



NORTH AMERICAN, CENTRAL AMERICAN AND CARIBBEAN ATHLETICS ASSOCIATION

ATHLETICS

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THIS WEEK IN NACAC

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EDITORIAL



*A very special
tribute to a
true
Bahamian
Athletics Icon*

The fourth edition of the NACAC Open Championships will have a very special feature that would certainly find much support reverberating all around The Commonwealth of The Bahamas.

For the first time, our Championships will be dedicated to one of the icons of our sport, Bahamian athletics queen, in many respects, Anita Doherty.

There is perhaps no Bahamian involved in athletics in the chain of small islands that constitute this nation, who would not have known Anita Doherty, so much has her life been intertwined with our sport.

We are often chastised for failing to give credence to the work of those who have helped our sport attain the global recognition and standing that it now has. NACAC is committed to changing all that.

Educator, athlete, sport administrator, Anita, who died earlier this year, was loved by all and described by the Bishop Michael Eldon School as “a great leader who led the school to many successes from the sporting arena to the academic arena...She was a true warrior - always fighting for the rights of all”

The athletics fraternity and the broader Bahamian sports community expressed the loss that the nation has experienced with Anita’s passing.

A former Vice President of the BAAA, Anita was a regular at the annual Carifta Games where she graced us all with her stately presence.

“NACAC is enthused at the fact that this fourth edition of our Area Championships, being held in The Bahamas, is dedicated to a woman who contributed, in no small measure, to the development of our sport.” So said NACAC President, Mike Sands.

“The people of Grand Bahama, must feel a sense of immense pride that in the very year of her death at the age of 73, the island is hosting its first major international event, our Area Championships, and that it is dedicated to Anita Doherty, who, while she was born in Nassau, devoted most of her adult life and career activism to the development of Grand Bahama, where she had moved to at the tender age of five”, Sands concluded.

NACAC is highly appreciative that the principal agencies involved in the realisation of the Anita Doherty NACAC Open Championships – NACAC, the BAAA, The Grand Bahama AAA and the Government of The Bahamas, are all aligned in their acknowledgement of Anita Doherty’s contribution to our sport and to nation building.

ANITA DOHERTY NACAC OPEN Championships 2022 Competition Schedule

The stage is set!

The athletes are already on their way!

Grand Bahama is ready to receive the NACAC Family.

Shaunae Miller, now the most decorated athlete The Bahamas has ever produced, is the headline act of her country at the 4th NACAC Championships, being held at home. This fact, in and of itself, is reason for the enthusiasm that the entire nation is currently enjoying ahead of this weekend’s sporting spectacle.

Jamaica’s recently crowned 200m World Champion will also be in action in Grand Bahama.

Athletes from 29 member federations from NACAC have already signalled their intention to make this edition of our Championships not just the largest in terms of participation but also the most competitive.

Friday 19 August 2022

SESSION 1 – Ticketed Admission

Time	Event
TRACK EVENTS	
09:00 am	Men's 100m Qualification
09:30 am	Women's 400m Semi-Finals
10:00 am	Men's 400m Semi-Finals
10:30 am	Men's 200m Qualification
FIELD EVENTS	
09:00 am	Women's Long Jump Qualification
10:30 am	Men's Long Jump Qualification

SESSION 2 – Ticketed Session

Time	Event
TRACK EVENTS	
4:30 pm	Women's 400m Hurdles Semi-Finals
5:00 pm	Men's 400m Hurdles Semi-Finals
5:15 pm	Men's 800m Semi-Finals
5:30 pm	Women's 3000 Steeplechase Final
6:00 pm	Opening Ceremony
7:20 pm	Women's 100m Hurdles Semi-Finals
7:40 pm	Men's 110m Hurdles Semi-Finals
8:00 pm	Women's 200m Semi-Finals
8:20 pm	Men's 200m Semi-Finals
8:30 pm	Award Ceremony – Hammer Throw – Triple Jump – High Jump
8:45 pm	Women's 5000m Final
9:05 pm	Men's 10000m Final
9:10 pm	Award Ceremony – 3000 Steeplechase – Shot Put – Discus Throw
FIELD EVENTS	
3:00 pm	Women's Hammer Throw Final
5:00 pm	Men's Triple Jump Final
5:00 pm	Women's High Jump Final
7:30 pm	Men's Shot-Put Final
7:30 pm	Women's Discus Throw Final

