

Athletics at the 1994 Central American Games

Athletics competitions at the **1994 Central American Games** were held at the Estadio Flor Blanca in San Salvador, El Salvador, in November – December 1, 1994.

A total of 45 events were contested, 24 by men and 21 by women.

Contents

Medal summary

Men

Women

Notes

Medal table (unofficial)

References

Medal summary

Gold medal winners and their results were published.^[1] A complete list of medal winners can be found on the MásGoles webpage (click on "JUEGOS CENTROAMERICANOS" in the low right corner).^[2] Gold medalists were also published in other sources.^{[3][4]}










Men

Athletics at the V Central American Games



Tribune of National Stadium Jorge "Magico " Gonzalez, located in San Salvador

Host city	San Salvador, El Salvador El Salvador El Salvador
Date(s)	November - December 1
Main stadium	Estadio Flor Blanca
Level	Senior
Participation	7 nations
Events	45 (24 men, 21 women)
← 1990 Tegucigalpa	1997 San Pedro Sula →
1994	Central American Games

Event	Gold		Silver		Bronze	
<u>100 metres</u>	 <u>Michael Stewart</u> (CRC)	10.96	 <u>Minor Aguilar</u> (CRC)	 <u>Elston Shaw</u> (BIZ)		
<u>200 metres</u>	 <u>Michael Stewart</u> (CRC)	21.67	 <u>Randolph Foster</u> (CRC)	 <u>Carlos Daley</u> (PAN)		
<u>400 metres</u>	 <u>Randolph Foster</u> (CRC)	49.86	 <u>Isaac Rojas</u> (CRC)	 <u>Carlos Toledo</u> (ESA)		
<u>800 metres</u>	 <u>Carlos Mairena</u> (NCA)	1:53.30	 <u>Juan Tapia</u> (PAN)	 <u>Luis Martínez</u> (GUA)		
<u>1500 metres</u>	 <u>Luis Martínez</u> (GUA)	3:52.05	 <u>Juan Tapia</u> (PAN)	 <u>Carlos Mairena</u> (NCA)		
<u>5000 metres</u>	 <u>Iván Gómez</u> (GUA)	14:22.71	 <u>José Molina</u> (CRC)	 <u>Marcos Juárez</u> (GUA)		
<u>10000 metres</u>	 <u>José Morales</u> (GUA)	29:31.9	 <u>José Molina</u> (CRC)	 <u>Alberto Paredes</u> (GUA)		
<u>Marathon</u>	 <u>William Aguirre</u> (NCA)	2:32:03	 <u>José Linares</u> (GUA)	 <u>Jhonny Loría</u> (CRC)		
<u>3000 metres steeplechase</u>	 <u>Luis Martínez</u> (GUA)	9:16.80	 <u>Lázaro Vásquez</u> (GUA)	 <u>Adolfo Costa Figueroa</u> (CRC)		
<u>110 metres hurdles</u>	 <u>Alex Foster</u> (CRC)	14.89	 <u>Rudel Franco</u> (ESA)	 <u>Erick Krings</u> (GUA)		
<u>400 metres hurdles</u>	 <u>Alex Foster</u> (CRC)	52.52	 <u>Erick Krings</u> (GUA)	 <u>Francisco Flores</u> (HON)		
<u>High Jump</u>	 <u>José Barahona</u> (PAN)	2.08	 <u>Miguel Monge</u> (CRC)	 <u>Luis Flores</u> (HON)		
<u>Pole Vault</u>	 <u>Lucas Miranda</u> (ESA)	4.00	 <u>Jorge Flores</u> (HON)	 <u>Héctor Salvatierra</u> (GUA)		
<u>Long Jump</u>	 <u>Tito Vides</u> (GUA)	7.26	 <u>Elston Shaw</u> (BIZ)	 <u>Alfredo Williams</u> (NCA)		
<u>Triple Jump</u>	 <u>Daniel Flores</u> (HON)	14.70	 <u>Howard Pandy</u> (HON)	 <u>Marlon Grainger</u> (CRC)		
<u>Shot Put</u>	 <u>Jaime Comandari</u> (ESA)	15.37	 <u>José Castillo</u> (ESA)	 <u>Fernando Alonzo</u> (GUA)		
<u>Discus Throw</u>	 <u>Herbert Rodríguez</u> (ESA)	47.52	 <u>Fernando Alonzo</u> (GUA)	 <u>Jaime Comandari</u> (ESA)		
<u>Hammer Throw</u>	 <u>Enrique Reina</u> (HON)	54.24	 <u>Guillermo Morales</u> (ESA)	 <u>Herbert Rodríguez</u> (ESA)		
<u>Javelin Throw</u>	 <u>Rigoberto Calderón</u> (NCA)	68.14	 <u>Nelson Ocón</u> (NCA)	 <u>Luis Bermúdez</u> (CRC)		

