

# Athletics at the 1990 Central American Games

**Athletics** competitions at the **1990 Central American Games** were held at the Estadio Tiburcio Carías Andino in Tegucigalpa, Honduras, in January, 1990.

A total of 43 events were contested, 24 by men and 19 by women.

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## Medal summary

Gold medal winners and their results were published.<sup>[1]</sup> A complete list of medal winners can be found on the MásGoles webpage (click on "JUEGOS CENTROAMERICANOS" in the low right corner).<sup>[2]</sup> Gold medalists were also published in other sources.<sup>[3][4]</sup>


























































## Men

### Athletics at the IV Central American Games

























































The national stadium of Honduras in Tegucigalpa (Estadio Nacional de Tegucigalpa) also known as Estadio Tiburcio Carías Andino.

<b>Host city</b>	Tegucigalpa, Honduras
<span></span>	<span></span>
<b>Date(s)</b>	January
<b>Main stadium</b>	Estadio Tiburcio Carías Andino
<b>Level</b>	Senior
<b>Events</b>	43 (24 men, 19 women)
← 1986 Guatemala	1994 San Salvador →
	1990 Central American Games

Event	Gold		Silver		Bronze	
<u>100 metres</u>	 <u>Giovanni Flores</u> (HON)	11.4	 <u>Mario Blanco</u> (GUA)	 <u>Enrique Rodríguez</u> (CRC)		
<u>200 metres</u>	 <u>Giovanni Flores</u> (HON)	21.4	 <u>Felipe Ballesteros</u> (HON)	 <u>Mario Blanco</u> (GUA)		
<u>400 metres</u>	 <u>Giovanni Flores</u> (HON)	47.5	 <u>Frank Almendárez</u> (NCA)	 <u>Erick Krings</u> (GUA)		
<u>800 metres</u>	 <u>Luis Martínez</u> (GUA)	1:51.0	 <u>Roger Miranda</u> (NCA)	 <u>Carlos Mairena</u> (NCA)		
<u>1500 metres</u>	 <u>Luis Martínez</u> (GUA)	3:52.8	 <u>Roger Miranda</u> (NCA)	 <u>Lázaro Vásquez</u> (GUA)		
<u>5000 metres</u>	 <u>Miguel Vargas</u> (CRC)	14:33.5	 <u>Antonio Morales</u> (GUA)	 <u>Hugo García</u> (GUA)		
<u>10000 metres</u>	 <u>Miguel Vargas</u> (CRC)	30:50.0	 <u>Eliécer López</u> (CRC)	 <u>Hugo García</u> (GUA)		
<u>Marathon</u>	 <u>William Aguirre</u> (NCA)	2:30:39	 <u>Luis López</u> (CRC)	 <u>Salomón López</u> (GUA)		
<u>3000 metres steeplechase</u>	 <u>Alberto Paredes</u> (GUA)	9:25.5	 <u>Hugo García</u> (GUA)	 <u>Carlos Medina</u> (HON)		
<u>110 metres hurdles</u>	 <u>Ángel Díaz</u> (GUA)	15.2	 <u>Alex Foster</u> (CRC)	 <u>Mauricio Carranza</u> (ESA)		
<u>400 metres hurdles</u>	 <u>Erick Krings</u> (GUA)	52.8	 <u>Frank Almendárez</u> (NCA)	 <u>Mauricio Carranza</u> (ESA)		
<u>High Jump</u>	 <u>Fernando Rodríguez</u> (CRC)	2.00	 <u>Miguel Monge</u> (CRC)	 <u>Rudel Franco</u> (ESA)		
<u>Pole Vault</u>	 <u>Antonio Montepeque</u> (GUA)	4.20	 <u>Lucas Miranda</u> (ESA)	 <u>Héctor Salvatierra</u> (GUA)		
<u>Long Jump</u>	 <u>Angelo Iannuzzelli</u> (ESA)	7.20	 <u>Vance Parks</u> (CRC)	 <u>Nelson Navarro</u> (NCA)		
<u>Triple Jump</u>	 <u>Alejandro Lara</u> (NCA)	14.67	 <u>Vance Parks</u> (CRC)	 <u>Mauricio Carranza</u> (ESA)		
<u>Shot Put</u>	 <u>Fernando Alonzo</u> (GUA)	15.13	 <u>Jaime Comandari</u> (ESA)	 <u>Guadalupe Urbina</u> (NCA)		
<u>Discus Throw</u>	 <u>Herbert Rodríguez</u> (ESA)	43.98	 <u>Fernando Alonzo</u> (GUA)	 <u>Gilberth Delgadillo</u> (NCA)		
<u>Hammer Throw</u>	 <u>Víctor Taracena</u> (GUA)	50.42	 <u>Simón Kafie</u> (ESA)	 <u>Enrique Reina</u> (HON)		
<u>Javelin Throw</u>	 <u>Rigoberto Calderón</u> (NCA)	64.84	 <u>Roberto Jiménez</u> (NCA)	 <u>Juan Galdámez</u> (ESA)		