Saturday 20 August 2022

SESSION 3 – Free Admission

Time	Event
TRACK EVENTS	
6:30am	Women & Men's 20,000m Race-walk Final

SESSION 4 – Ticketed Session

Time	Event
4:15 pm	Award Ceremony – 20,000m Race-walk
4:30 pm	Women's 100m Semi-Finals
4:50 pm	Men's 100m Semi-Finals
5:10 pm	Women's 800m Final

5:20 pm	Men's 800m <i>Final</i>
5:30 pm	<i>Award Ceremony – Hammer Throw</i>
5:40 pm	Women's 100m Hurdles <i>Final</i>
5:55 pm	Men's 110m Hurdles <i>Final</i>
6:00 pm	<i>Award Ceremony – 800m – 100m Hurdles</i>
6:15 pm	Women's 400m <i>Final</i>
6:25 pm	Men's 400m <i>Final</i>
6:35 pm	<i>Award Ceremony – 110m Hurdles – 400m</i>
6:45 pm	Men's 5,000m <i>Final</i>
7:15 pm	Women's 10,000m <i>Final</i>
8:00 pm	Women's 100m <i>Final</i>
8:10 pm	Men's 100m <i>Final</i>
8:20 pm	<i>4x400m Mixed Relay Final</i>
8:30 pm	<i>Award Ceremony – High Jump – Pole Vault – Long Jump – Javelin Throw - 5,000m – 10,000m – 100m</i>
FIELD EVENTS	
3:00 pm	Men's Hammer Throw <i>Final</i>
4:30 pm	Men's High Jump <i>Final</i>
5:00 pm	Women's Pole Vault <i>Final</i>
6:00 pm	Men's Javelin Throw <i>Final</i>
7:00 pm	Women's Long Jump <i>Final</i>

Sunday 21 August 2022

**SESSION 5 – Ticketed
Session**

Time	Event
TRACK EVENTS	
3:20 pm	Women's 400m Hurdles <i>Final</i>
3:35 pm	Men's 400m Hurdles <i>Final</i>
3:50 pm	Women's 200m <i>Final</i>
4:00 pm	Men's 200m <i>Final</i>
4:05 pm	<i>Award Ceremony – 400m Hurdles, 200m</i>
4:25 pm	Women's 1500m <i>Final</i>
4:35 pm	Men's 1500m <i>Final</i>
4:45 pm	Men's 3000m Steeplechase <i>Final</i>
5:00 pm	<i>Award Ceremony – 1500m – 3000m Steeplechase – Discus Throw – Long Jump</i>
5:20 pm	Women's 4x400m <i>Final</i>
5:30 pm	Men's 4x400m <i>Final</i>
5:40 pm	<i>Award Ceremony – 4x400m Relay – Shot-Put</i>
5:55 pm	Women's 4x100m <i>Final</i>
6:05 pm	Men's 4x100m <i>Final</i>
6:15 pm	<i>Award Ceremony – 4x100m – Pole Vault – Javelin Throw – Triple Jump</i>
7:00 pm	Closing Ceremony
FIELD EVENTS	
3:00 pm	Men's Discus Throw <i>Final</i>
3:00 pm	Men's Long Jump <i>Final</i>
3:00 pm	Men's Pole Vault <i>Final</i>
5:00 pm	Women's Shot-Put <i>Final</i>
5:00 pm	Women's Javelin Throw <i>Final</i>
5:20 pm	Women's Triple Jump <i>Final</i>



NACAC Athletes on show at Monaco's WANDA Diamond League

Reigning world 100m champion, Jamaica's Shelly-Ann Fraser-Pryce, continued her amazing run of form during the past week. Competing at the Monaco Diamond League on Wednesday 10 August, Fraser-Pryce crossed the finish line in 10.62, ahead of fellow Jamaican, Shericka Jackson (10.71). Bahamian world 400m champion, Shaunae Miller-Uibo, took top honours in her pet event, finishing in 49.28, ahead of Candice McLeod (49.87) and Sada Williams (50.10) of Barbados.

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Natoya Goule of Jamaica won the 800m (1:56.98), with Sage Hurta of the USA (1:57.85) in second with Olivia Baker (1:58.05) also of the USA, in third.

Rushelle Clayton (53.33) headed a one-two for Jamaica in the 400mH. Janieve Russell (53.52) was second.

In the 200m for men, there was a NACAC sweep of the top places. USA's Noel Lyles, also reigning world champion, finished first (19.46), with his countryman, teenager, Erriyon Knighton (19.84) in second and Michael Norman (19.95).

