

Athletics at the 1995 Pan American Games

The **Athletics Competition** at the **1995 Pan American Games** was held in Mar del Plata, Argentina between 17 and 25 March.

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Medal summary

Men's events

Athletics at the 1995 Pan American Games	
Dates	17–25 March
Host city	Mar del Plata, Argentina
Venue	Estadio Atletico "Justo Roman"
Level	Senior
Events	44
← Havana 1991 Winnipeg 1999 →	
1995 Pan American Games	

Event	Gold		Silver		Bronze	
100 metres	<u>Glenroy Gilbert</u>  <u>Canada</u>	10.21w	<u>Joel Isasi</u>  <u>Cuba</u>	10.23w	<u>André da Silva</u>  <u>Brazil</u>	10.23w
200 metres (wind: +1.1 m/s)	<u>Iván García</u>  <u>Cuba</u>	20.29	<u>Andrew Tynes</u>  <u>Bahamas</u>	20.33	<u>Sebastián Keitel</u>  <u>Chile</u>	20.55
400 metres	<u>Norberto Téllez</u>  <u>Cuba</u>	45.38	<u>Omar Mena</u>  <u>Cuba</u>	45.64	<u>Eswort Coombs</u>  <u>Saint Vincent and the Grenadines</u>	45.68
800 metres	<u>José Luíz Barbosa</u>  <u>Brazil</u>	1:46.02	<u>Alain Miranda</u>  <u>Cuba</u>	1:46.88	<u>Brad Sumner</u>  <u>United States</u>	1:47.58
1500 metres	<u>Joaquim Cruz</u>  <u>Brazil</u>	3:40.26	<u>Terrance Herrington</u>  <u>United States</u>	3:40.97	<u>Jason Pyrah</u>  <u>United States</u>	3:42.34
5000 metres	<u>Armando Quintanilla</u>  <u>Mexico</u>	13:30.35	<u>Wander do Prado Moura</u>  <u>Brazil</u>	13:45.53	<u>Silvio Guerra</u>  <u>Ecuador</u>	13:52.29
10,000 metres	<u>Armando Quintanilla</u>  <u>Mexico</u>	28:57.41	<u>Valdenor dos Santos</u>  <u>Brazil</u>	29:04.79	<u>Ronaldo da Costa</u>  <u>Brazil</u>	29:07.68
Marathon	<u>Benjamín Paredes</u>  <u>Mexico</u>	2:14:44	<u>Mark Coogan</u>  <u>United States</u>	2:15:21	<u>Luiz Carlos da Silva</u>  <u>Brazil</u>	2:15:46
110 metres hurdles	<u>Roger Kingdom</u>  <u>United States</u>	13.39	<u>Emilio Valle</u>  <u>Cuba</u>	13.4	<u>Courtney Hawkins</u>  <u>United States</u>	13.54
400 metres hurdles	<u>Eronilde de Araújo</u>  <u>Brazil</u>	49.29	<u>Everson Teixeira</u>  <u>Brazil</u>	50.24	<u>Llimy Rivas</u>  <u>Colombia</u>	50.37
3000 metres steeplechase	<u>Wander do Prado Moura</u>  <u>Brazil</u>	8:14.41	<u>Brian Diemer</u>  <u>United States</u>	8:30.58	<u>Dan Reese</u>  <u>United States</u>	8:31.58
4 × 100 metres relay	 Cuba (CUB) <u>Joel Isasi</u> <u>Jorge</u>	38.67	 United States (USA) <u>Robert Reading</u> <u>Wendell Gaskin</u>	39.12	 Mexico (MEX) <u>Jaime Barragán</u>	39.77

