	32:03
27	Mendez Suanca, Jenny	Costa Rica	39:27	20	Vera, Diego Armando	Colombia	32:08
28	Ascencio, Wendy	El Salvador	40:16	21	Brown, Kirk	Jamaica	32:18
29	Delgado, Idelma Lizeth	El Salvador	41:11	22	Palma, Winston	Venezuela	32:19
30	Barrera, Xiomara Janet	El Salvador	41:34	23	Morgan, Blair	Canada	32:20
31	Shukla, Samantha	Trinidad	42:25	24	Abreu, Alvaro Luis	Dominicana	32:33
32	Salmeron, Brenda	El Salvador	44:25	25	Mercado, Víctor Daniel	Mexico	32:38
33	Moraga, Auxiliadora	Nicaragua	44:55	25	Aldana, Oscar Antonio	El Salvador	32:38
34	Perez, Swemen	Nicaragua	50:14	27	Hunt, Theo	Canada	32:42
				28	Ortiz, Luis Miguel	Puerto Rico	32:44
				29	Williams, Jack	Canada	32:46
				30	Tello, Roberto	Chile	32:58
				31	Archibald, Osmane	Jamaica	33:00
				32	Escobar Castillo, David	El Salvador	33:10
				33	Castelblanco, Jorge	Panama	33:13
				34	Zuniga Abrego, Ariel	Panama	33:19
				35	Sanchez, Williams	El Salvador	33:32
				36	Del Razo, Jonathan	Mexico	33:43
				37	Rodriguez, René	El Salvador	33:53
				38	Cerrud, Jonathan	Panama	34:06
				39	Santos Borja, Jonathan	El Salvador	34:12
				40	Baboolal, Shirvan	Trinidad	35:02
				41	Guevara, Nasser	Nicaragua	35:06
				42	Smith, George Kareem	Trinidad	36:25
				43	Davis, Albert	Belice	37:55
				44	Smith, Radmon	Belice	38:51
				dnf	Silvestre Lopes Gilberto	Brazil	--
				dnf	Lewis, Rondre	Belice	--
				dnf	Roca Hernández, Diego	El Salvador	--
				dnf	Kebenei, Stanley	USA	--
				dnf	Alvarado, Alexander	Belice	--
				DQ	Amir RAMOS	Belice	--

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Peru	2	3	7	16	--	--	28
2	Canada	5	8	9	12	13	20	34
3	USA	4	6	10	15	17	18	35
4	El Salvador	28	29	30	32	--	--	119

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Canada	2	4	5	8	9	13	19
2	USA	1	3	6	10	11	12	20
5	El Salvador	18	19	20	22	--	--	79

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Peru	2	3	4	6	--	--	15

SENIOR MEN 10,000-METER RUN

Individual Results

1	Gray, Joseph James	USA	30:02
2	Maiyo, Augustus	USA	30:05
3	Pacheco, Cristian	Peru	30:08
4	Simbassa, Abbabiya	USA	30:09
5	Cheseret, Robert	USA	30:35
6	Gonzalez, Alberto	Guatemala	30:47
7	Nelson, Aaron Michael	USA	31:09
8	Sikubwabo, Yves	Canada	31:13
9	Perez, Miguel Angel	Mexico	31:14

Team Results / Panamericano

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	4	5	7	--	12
2	Peru	3	10	14	17	--	--	44
3	Canada	8	13	15	23	27	29	59

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4	Mexico	9	19	25	36	--	--	89
5	El Salvador	25	32	35	37	39	--	129

Team Results / North America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	USA	1	2	3	4	6	--	10
2	Canada	7	10	11	15	19	21	43
3	Mexico	8	13	17	27	--	--	65
4	El Salvador	18	23	26	28	30	--	95

Team Results / South America

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	Pts
1	Peru	1	2	4	5	--	--	12

PAN AMERICAN CUP TEAM SCORING

All U20 and Senior race scored 10-8-6-4-2-1.