Cuba's Maykel Masso (8.35m) won the men's long jump. Marquis Denby (8.31m) of the USA was third.

Grant Holloway (12.99) of the USA won the 110mH, ahead of countryman, Trey Cunningham (13.03) and Jamaica's Hansle Parchment (13.08) finished third.

Marco Arop of Canada (2:14.35) was second in the 1000m, just ahead of the USA's Clayton Murphy (2:15.73).

In the 1500m for women, USA's Heather McLean (3:58.89) finished second with Elise Cranny (3:59.06) of the same country in third.

Shenika Ricketts, winner at the Commonwealth Games in Birmingham, placed second in the triple jump with a leap of 14.91, ahead of Tori Franklin (14.86) of the USA in third.

Did You Know the World Athletics latest decision in the World Relays?

Olympic relays trials

With the changed schedule of future World Athletics Relays from odd to even years, starting in 2024, the Council decided that the next edition will serve as Olympic Trials for the relay events.

Fourteen of the 16 places in the relay fields for the Paris Olympic Games will be filled at the World Athletics Relays 2024, with the remaining two teams to be identified from the performance list during the qualification window.

Overview of the new competition format:

- 32 teams in each discipline

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- 20 races on each day

Format:

Day #1: (40 teams qualify for the Olympic Games):

20 heats across five events. Top two from each heat qualifies for the Olympic Games.

Day #2: (an additional 30 teams qualify for the Olympic Games):

15 repechage heats and five finals across five events. Top two from each repechage heat qualify for the Olympic Games. The finalists will compete for Olympic seeding as well as prize money.

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14 de Agosto de 2022

EDITORIAL



*A very special
tribute to a
true
Bahamian
Athletics Icon*

La cuarta edición del Campeonato Abierto NACAC tendrá una característica muy especial que sin duda encontrará mucho apoyo repercutiendo en todo el Commonwealth de las Bahamas.

Por primera vez, nuestros Campeonatos estarán dedicados a uno de los íconos de nuestro deporte, la reina del atletismo de las Bahamas, en muchos aspectos, Anita Doherty.

Quizás no haya bahameño involucrado en el atletismo en la cadena de pequeñas islas que constituyen esta nación, que no hubiera conocido a Anita Doherty, tanto ha estado su vida entrelazada con nuestro deporte.

A menudo se nos regaña por no dar crédito al trabajo de aquellos que han ayudado a nuestro deporte a alcanzar el reconocimiento mundial y la posición que tiene ahora. NACAC se compromete a cambiar todo eso.

Educadora, atleta, administradora de deportes, Anita, quien falleció a principios de este año, fue querida por todos y la Escuela Bishop Michael Eldon la describió como “una gran líder que llevó a

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la escuela a muchos éxitos desde el ámbito deportivo hasta el académico... Fue un verdadero guerrero - siempre luchando por los derechos de todos”

La fraternidad atlética y la comunidad deportiva más amplia de las Bahamas expresaron la pérdida que la nación ha experimentado con el fallecimiento de Anita.

Anita, ex vicepresidenta de la BAAA, era una habitual de los Juegos Carifta anuales, donde nos honró a todos con su majestuosa presencia.

“NACAC está entusiasmado con el hecho de que esta cuarta edición de nuestros Campeonatos de Área, que se llevará a cabo en Las Bahamas, esté dedicada a una mujer que contribuyó, en gran medida, al desarrollo de nuestro deporte”. Eso dijo el presidente de NACAC, Mike Sands.

“ La gente de Gran Bahama debe sentir un inmenso orgullo de que en el mismo año de su muerte a la edad de 73 años, la isla esté organizando su primer gran evento internacional, nuestros Campeonatos de Área, y que esté dedicado a Anita Doherty. , quien, aunque nació en Nassau, dedicó la mayor parte de su vida adulta y activismo profesional al desarrollo de Gran Bahama, donde se mudó a la tierna edad de cinco años”, concluyó Sands.

NACAC está muy agradecido de que las principales agencias involucradas en la realización del Campeonato Abierto Anita Doherty NACAC: NACAC, BAAA, The Grand Bahama AAA y el Gobierno de Las Bahamas, estén todos alineados en su reconocimiento de la contribución de Anita Doherty a nuestro deporte y a la construcción de la nación.

ANITA DOHERTY Campeonatos ABIERTOS NACAC 2022 Calendario de competencias

¡El escenario está listo!

¡Los atletas ya están en camino!