<u>Decathlon</u>	 <u>Jorge Flores (HON)</u>	5873	 <u>Cecil Koehling (HON)</u>	 <u>Oscar Alpízar (CRC)</u>
<u>20 Kilometres Road Walk</u>	 <u>Julio Martínez (GUA)</u>	1:27:45	 <u>Hugo López (GUA)</u>	 <u>Francisco Guzmán (ESA)</u>
<u>50 Kilometres Road Walk</u>	 <u>Julio César Urías (GUA)</u>	4:08:21	 <u>Nelson Fúnez (GUA)</u>	 <u>Luis Rodríguez (ESA)</u>
<u>4 x 100 metres relay</u>	 <u>Costa Rica</u> <u>Marlon Grainger</u> <u>Randolph Foster</u> <u>Michael Stewart</u> <u>Minor Aguilar</u>	41.87	 <u>Guatemala</u> <u>Erick Krings</u> <u>Marvin Alvarado</u> <u>José Tinoco</u> <u>Tito Vides</u>	 <u>Belize</u> <u>Hyde</u> <u>Lindford Castillo</u> <u>Elston Shaw</u> <u>Lamb</u>
<u>4 x 400 metres relay</u>	 <u>Costa Rica</u> <u>Allan Brown</u> <u>Minor Aguilar</u> <u>Randolph Foster</u> <u>Alex Foster</u>	3:16.55	 <u>Guatemala</u> <u>Erick Krings</u> <u>Arisk Perdomo</u> <u>Rivera</u> <u>Marvin Alvarado</u>	 <u>El Salvador</u> <u>Centeno</u> <u>Carlos Toledo</u> <u>Quintanilla</u> <u>Mauricio Carranza</u>

