



INTERNATIONAL INVITATIONAL "Félix Sánchez" 2021



Monte Plata, Rep. Dom.

TEAM MANUAL

June 12, 2021 Luguelin Santos Stadium Municipio de Bayaguana, Monte Plata, Rep. Dom.









WELCOME

Members of the executive committee of the Dominican Federation of Athletics Associations (FDAA), as well as those of the NACAC Athletics, are pleased to invite you to attend the International Invitational "Félix Sánchez" 2021, which will be held on Saturday, June 12 of this year, in the Municipality of Bayaguana (Monte Plata) Rep. Dom. We want to take advantage of the nobility of our king sport (athletics), to fraternize with the countries of the NACAC area and declare them distinguished guests, as well as to offer them the warmest welcome to the Dominican Republic.

In this manual you will find general information (relating to the organization of the event), as well as technical (related to competition), to facilitate the participation of athletes, as well as to improve the functions of team leaders, coaches, volunteers and different media, among others.

Soon you will live the passion of the competition and check the hospitality of the Dominican people. We hope that you will be able to enjoy your stay in our country and we can share, despite the biosecurity measures that we will apply because of the COVID-19 pandemic, the celebration of this magnificent event.

Michael A. Serralta
Technical Delegate NACAC

Gerardo M. Suero Correa President – F.D.A.A.









General Information

1.1. CLIMATIC CONDITIONS:

During the year, the temperature usually ranges from 19oC to 32oC and rarely drops to less than 18oC or rises to more than 34oC. The driest season lasts 4.9 months, from November 27 to April 25. The chance of rain is 9% in June. The approximate date with the least amount of rain is March 2, with an average total accumulation of 19 millimeters.

1.2. ACREDITATION:

All athletes and members of the delegation duly registered by the federations will be accredited. This credential must be a used for identification and access to the venues of the event.

1.3. TRANSPORT:

All delegations will be provided with shuttle services from their arrival at the airport in the city of Santo Domingo to the place of accommodation.

Round-trip transportation from the place of lodging to the venue will also be provided. It is important that delegations send in time all the details of their travel itineraries for transport coordination.

1.1. ACCOMMODATION:

It will be provided by the Dominican Federation of Athletics Associations.

1.2. FOOD:

It will be provided by the Dominican Federation Athletics Associations.









TECHNICAL INFORMATION

2.1 Jury of Appeal:

The Appeal Jury shall be made up of three (3) members who are as follows:

- 1. Technical Delegate of NACAC.
- 2. Director of Competition.
- 3. Director of the Meeting

2.2 National Management Officers:

- 1. Belkis Mañon Competition Director
- 2. Ramon Valdez Director of the Meeting
- 3. Mariano Cedeño Director of the Presentation

Referees and other local judges for competition will be assigned by the Dominican Federation of Athletic Associations (FDAA) and will be announced during the Technical Congress.

3.1. TECHNICAL REGULATIONS:

During the celebration of the "International Invitational Félix Sánchez 2021" the Technical Rules and Competition of the World Athletics 2019-2020 will apply, as well as the following General Competition Rules of this Invitational.

Technical situations arising in the development of the competition not provided for in this instruction and therefore not in the Technical Regulations of the World Athletics, will be resolved in 1st instance by the referee and under the guidelines of the International Technical Delegate, in 2nd and final instance by the Jury of Appeal.

General situations arising out of and not provided for in this instruction manual shall be resolved by the Organizational Delegate and the Technical Delegate.

3.1.2 Place and Date of Competences:

a. Main Stadium:

Luguelin Santos Stadium of the Municipality of Bayaguana Monte Plata, Dominican Republic









"International Invitational Félix Sánchez 2021", will be held at the Luguelin Santos Stadium, Bayaguana Municipality (Monte Plata), on Saturday, June 12, 2021. For the celebration of this event, the stadium has an athletic track of synthetic material, which has a length of 400m and eight lanes. It has a zone for long and triple jump.