	<u>Aguilera</u> <u>Joel Lamela</u> <u>Iván García</u>		<u>Ron Clark</u> <u>Dino Napier</u>		<u>Carlos Villaseñor</u> <u>Salvador Miranda</u> <u>Alejandro Cárdenas</u>	
4 × 400 metres relay	 Cuba (CUB) <u>Jorge Crusellas</u> <u>Norberto Téllez</u> <u>Omar Meña</u> <u>Iván García</u>	3:01.53	 Jamaica (JAM) <u>Orville Taylor</u> <u>Dennis Blake</u> <u>Roxbert Martin</u> <u>Michael McDonald</u>	3:02.11	 Trinidad and Tobago (TRI) <u>Robert Guy</u> <u>Neil de Silva</u> <u>Hayden Stephen</u> <u>Ian Morris</u>	3:02.24
20 kilometres walk	<u>Jefferson Pérez</u>  <u>Ecuador</u>	1:22:53	<u>Daniel García</u>  <u>Mexico</u>	1:22:57	<u>Julio René Martínez</u>  <u>Guatemala</u>	1:23:50
50 kilometres walk	<u>Carlos Mercenario</u>  <u>Mexico</u>	3:47:55	<u>Miguel Rodríguez</u>  <u>Mexico</u>	3:48:22	<u>Julio César Urías</u>  <u>Guatemala</u>	3:49:37 (NR)
High jump	<u>Javier Sotomayor</u>  <u>Cuba</u>	2.40	<u>Steve Smith</u>  <u>United States</u>	2.29	<u>Gilmar Mayo</u>  <u>Colombia</u>	2.26
Pole vault	<u>Pat Manson</u>  <u>United States</u>	5.75	<u>Bill Deering</u>  <u>United States</u>	5.60	<u>Alberto Manzano</u>  <u>Cuba</u>	5.40
Long jump	<u>Iván Pedroso</u>  <u>Cuba</u>	8.50	<u>Jaime Jefferson</u>  <u>Cuba</u>	8.23	<u>Elmer Williams</u>  <u>Puerto Rico</u>	8.00w
Triple jump	<u>Yoelbi Quesada</u>  <u>Cuba</u>	17.67	<u>Jérôme Romain</u>  <u>Dominica</u>	17.24	<u>Yoel García</u>  <u>Cuba</u>	17.21w
Shot put	<u>C.J. Hunter</u>  <u>United States</u>	20.52	<u>Jorge Montenegro</u>  <u>Cuba</u>	18.94	<u>Gert Weil</u>  <u>Chile</u>	18.71
Discus throw	<u>Roberto Moya</u>  <u>Cuba</u>	63.58	<u>Alexis Elizalde</u>  <u>Cuba</u>	62.00	<u>Randy Heisler</u>  <u>United States</u>	60.12
Hammer throw	<u>Lance Deal</u>  <u>United States</u>	75.64	<u>Alberto Sánchez</u>  <u>Cuba</u>	73.94	<u>Andrés Charadia</u>  <u>Argentina</u>	71.78
Javelin throw	<u>Emeterio González</u>	79.28	<u>Edgar Baumann</u>	78.70	<u>Todd Riech</u>  <u>United States</u>	77.82

















	 Cuba		 Paraguay		States	
Decathlon	Kip Janvrin  United States	8049	Eugenio Balanqué  Cuba	7948	Alejandro Cárdenas  Mexico	7387

Women's events

Event	Gold		Silver		Bronze	
100 metres	<u>Chryste Gaines</u>  <u>United States</u>	11.05w	<u>Liliana Allen</u>  <u>Cuba</u>	11.16w	<u>Heather Samuel</u>  <u>Antigua and Barbuda</u>	11.33w
200 metres	<u>Liliana Allen</u>  <u>Cuba</u>	22.73	<u>Dahlia Duhaney</u>  <u>Jamaica</u>	23.03	<u>Omegia Keays</u>  <u>United States</u>	23.24
400 metres	<u>Julia Duporty</u>  <u>Cuba</u>	50.77	<u>Nancy McLeón</u>  <u>Cuba</u>	51.81	<u>Flirtisha Harris</u>  <u>United States</u>	52.51
800 metres	<u>Meredith Rainey</u>  <u>United States</u>	1:59.44	<u>Luciana Mendes</u>  <u>Brazil</u>	2:01.71	<u>Letitia Vriesde</u>  <u>Suriname</u>	2:02.25
1500 metres	<u>Sarah Thorsett</u>  <u>United States</u>	4:21.84	<u>Sarah Howell</u>  <u>Canada</u>	4:22.10	<u>Marta Orellana</u>  <u>Argentina</u>	4:22.44
5000 metres	<u>Adriana Fernández</u>  <u>Mexico</u>	15:46.32	<u>María del Carmen Díaz</u>  <u>Mexico</u>	15:46.43	<u>Carol Montgomery</u>  <u>Canada</u>	15:46.80
10,000 metres	<u>Carmem de Oliveira</u>  <u>Brazil</u>	33:10.19	<u>Carol Montgomery</u>  <u>Canada</u>	33:13.58	<u>María del Carmen Díaz</u>  <u>Mexico</u>	33:14.94
Marathon	<u>Maria Trujillo</u>  <u>United States</u>	2:43:56	<u>Jennifer Martin</u>  <u>United States</u>	2:44:10	<u>Emma Cabrera</u>  <u>Mexico</u>	2:46:36
100 metres hurdles	<u>Aliuska López</u>  <u>Cuba</u>	12.68w	<u>Donalda Duprey</u>  <u>Canada</u>	13.16w	<u>Odalys Adams</u>  <u>Cuba</u>	13.17w
400 metres hurdles	<u>Kim Batten</u>  <u>United States</u>	54.74	<u>Tonja Buford</u>  <u>United States</u>	55.05	<u>Lency Montelier</u>  <u>Cuba</u>	55.74
4 × 100 metres relay	 United States (USA) <u>Flirtisha Harris</u> <u>Shantel Twiggs</u> <u>Richelle Webb</u> <u>Chryste Gaines</u>	43.55	 Cuba (CUB) <u>Miriam Ferrer</u> <u>Aliuska López</u> <u>Liliana Allen</u> <u>Dainelky Pérez</u>	44.08	 Colombia (COL) <u>Felipa Palacios</u> <u>Mirtha Brock</u> <u>Patricia Rodríguez</u> <u>Elia Mera</u>	44.10