Tie-breaker: number of complete teams finishing.

Place	Country	U20W	U20M	SrW	SrM	Total
1	Canada	10	10	8	6	34
2	USA	8	8	6	10	32
3	Peru	6	4	10	8	28
4	El Salvador	2	1	4	2	9
5	Mexico	0	6	0	4	10
6	Puerto Rico	4	2	0	0	6

2019

16 February 2019

15TH NORTH AMERICAN CHAMPIONSHIPS

Port of Spain, Trinidad, Trinidad & Tobago

[THE STORY](#) / [PHOTOS](#) / [COURSE MAP](#)

U-20 WOMEN 5000-METER RUN

Individual Results

Place	Name	Country	Time
1	O'Neill, Taryn	Canada	22:08
2	Wood, Charlotte	Canada	22:10
3	Fitzgerald, Makenna	Canada	22:14
4	Forsyth, Anne	Canada	22:36
5	Vargas Mena, Noelia	Costa Rica	22:41
6	Corman, Samantha	USA	22:45
7	Smith, Margaret	Canada	22:51
8	Nielson, Heidi	USA	22:52
9	Adriaens, Noelle	USA	23:01
10	Ping, Grace	USA	24:06
11	Osorio J., Vanessa	Mexico	24:06
12	Arroyo, Isamari	Puerto Rico	24:18
13	Chia H., Arian Iveth	Mexico	24:24
14	Szorenyi, Fabianna	Puerto Rico	24:35
15	Alejandro Soto, Alysa	Puerto Rico	24:43
16	Dammer, Katherine	USA	24:44
17	Vargas Marinez, Jorelis	Puerto Rico	24:54
18	Santiago, Selimar	Puerto Rico	25:41
19	Lawrence, Aneisha	Jamaica	26:23
20	Amaro, Denisse	Mexico	26:25
dnf	Johnson, Rushell	Jamaica	---
dnf	McCardell, Rachel	USA	---

Team Results

Place	Country	Scorers				Others		Tm Pts
		1	2	3	4	5	6	
1	Canada	1	2	3	4	7	--	10
2	USA	6	8	9	10	16	--	33
3	Puerto Rico	12	14	15	17	18	--	58

U-20 MEN 8000-METER RUN

Individual Results

Place	Name	Country	Time
1	Burke, Evan	Canada	27:20
2	Mota, Nicholas	Canada	27:30
3	Davies, Andrew	Canada	27:37
4	Vilches Ortiz, Carlos	Puerto Rico	27:43
5	Baker, Colin	USA	27:46
6	Kedir, Ibrahim	Canada	27:52
7	Morris, Graydon	USA	27:58
8	Dayani, Adam	USA	27:59
9	Thiessen, Maximus	Canada	28:02
10	Scrape, Matthew	USA	28:09
11	Martinez, Arnaldo	Puerto Rico	28:17
12	Pagan Ortiz, Hector	Puerto Rico	28:17

2019

13	Cornejo H., Luis Elian	Mexico	28:25
14	Morales Fantuzzi, Sam	Puerto Rico	28:39
15	Lopez S., Mario	Mexico	28:40
16	Donihi, Reece	USA	28:57
17	DeSouza, Joshua	Canada	29:04
18	Curtis, Gabriel	Bahamas	29:17
19	Perez M., Emiliano	Mexico	29:20
20	Castro Arias, John J.	Puerto Rico	29:48
21	Grant, Romoy	Jamaica	29:52
22	Alcantarilla S., Deerian	Mexico	30:50
23	Tomlin, Akeem	Jamaica	31:53
24	Francis, Javon	Jamaica	32:28
25	Harding, Nickoy	Jamaica	33:46
26	Curtis, Mitchell	Bahamas	35:15
27	Pratt, Anton	Bahamas	36:33
28	Jackson, Ozias	Bahamas	36:34
dnf	Johnson, Renardo	Jamaica	---