Gran Bahama está lista para recibir a la familia NACAC.

Shaunae Miller, ahora la atleta más condecorada que jamás haya producido Bahamas, es el acto principal de su país en el 4º Campeonato NACAC, que se lleva a cabo en casa. Este hecho, por sí solo, es motivo del entusiasmo que vive todo el país de cara al espectáculo deportivo de este fin de semana.

El recientemente coronado campeón mundial de 200 m de Jamaica también estará en acción en Gran Bahama.

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Atletas de 29 federaciones miembros de NACAC ya han manifestado su intención de hacer de esta edición de nuestros Campeonatos no solo el más grande en términos de participación sino también el más competitivo.



Friday 19 August 2022

SESSION 1 – Ticketed Admission

Time	Event
TRACK EVENTS	
09:00 am	Men's 100m Qualification
09:30 am	Women's 400m Semi-Finals
10:00 am	Men's 400m Semi-Finals
10:30 am	Men's 200m Qualification
FIELD EVENTS	
09:00 am	Women's Long Jump Qualification
10:30 am	Men's Long Jump Qualification

SESSION 2 – Ticketed Session

Time	Event
TRACK EVENTS	
4:30 pm	Women's 400m Hurdles Semi-Finals
5:00 pm	Men's 400m Hurdles Semi-Finals
5:15 pm	Men's 800m Semi-Finals
5:30 pm	Women's 3000 Steeplechase <i>Final</i>
6:00 pm	<i>Opening Ceremony</i>
7:20 pm	Women's 100m Hurdles Semi-Finals
7:40 pm	Men's 110m Hurdles Semi-Finals
8:00 pm	Women's 200m Semi-Finals
8:20 pm	Men's 200m Semi-Finals
8:30 pm	<i>Award Ceremony – Hammer Throw – Triple Jump – High Jump</i>
8:45 pm	Women's 5000m <i>Final</i>
9:05 pm	Men's 10000m <i>Final</i>
9:10 pm	<i>Award Ceremony – 3000 Steeplechase – Shot Put – Discus Throw</i>
FIELD EVENTS	
3:00 pm	Women's Hammer Throw <i>Final</i>
5:00 pm	Men's Triple Jump <i>Final</i>
5:00 pm	Women's High Jump <i>Final</i>
7:30 pm	Men's Shot-Put <i>Final</i>
7:30 pm	Women's Discus Throw <i>Final</i>

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Saturday 20 August 2022

SESSION 3 – Free Admission

Time	Event
TRACK EVENTS	
6:30am	Women & Men's 20,000m Race-walk <i>Final</i>

SESSION 4 – Ticketed Session

Time	Event
4:15 pm	<i>Award Ceremony – 20,000m Race-walk</i>
4:30 pm	Women's 100m Semi-Finals
4:50 pm	Men's 100m Semi-Finals
5:10 pm	Women's 800m <i>Final</i>
5:20 pm	Men's 800m <i>Final</i>
5:30 pm	<i>Award Ceremony – Hammer Throw</i>
5:40 pm	Women's 100m Hurdles <i>Final</i>
5:55 pm	Men's 110m Hurdles <i>Final</i>
6:00 pm	<i>Award Ceremony – 800m – 100m Hurdles</i>
6:15 pm	Women's 400m <i>Final</i>
6:25 pm	Men's 400m <i>Final</i>
6:35 pm	<i>Award Ceremony – 110m Hurdles – 400m</i>
6:45 pm	Men's 5,000m <i>Final</i>
7:15 pm	Women's 10,000m <i>Final</i>
8:00 pm	Women's 100m <i>Final</i>
8:10 pm	Men's 100m <i>Final</i>
8:20 pm	<i>4x400m Mixed Relay Final</i>
8:30 pm	<i>Award Ceremony – High Jump – Pole Vault – Long Jump – Javelin Throw - 5,000m – 10,000m – 100m</i>
FIELD EVENTS	
3:00 pm	Men's Hammer Throw <i>Final</i>
4:30 pm	Men's High Jump <i>Final</i>
5:00 pm	Women's Pole Vault <i>Final</i>
6:00 pm	Men's Javelin Throw <i>Final</i>
7:00 pm	Women's Long Jump <i>Final</i>

Sunday 21 August 2022

SESSION 5 – Ticketed Session

Time	Event
TRACK EVENTS	
3:20 pm	Women's 400m Hurdles <i>Final</i>
3:35 pm	Men's 400m Hurdles <i>Final</i>
3:50 pm	Women's 200m <i>Final</i>
4:00 pm	Men's 200m <i>Final</i>