3.1.3 Warm-up Area:

This area will be in the southern part and approximately 100mts from the stadium where the competitions will be performed. It is a flat terrain covered with natural grass usually used for soccer games.

3.1.4 Guest Countries:

The countries invited to participate in this International Invitational Félix Sánchez 2021, are as follows:

Anguila (AIA), Antillas Holandesas (AHO), Antigua y Barbuda (ANT), Aruba (ARU), Bahamas (BAH), Barbados (BAR), Bélice (BIZ), Bermuda (BER), Cánada (CAN), Costa Rica (CRC), Cuba (CUB), Dominica (DMA), República Dominicana (DOM), El Salvador (ESA), Estados Unidos (USA), Grenada (GRN), Guatemala (GUA), Haiti (HAI), Honduras (HON), Islas Cayman (CAY), Islas Vírgenes Americanas (ISV), Islas Vírgenes Británicas (IVB), Jamaica (JAM), México (MEX), Montserrat (MNT), Nicaragua (NCA), Puerto Rico (PUR), Saint Kitts & Nevis (SKN), Santa Lucía (LCA), San Vicente (VIN), Trinidad y Tobago (TRI), Turks & Caicos (TKS).

3.1.5 Events:

The events convened for this International Invitational are as follows:

Female:

- 1. 100m, 200m, 400m and 800m.
- 2. Jumps: Long Jump, Triple Jump, High Jump
- 3. Relays 4 X 100 meters

Male:

- 1. Races 100m, 200m, 400m, 800m and 400m hurdles
- 2. Jumps: Long Jump and Triple Jump
- 3. Relays 4 X 100 meters and 4 X 400 meters MIXED

3.1.6 Participation:

Athletes from countries whose National Federations are affiliated with the NACAC AA may participate. Each country may register a maximum of two (2) athletes in each individual event. To participate in relay tests, all enrolled athletes are eligible, however, once a team has started their participation in the competition, only two (2) additional athletes can participate in it as substitutes in the team composition for subsequent rounds.









3.1.7 Participation Requirements:

- 1. Be born in the country you represent.
- 2. Be naturalized in the country you represent, with residence of at least five (5) years.
- 3. Be duly registered with the federation of your country.
- 4. Be duly registered in the competition by your national federation.
- 5. Present the results of the COVID-19, seventy-two hours (3 days) test in advance.
- 6. All participants shall submit to the Biosafety Protocol.

3.1.8 Preliminary Registration and Final Entries:

All countries must complete and submit the preliminary or numerical registration form electronically or online to the e-mail address of the Dominican Federation of Athletics Association. No later than Monday, May 31, 2021 (12:00 a.m. midnight, Sto. Dgo time, Rep. Dom). Since running events will be finals by time, it is imperative that you enter a legitimate seeding time in the final registration for each competitor. Not doing this means that your athlete will not be accepted in the meet or competition. Late registrations will not be accepted.

Please send copies of the entries to the Technical Delegate: mserralta.nacac@gmail.com

3.1.9 Final Confirmation or Final Declaration of Participation:

Leaders or team leaders or their representatives must definitively confirm the names of competitors who are already registered and who will take part in the competition. This final confirmation or final declaration of participation shall be carried out in the technical meeting, in accordance with the guidelines set out in the following table:

Competition Date	Date of Final Confirmation
Saturday, June 12, 2021	15:00hrs – Friday, June 11, 2021 During Technical Meeting

After the final confirmation of participation made in the technical meeting, the athlete who refrains from participating in the competition will receive the sanction established in the regulations of the World Athletics, at least one (1) hour before the start of the event notify the competition secretariat of an official medical certificate that is issued by the medical delegate of the competition, in this way it will be accepted as a valid reason to justify its abstention.

Athletes participating in the jumping events must report or notify the call-room referee directly of their abstention. The final confirmation and order of competition of the athletes in the relays, must be made one (1) hour before the first call made by the Call-Room for that event.









3.1.10 Skills Program:

The competitions will be performed during an evening day.