Women

Event	Gold		Silver		Bronze	
<u>100 metres</u>	 <u>Zoila Stewart</u> (CRC)	12.21	 <u>Pastora Chávez</u> (HON)	 <u>Amrei Baumgarten</u> (GUA)		
<u>200 metres</u>	 <u>Ericka Cyrus</u> (CRC)	25.30	 <u>Amrei Baumgarten</u> (GUA)	 <u>Leticia Osorto</u> (ESA)		
<u>400 metres</u>	 <u>Zoila Stewart</u> (CRC)	55.52	 <u>Arely Franco</u> (ESA)	 <u>Rosa Évora</u> (ESA)		
<u>800 metres</u>	 <u>Zoila Stewart</u> (CRC)	2:14.0	 <u>Marcela Jackson</u> (CRC)	 <u>Rosa Évora</u> (ESA)		
<u>1500 metres</u>	 <u>Elsa Monterroso</u> (GUA)	4:42.80	 <u>Guadalupe Zúñiga</u> (CRC)	 <u>Thelma Zúñiga</u> (CRC)		
<u>3000 metres</u>	 <u>Thelma Zúñiga</u> (CRC)	10:10.64	 <u>Elsa Monterroso</u> (GUA)	 <u>Aura Morales</u> (GUA)		
<u>10000 metres</u>	 <u>Thelma Zúñiga</u> (CRC)	36:27.29	 <u>Aura Morales</u> (GUA)	 <u>Isabel Tum</u> (GUA)		
<u>Marathon</u>	 <u>Maritza Martínez</u> (CRC)	3:09:11	 <u>Gina Coello</u> (HON)	 <u>Evelyn Díaz</u> (ESA)		
<u>100 metres hurdles</u>	 <u>Ivette Sánchez</u> (PAN)	15.70	 <u>Elfride Krings</u> (GUA)	 <u>Elisa Vega</u> (ESA)		
<u>400 metres hurdles</u>	 <u>Arely Franco</u> (ESA)	65.12	 <u>Ivette Sánchez</u> (PAN)	 <u>Patricia Valenzuela</u> (GUA)		
<u>High Jump</u>	 <u>Ivonne Montoya</u> (CRC)	1.58	 <u>Aída Franco</u> (ESA)	 <u>Elisa Vega</u> (ESA)		
<u>Long Jump</u>	 <u>Althea Moses</u> (BIZ) [†]	5.22	 <u>Pastora Chávez</u> (HON)	 <u>Elluany Reid</u> (CRC)		
<u>Triple Jump</u>	 <u>Althea Moses</u> (BIZ) [†]	12.21	 <u>Pastora Chávez</u> (HON)	 <u>Arely Franco</u> (ESA)		
<u>Shot Put</u>	 <u>Glendorle Pinnock</u> (CRC)	12.64	 <u>Verónica Monzón</u> (GUA)	 <u>Eva María Dimas</u> (ESA)		
<u>Discus Throw</u>	 <u>Eva María Dimas</u> (ESA)	42.20	 <u>María Lourdes Ruíz</u> (NCA)	 <u>Jessica García</u> (HON)		
<u>Hammer Throw</u>	 <u>Eva María Dimas</u> (ESA)	40.52	 <u>Jessica García</u> (HON)	 <u>Iris Rosales</u> (GUA)		
<u>Javelin Throw</u>	 <u>Raisa Domínguez</u> (PAN)	41.34 [*]	 <u>Ana Hernández</u> (CRC)	 <u>Glendorle Pinnock</u> (CRC)		
<u>Heptathlon</u>	 <u>Ivonne Montoya</u> (CRC) [‡]	3903	 <u>Ruth Gallardo</u> (ESA)	 <u>Sandra Olverios</u> (GUA)		
<u>10,000 metres Track Walk</u>	 <u>María Ambrosio</u> (GUA)	52:29.22	 <u>Magdalena Guzmán</u> (ESA)	 <u>Ivis Martínez</u> (ESA)		

<u>4 x 100 metres relay</u>	 El Salvador ^{**} <u>Leticia Osorto</u> <u>Rosa Évora</u> <u>Arely Franco</u> <u>Lilian Monroy</u>	48.91	 Guatemala <u>Bermúdez</u> <u>Amrei Baumgarten</u> <u>Sandra Oliveros</u> <u>Ibarra</u>	 Honduras <u>Pastora Chávez</u> <u>Duarte</u> <u>Gutiérrez</u> <u>Mejía</u>
<u>4 x 400 metres relay</u>	 El Salvador ^{**} <u>Rosa Évora</u> <u>Aída Franco</u> <u>Arely Franco</u> <u>Umaña</u>	3:59.67	 Nicaragua <u>Martha</u> <u>Portobanco</u> <u>Deborah Rugama</u> <u>Ana Traña</u> <u>Aragón</u>	 Guatemala <u>Patricia</u> <u>Valenzuela</u> <u>Elsa Monterroso</u> <u>Sandra Oliveros</u> <u>Cruz</u>

Notes

[†]: One source^[2] lists María Fleischmann from Guatemala as gold medal winner in both long jump and triple jump.

[‡]: One source^[1] lists Magdalena Molina from Costa Rica as gold medal winner in Heptathlon.

^{*}: Original model javelin.

^{**}: One source^[1] lists the relay teams of Costa Rica as gold medal winners for both 4 × 100 m relay and 4 × 400 m relay.

Medal table (unofficial)

The host country is highlighted in lavender blue

Rank	Nation	Gold	Silver	Bronze	Total
1	 Costa Rica	17	9	8	34
2	 Guatemala	9	14	13	36
3	 El Salvador	8	7	15	30
4	 Honduras	3	8	4	15
5	 Nicaragua	3	3	2	8
6	 Panama	3	3	1	7
7	 Belize	2	1	2	5

References

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