4 × 400 metres relay	 Cuba (CUB) <u>Idalmis Bonne Surella Morales Nancy McLeón Julia Duporty</u>	3:27.45	 United States (USA) <u>Trevia Williams Terri Dendy Flirtisha Harris Crystal Irving</u>	3:31.22	 Colombia (COL) <u>Patricia Rodríguez Elia Mera Mirtha Brock Felipa Palacios</u>	3:38.54
10,000 metres walk	<u>Graciela Mendoza</u>  Mexico	46:31.9	<u>Michelle Rohl</u>  United States	46:36.5	<u>Francisca Martínez</u>  Mexico	47:44.8
High jump	<u>Ioamnet Quintero</u>  Cuba	1.94	<u>Silvia Costa</u>  Cuba	1.91	<u>Angela Bradburn</u>  United States	1.91
Long jump	<u>Niurka Montalvo</u>  Cuba	6.89	<u>Andrea Ávila</u>  Argentina	6.52	<u>Jackie Edwards</u>  Bahamas	6.50
Triple jump	<u>Laiza Carrillo</u>  Cuba	14.09	<u>Niurka Montalvo</u>  Cuba	13.90w	<u>Andrea Ávila</u>  Argentina	13.84w
Shot put	<u>Connie Price-Smith</u>  United States	19.17	<u>Ramona Pagel</u>  United States	18.50	<u>Yumileidi Cumbá</u>  Cuba	18.47
Discus throw	<u>Maritza Martén</u>  Cuba	61.22	<u>Bárbara Hechevarría</u>  Cuba	60.20	<u>Kris Kuehl</u>  United States	56.92
Hammer throw	<u>Alex Givan</u>  United States	58.92	<u>María Eugenia Villamizar</u>  Colombia	56.14	<u>Sonja Fitts</u>  United States	56.06
Javelin throw	<u>Xiomara Rivero</u>  Cuba	63.92	<u>Laverne Eve</u>  Bahamas	61.26	<u>Valerie Tulloch</u>  Canada	60.58
Heptathlon	<u>Jamie McNear</u>  United States	6266	<u>Magalys García</u>  Cuba	6055	<u>DeDee Nathan</u>  United States	5879

Medal table

Place	Nation				Total
1	 Cuba (CUB)	18	16	5	39
2	 United States (USA)	13	11	11	35
3	 Mexico (MEX)	6	3	5	14
4	 Brazil (BRA)	5	4	3	12
5	 Canada (CAN)	1	3	2	6
6	 Ecuador (ECU)	1	0	1	2
7	 Bahamas (BAH)	0	2	1	3
8	 Jamaica (JAM)	0	2	0	2
9	 Argentina (ARG)	0	1	3	4
10	 Paraguay (PAR)	0	1	0	1
	 Dominica (DMA)	0	1	0	1
12	 Colombia (COL)	0	0	4	4
13	 Guatemala (GUA)	0	0	2	2
	 Chile (CHI)	0	0	2	2
15	 Antigua and Barbuda (ANT)	0	0	1	1
	 Trinidad and Tobago (TRI)	0	0	1	1
	 Puerto Rico (PUR)	0	0	1	1
	 Suriname (SUR)	0	0	1	1
	 Saint Vincent and the Grenadines (VIN)	0	0	1	1
Total		44	44	44	132

References

- [GBR Athletics \(http://www.gbrathletics.com/ic/pag.htm\)](http://www.gbrathletics.com/ic/pag.htm)

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