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4:05 pm	Award Ceremony – 400m Hurdles, 200m
4:25 pm	Women's 1500m Final
4:35 pm	Men's 1500m Final
4:45 pm	Men's 3000m Steeplechase Final
5:20 pm	Women's 4x400m Final
5:30 pm	Men's 4x400m Final
5:40 pm	Award Ceremony – 4x400m Relay – Shot-Put
5:55 pm	Women's 4x100m Final
6:05 pm	Men's 4x100m Final
6:15 pm	Award Ceremony – 4x100m – Pole Vault – Javelin Throw – Triple Jump
7:00 pm	Closing Ceremony
FIELD EVENTS	
3:00 pm	Men's Discus Throw Final
3:00 pm	Men's Long Jump Final
3:00 pm	Men's Pole Vault Final
5:00 pm	Women's Shot-Put Final
5:00 pm	Women's Javelin Throw Final
5:20 pm	Women's Triple Jump Final



Atletas de la NACAC en exhibición en la WANDA Diamond League de Mónaco

La actual campeona mundial de 100 metros, la jamaicana Shelly-Ann Fraser-Pryce, continuó con su increíble forma durante la semana pasada. Compitiendo en la Diamond League de Mónaco el miércoles 10 de agosto, Fraser-Pryce cruzó la línea de meta en 10,62, por delante de su compatriota jamaicana, Shericka Jackson (10,71).

La campeona mundial de 400 m de Bahamas, Shaunae Miller-Uibo, se llevó los máximos honores en su evento favorito, terminando en 49.28, por delante de Candice McLeod (49.87) y Sada Williams (50.10) de Barbados.

Natoya Goule de Jamaica ganó los 800m (1:56.98), con Sage Hurta de USA (1:57.85) en segundo lugar y Olivia Baker (1:58.05) también de USA, en tercero.

Rushelle Clayton (53.33) cabeceó un doblete para Jamaica en los 400mH. Janieve Russell (53.52) fue segunda.

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En los 200 m para hombres, hubo un barrido de NACAC de los primeros lugares. El estadounidense Noel Lyles, también actual campeón mundial, terminó primero (19,46), con su compatriota, el adolescente, Erriyon Knighton (19,84) en segundo lugar y Michael Norman (19,95).

El cubano Maykel Masso (8,35 m) ganó el salto de longitud masculino. Marquis Denby (8,31 m) de EE. UU. fue tercero.

Grant Holloway (12.99) de EE. UU. ganó los 110 mH, por delante de su compatriota Trey Cunningham (13.03) y Hansle Parchment de Jamaica (13.08) terminó tercero.

Marco Arop de Canadá (2:14.35) fue segundo en los 1000m, justo por delante del estadounidense Clayton Murphy (2:15.73).

En los 1500m para mujeres, la estadounidense Heather McLean (3:58.89) terminó segunda con Elise Cranny (3:59.06) del mismo país en tercer lugar.

Shenika Ricketts, ganadora en los Juegos de la Commonwealth en Birmingham, se ubicó en segundo lugar en triple salto con un salto de 14,91, por delante de Tori Franklin (14,86) de EE. UU. en tercer lugar.

¿Sabías la última decisión de World Athletics en los World Relays?

Pruebas de relevos olímpicos

Con el cambio de calendario de los futuros World Athletics Relays de años pares a impares, a partir de 2024, el Consejo decidió que la próxima edición servirá como pruebas olímpicas para los eventos de relevos.

Catorce de los 16 lugares en los campos de relevos para los Juegos Olímpicos de París se cubrirán en los Relevos Mundiales de Atletismo 2024, y los dos equipos restantes se identificarán de la lista de desempeño durante la ventana de clasificación.

Resumen del nuevo formato de competición:

- 32 equipos en cada disciplina
- 20 carreras en cada día

Formato:

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Día #1: (40 equipos califican para los Juegos Olímpicos):

20 eliminatorias en cinco eventos. Los dos primeros de cada serie clasifican para los Juegos Olímpicos.

Día #2: (30 equipos adicionales califican para los Juegos Olímpicos):

15 eliminatorias de repechaje y cinco finales en cinco eventos. Los dos primeros de cada eliminatoria de repechaje se clasifican para los Juegos Olímpicos. Los finalistas competirán por la siembra olímpica y por premios en metálico.

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