18	Shukla, Samantha	Trin/Tobago	41:17
19	Perez I., Faviola Sarai	Mexico	41:23
20	Delgado, Idelma Lizeth	El Salvador	42:57
21	Vargas Chaves, Monica	Costa Rica	45:10

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	3	6	8	10	11	18
2	Canada	2	4	5	9	13	16	20
3	Mexico	7	14	15	19	--	--	55

SENIOR WOMEN 10,000-METER RUN

Individual Results

Place	Name	Country	Time
1	Simbassa, Abbabiya	USA	31:49
2	Tonui, Frankline	USA	31:50
3	Buchanan, Reid	USA	31:51
4	Kirwa, Evans	USA	32:08
5	Linkletter, Rory	Canada	32:13
6	Elliott, David	USA	32:17
7	Tate, Mike	Canada	32:29
8	Reichow, Joel	USA	32:32
9	Esselink, Evan	Canada	32:40
10	Preisner, Benjamin	Canada	32:48
11	Nava A., Emmanuel	Mexico	32:59
12	El-Sandali, Ehab	Canada	33:06
13	Hernandez, Abraham	Mexico	33:38
14	Sanchez, Jose Aurelio	Mexico	33:50
15	Aldana, Oscar Antonio	El Salvador	34:23
16	Torres Rojas, Alexander	Puerto Rico	34:52
17	Archibald, Oshane	Jamaica	34:56
17	Graham, Dwayne	Jamaica	34:56
19	Fallas Navarro, Juan	Costa Rica	35:13
20	Hagley, Matthew	Trin/Tobago	35:22
21	Stapleton, Sherwyn	Trin/Tobago	35:32
22	Castro Coto, Luis	Costa Rica	35:38
23	Bruce, Iley	Trin/Tobago	35:53
24	Baboolal, Shirvan	Trin/Tobago	36:08
25	Phillip, Anthony	Trin/Tobago	37:18
26	London, Mark	Trin/Tobago	38:28
dnf	Gordon, Garfield	Jamaica	---

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	USA	1	2	3	4	6	8	10
2	Canada	5	7	9	10	12	--	31
3	Trin/Tobago	20	21	23	24	25	26	88

Team Results

Place	Country	Scorers				Others		Tm
		1	2	3	4	5	6	
1	Canada	1	2	3	6	9	17	12
2	USA	5	7	8	10	16	--	30
3	Puerto Rico	4	11	12	14	20	--	41
4	Mexico	13	15	19	22	--	--	69
5	Jamaica	21	23	24	25	--	--	93
6	Bahamas	18	26	27	28	--	--	99

SENIOR WOMEN 10,000-METER RUN

Individual Results

Place	Name	Country	Time
1	Sieracki, Breanna	USA	36:34
2	O'Connell, Jessica	Canada	36:37
3	Tonn, Jessica	USA	36:40
4	Wodak, Natasha	Canada	36:50
5	Lalonde, Genevieve	Canada	36:51
6	Murphy, Grayson	USA	36:58
7	Flores M., Brenda	Mexico	37:01
8	Everson, Hannah	USA	37:03
9	Ayers, Katelyn	Canada	37:16
10	Bluske, Samantha	USA	37:40
11	Spratford, Katrina	USA	37:44
12	Nero, Tonya	Trin/Tobago	38:11
13	Sumner, Claire	Canada	38:16
14	Ruiz A., Maria DeJesus	Mexico	39:05
15	Meza D., Cindy	Mexico	39:29
16	Hawthorn, Natalia	Canada	39:47
17	Laureano, Ashley	Puerto Rico	40:06

2020

29 February 2020

FOURTH PAN AM CROSS COUNTRY CUP
16TH NORTH AMERICAN CHAMPIONSHIPS

Victoria, British Columbia, Canada

[THE STORY / PHOTOS / COURSE MAP](#)

U-20 WOMEN 5000-METER RUN

Individual Results

<i>Place</i>	<i>Name</i>	<i>Country</i>	<i>Time</i>
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2020

2020

2020