<u>Decathlon</u>	 <u>Ángel Díaz</u> (GUA)	6575	 <u>Lucas Miranda</u> (ESA)	 <u>Douglas Gutiérrez</u> (NCA)
<u>20 Kilometres Road Walk</u>	 <u>Luis Canelo</u> (NCA)	1:30:56	 <u>Víctor Alonso</u> (GUA)	 <u>José León</u> (ESA)
<u>50 Kilometres Road Walk</u>	 <u>Nelson Fúnez</u> (GUA)	4:31:08	 <u>Jorge Casco</u> (HON)	 <u>Walter Estrada</u> (GUA)
<u>4 x 100 metres relay</u>	 <u>Costa Rica</u> <u>Laverne Thompson</u> <u>Henry Daley</u> <u>Michael Pearson</u> <u>Enrique Rodríguez</u>	42.5	 <u>Guatemala</u> <u>Antonio Montepeque</u> <u>Víctor Porras</u> <u>Ángel Díaz</u> <u>Mario Blanco</u>	 <u>Nicaragua</u> <u>Roger Romero</u> <u>Nelson Navarro</u> <u>Miranda</u> <u>José Alfredo Ortiz</u> <u>José Jesús Acosta</u>
<u>4 x 400 metres relay</u>	 <u>Nicaragua</u> <u>Alejandro Lara</u> <u>Roger Miranda</u> <u>Frank Almendárez</u>	3:18.4	 <u>Costa Rica</u> <u>Javier Allen</u> <u>Carlos Madrigal</u> <u>Enrique Rodríguez</u> <u>Laverne Thompson</u>	 <u>Honduras</u> <u>Carlos Idiáquez</u> <u>Ramón Castillo</u> <u>Javier Guitty</u> <u>Giovanni Flores</u>

## Women

Event	Gold		Silver		Bronze	
<u>100 metres</u>	 Zoila Stewart (CRC)	12.3	 Wilder Dixon (NCA)		 Leticia Osorto (ESA)	
<u>200 metres</u>	 Zoila Stewart (CRC)	25.1	 Sigrid Gutiérrez (CRC)		 Wilder Dixon (NCA)	
<u>400 metres</u>	 Zoila Stewart (CRC)	55.8	 Bernice Gálvez (BIZ)		 Leticia Jiménez (GUA)	
<u>800 metres</u>	 Leticia Jiménez (GUA)	2:16.0	 Cristina Girón (GUA)		 Shirley Céspedes (CRC)	
<u>1500 metres</u>	 Aura Morales (GUA)	4:44.3	 Vilma Peña (CRC)		 Cristina Girón (GUA)	
<u>3000 metres</u>	 Vilma Peña (CRC)	10:18.0	 Aura Morales (GUA)		 Azucena Galindo (GUA)	
<u>10000 metres</u>	 Vilma Peña (CRC)	37:28.4	 María Menéndez (GUA)		 María Ocón (NCA)	
<u>Marathon</u>	 Gina Coello (HON)	3:13:10	 María Ocón (NCA)		 Elsa Citán (GUA)	
<u>100 metres hurdles</u>	 Ivonne White (CRC)	15.4	 Ana Quiñónez (GUA)		 Larissa Soto (GUA)	
<u>400 metres hurdles</u>	 Leticia Jiménez (GUA)	63.2	 Magdalena Molina (CRC)		 Virginia Boesche (GUA)	
<u>High Jump</u>	 Ana Quiñónez (GUA)	1.71	 Lilian Green (NCA)		 Ivonne White (CRC)	
<u>Long Jump</u>	 Ivonne White (CRC)	5.36	 Larissa Soto (GUA)		 Halette Channer (CRC)	
<u>Shot Put</u>	 María Lourdes Ruiz (NCA)	12.32	 Damaris Ulloa (NCA)		 Glendorle Pinnock (CRC)	
<u>Discus Throw</u>	 María Lourdes Ruiz (NCA)	44.66	 Marta Centeno (GUA)		 Lisbeth Matzford (GUA)	
<u>Javelin Throw</u>	 Patricia Chamorro (NCA)	41.16*	 Sayra Martínez (HON)		 Marta Centeno (GUA)	
<u>Heptathlon</u>	 Larissa Soto (GUA)	3873	 Ana Talavera (NCA)		 Sandra Valiente (ESA)	
<u>10,000 metres Track Walk</u>	 Magdalena Guzmán (ESA)	60:49.3	 Doris Vallecillo (HON)		 Rachel Cruz (HON)	
<u>4 x 100 metres relay</u>	 Costa Rica Halette Channer Sigrid Gutiérrez Magdalena Molina Zoila Stewart	48.5	 El Salvador Sonora Valiente Leticia Osorto Patricia Hasbun Mayra Romero		 Guatemala Ana Quiñónez Marta Madriz Genevieve Bethancourt Larissa Soto	

4 x 400 metres relay	<span><span><span></span></span><span> </span></span> Costa Rica Zoila Stewart Magdalena Molina Sigrid Gutiérrez Shirley Céspedes	3:54.8	<span><span><span></span></span><span> </span></span> El Salvador Patricia Hasbun Mayra Romero Leticia Osorto Arely Franco	<span><span><span></span></span><span> </span></span> Nicaragua Martha Portobanco Carolina Argüello Xiomara Larios Ivone López
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## Notes

\*: Original model javelin.

## Medal table (unofficial)

  The host country is highlighted in lavender blue

Rank	Nation	Gold	Silver	Bronze	Total
1	<span><span><span></span></span><span> </span></span> Guatemala	15	12	17	44
2	<span><span><span></span></span><span> </span></span> Costa Rica	13	10	5	28
3	<span><span><span></span></span><span> </span></span> Nicaragua	8	10	9	27
4	<span><span><span></span></span><span> </span></span> Honduras	4	4	4	12
5	<span><span><span></span></span><span> </span></span> El Salvador	3	6	8	17
6	<span><span><span></span></span><span> </span></span> Belize	0	1	0	1

## References

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