The program will be adjusted based on the final registrations of the teams, as well as the final confirmations of participation in the events. It will be available in the technical congress and at the Technical Information Center (CIT).

Programa de Competencias Bayaguana, Monte, Plata, República Dominicana **Estadio Luguelin Santos** Sábado, 12 de junio 2021

HORA TIME	NO. NUM.	EVENTO EVENT	GENERO GENDER	RONDA ROUND	SERIES
3:00 pm	101	Long Jump	F	Final	-
3:30 pm	102	400 m hurdles	М	FxT	2
4:00 pm	103	100 meters	F	FxT	3
4:00 pm	104	Long Jump	М	Final	-
4:15 pm	105	100 meters	М	FxT	3
4:35 pm	106	400 meters	F	FxT	3
4:50 pm	107	400 meters	М	FxT	3
5:00 pm	108	Triple Jump	F	Final	-
5:10 pm	109	200 meters	F	FxT	3
5:10 pm	110	High Jump	F	Final	-
5:25 pm	111	200 meters	М	FxT	3
5:45 pm	112	800 meters	F	FxT	2
6:00 pm	113	Triple Jump	М	Final	-
6:00 pm	114	800 meters	М	FxT	2
6:15 pm	115	4x100 meters Relay	F	Final	1
6:25 pm	116	4x100 meters Relay	M	Final	1
6:35 pm	117	4x400 meters Relay	Mixed	Final	1







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3.1.11 Classification System:

All track events of the competition program will be final x time (F x T), except for all relays that were stipulated as finals.

The formation of the heats or groups will be prepared by the secretary of the Competition, under the supervision and approval of the Technical Delegate. For this reason, it is necessary that the registrations of the athletes include the mark of each athlete in their respective event.

3.1.12 Indications for Team Leaders.

Technical Meeting or Congress:

It will be held at the place of the accommodation, on Friday, June 11 at 3:30 p.m. Each federation may be represented by a duly accredited officer. There will be translation from Spanish into English.

1. Bibs:

The bibs will be given to the heads of each team at the technical meeting. They may not be folded, cut, covered, or obscured under any circumstances, in accordance with the provisions of the World Athletics Regulations, under penalty of disqualification for the athlete.

2. Call-Room:

It will be in the duly identified warm-up zone separate for races and jumps. All competitors must present the following according to the schedules established therein and must show their personal accreditation, the corresponding bibs, must carry the official uniform of their country i.e., that approved by their national federation and meet the requirements of World Athletics, as well as submit to any other checks that are required in that area. Competitors who do not report on time in the call-room, for no valid or justified reason (e.g. medical certificate issued by an official competition doctor), will be excluded from participating in that event and all other events, including relays. Items held in the call-room can be retrieved at the Technical Information Center (TIC).

1. Voice Commands of the Starter:

The starter's orders will be given in English, as follows:

- Tests up to 400m, including 4x100m and 4x400m relays:
- "On your marks".
- "Set"
- "Fire the Gun".

- Tests of 800m and above:

- "On your marks".
- "Fire the Gun".

If for any reason the starter considers that the process needs to be stopped, it will say:

- "Stand Up" (above), up to 400m.
- "Move Back", 800m and more.







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1. Call-Room Schedule

Event	1era Llamada	Última Llamada
100m, 200m, 400m y 800m	30 minutes before the event	15 minutes before the event.
Hurdle Race: (400m/vallas)	30 minutes before the event	20 minutes before the event.
Jumps: (Long, Triple & High)	45 minutes before the event	30 minutes before the event.
Relays : 4x100m & 4x400m	30 minutes before the event	20 minutes before the event.
Relay Card	60 minutes before the 1st call	
Relay Substitutions		20 minutes prior to the event

2. Alturas y Secuencias de Progresión en Salto Alto

Initial Height	Progression	2nd height	Progression	3rd Height	Secuencia de Progresión
1.50 m	5 cm	1.75 m	3 cm	1.87 m	2cm up to 1 competidor

1. Medical Assistance:

There will be official medical assistance at athletes' and officers' lodging locations, in warm-up zones, and within the official stadium of the competition. The medical staff available will have the necessary equipment and awnings for physical therapists.

2. Anti-Doping Control:

The selection of athletes for sampling will be carried out by the medical commission in coordination with the doping control officer.

Under no circumstances can an athlete refuse to have such a check, because if he does so he will receive the sanctions established by the World Athletics.

Athletes selected for doping control may be accompanied by a team officer, duly identified with special accreditation.

3. Award Ceremony:

It will take place after each final and after 30 minutes of the official announcement of the results, so that there is regulatory time in case of any claim or appeal that may be filed. Medalists must be presented to the award tent, upon request, dressed in the full official uniform of their federation.

Athletes Will receive:

- 1er place gold medal.
- 2nd place silver medal
- 3rd place bronce medal.









For participants invited outside the Dominican Republic, please provide the following information as soon as possible:

- 1. Confirmation of Participation
- 2. Arrival information, with your flight itinerary (Date, Time, Airline and Flight Number)
- 3. Numerical registration (Breakdown of the number of participants: Male and Female Athletes, Coaches, or others)
- 4. Departure Information, with flight itinerary (Date, Time, Airline and Flight Number)

For more information please contact:

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PROTOCOL OF BIOSECURITY MEASURES

- 1- All athletes and technicians must present the negative results of the Covid 19 test, with 72 hours or 3 days before the start of the Invitational competition.
- 2- All participants (athletes, coaches, technicians, judges and other officers) must carry their own hygiene and disinfection kit containing:
- Mouth cover or anti-fluid mask (covering nose, mouth, and chin)
- · Antibacterial gel or alcohol.
- Liquid soap.
- Wipes.
- Protective goggles (trainers and technicians).
- 1- Athletes who made their final registration within the established deadline and who confirmed their participation in the technical meeting, which then presents some symptoms related to Covid -19, must report their situation by Official Medical Certificate within the appropriate time, to be able to withdraw officially from the test or event.
 - 1- Trainers and other officers may not at any time remove the anti-fluid mouthpiece or mask must keep it well placed (nose, mouth, chin) in the competition scenario.
 - 2- All persons or public entering the stands of the Lugelin Santos Stadium must have their cover or mask on, placed correctly.
 - 3- It will be strictly forbidden to spit anywhere (means of transport, feeding area, stadium accommodation (bleachers, warm-up track and competitions)
 - 4- To cough or sneeze, the inner fold of the elbow should be used and then disinfected with alcohol or gel.
 - 5- The use of enclosed spaces (dressing rooms, lounges, offices, etc.) is not allowed. without the proper physical distancing of 2 meters by people, which should be observed even in the stadium baths.
 - 6- Areas for the location of the different delegations shall be defined in the stands of that stadium to maintain the minimum biosecurity distance.
 - 7- Within the competition scenario, some areas will be demarcated such as the following:
 - Judges
 - Medical staff
 - Communication Staff (Press)
 - Coaches
 - · Field competitors
 - 8- Athletes will enter the call room with their anti-fluid cap or mask, placed correctly and their hands will be disinfected with antibacterial gel or alcohol.
 - 9- Once you start your warm-up the athlete may remove his anti-fluid cap or mask, to allow better conditions in his breathing while performing it.







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- 10- When leaving the call-room to enter the control area, athletes must put their cover or mask back on, when they have all the check-up of the place will be removed the cover or mask and leave it together with their belongings to be guided to the place where they will perform their test or event.
- 11- It is recommended as an ideal measure that each athlete has their personal or private hydration with their thermos marked with their full name and country. Likewise, the organization will provide the required hydration both in the warming area and in the competition scenario.
- 12- Each athlete who finishes their competition must immediately put on their cover or mask, remove their belongings, to leave the stage as soon as possible through the indicated door, considering that other athletes are close to entering and must strictly comply with the designated schedules.
- 13- The opening ceremony will not be held to avoid crowds of the participants, which greatly favors the fulfillment of the biosecurity measures.



