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2003 Central American Championships in Athletics

The 15th **Central American Championships in Athletics** were held at the Estadio Cementos Progreso in Guatemala City, Guatemala, between June 20-21, 2003.

A total of 41 events were contested, 21 by men and 20 by women.

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XV Central American Championships in Athletics	
Host city	Guatemala City, Guatemala
Date(s)	June 20-21
Main stadium	Estadio Cementos Progreso
Level	Senior
Participation	7 nations
Events	41 (21 men, 20 women)
← 2002 San José 2004 Managua →	

Medal summary























































Complete results and medal winners were published.^[1]

Men

Event	Gold		Silver		Bronze	
<u>100 metres</u> (wind: +0.8 m/s)	 Mario Rolando Blanco (GUA)	10.47	 Jorge Luis Solórzano (GUA)	10.69	 Ronny Arroyo (CRC)	10.92
<u>200 metres</u>	 Andrés Leonel Rodríguez (PAN)	21.77	 Jorge Conde (NCA)	22.05	 Ronny Arroyo (CRC)	22.09
<u>400 metres</u>	 Andrés Leonel Rodríguez (PAN)	47.98	 René Marcelo Figueroa (ESA)	48.43	 Selvin Henry (GUA)	48.71
<u>800 metres</u>	 Roberto Arroyo (CRC)	1:54.94	 Danilo Hernández (NCA)	1:55.95	 Ruperto Daley (PAN)	1:56.58
<u>1500 metres</u>	 Francisco Saenz (GUA)	4:01.14	 Danilo Hernández (NCA)	4:08.32	 José Francisco Chávez (CRC)	4:10.03
<u>5000 metres</u>	 José Amado García (GUA)	15:19.35	 César Lizano (CRC)	16:02.25	 Carlos Loza (NCA)	16:28.02
<u>10000 metres</u>	 José Amado García (GUA)	30:16.25	 Sergio Castellanos (HON)	34:15.54	 Carlos Loza (NCA)	35:10.37
<u>3000 metres steeplechase</u>	 César Lizano (CRC)	10:04.87	 Marlon Monterrosa (ESA)	10:29.20	 Federico Vargas (CRC)	10:34.82
<u>110 metres hurdles</u> (wind: -1.7 m/s)	 Roberto Cortés (ESA)	15.35	 Anthony Rugama (CRC)	15.57	 Edgar Esquina (PAN)	15.88
<u>400 metres hurdles</u>	 Roberto Cortés (ESA)	53.09	 Selvin Henry (GUA)	55.64	 Camilo Quevedo (GUA)	55.71
<u>High Jump</u>	 Henry Linton (CRC)	2.02	 Octavius Gillespie (GUA)	1.99	 Alejandro Olmedo (ESA)	1.90
<u>Pole Vault</u>	 Jorge Solórzano (GUA)	4.50	 Pedro Alfonso Fuentes (ESA)	4.45	 Miguel Campollo (GUA)	4.10
<u>Long Jump</u>	 Jonathan Romero (PAN)	6.87 (wind: +0.1 m/s)	 Ulises Peña (NCA)	6.86 (wind: +0.8 m/s)	 Álvaro Paiz (GUA)	6.66 (wind: -0.1 m/s)
<u>Triple Jump</u>	 Álvaro Paiz (GUA)	14.79 (wind: +1.6 m/s)	 Ulises Peña (NCA)	14.47 (wind: 0.0 m/s)	 Juan Carlos Nájera (GUA)	14.44 (wind: +0.1 m/s)
<u>Shot Put</u>	 Edson Monzón (GUA)	15.25	 Henry Santos (GUA)	14.24	 Lenín Gutiérrez (NCA)	12.29
<u>Discus Throw</u>	 Nelson Chavarría (CRC)	44.25	 Raúl Rivera (GUA)	43.54	 Raúl Squirre (PAN)	41.04
<u>Hammer Throw</u>	 Raúl Rivera (GUA)	62.14 CR	 Diego Berríos (GUA)	51.25	 Nelson Chavarría (CRC)	46.46
<u>Javelin Throw</u>	 Rigoberto Calderón (NCA)	68.14	 Octavius Gillespie (GUA)	65.87	 Javier Ugarte (NCA)	62.37

20 Kilometres Walk	 Allan Segura (CRC)	1:32:44.90	 Denis Roaldo Estrada (GUA)	1:33:40.24	 Carlos Humberto Ortiz (GUA)	1:35:00.00
4 x 100 metres relay	 Guatemala Mario Rolando Blanco Jorge Luis Solórzano Juan Pablo Macal Luis Reyes	41.71	 Costa Rica Ronny Arroyo Antonio Ramírez Emmanuel Chanto Oscar Barzuna	41.83	 Panama Andrés Leonel Rodríguez Félix Montaner Ruperto Daley Edgar Esquina	43.86
4 x 400 metres relay	 Costa Rica David Umaña Roberto Arroyo Emmanuel Chanto Víctor Cantillano	3:19.03	 El Salvador Francis Jiménez Juan Francisco Caneses Takeshi Fujiwara Roberto Cortés	3:19.16	 Panama Andrés Leonel Rodríguez Félix Montaner Ruperto Daley Edgar Esquina	3:19.36

Women

Event	Gold		Silver		Bronze	
<u>100 metres</u> (wind: -0.1 m/s)	 <u>Mónica Campos</u> (CRC)	12.48 CR	 <u>María José Paiz</u> (GUA)	12.54	 <u>Rita Lisbeth Alcázar</u> (PAN)	12.64
<u>200 metres</u> (wind: +2.7 m/s)	 <u>Melissa Moraga</u> (CRC)	25.63 w	 <u>Rita Lisbeth Alcázar</u> (PAN)	25.90 w	 <u>Irma Navarrete</u> (NCA)	26.40 w
<u>400 metres</u>	 <u>Karla Hernández</u> (ESA)	57.66	 <u>Rossana Rodríguez</u> (GUA)	57.69	 <u>Amada Martínez</u> (ESA)	57.99
<u>800 metres</u>	 <u>Rosa Évora</u> (ESA)	2:14.90	 <u>Karen Arce</u> (CRC)	2:15.46	 <u>Rossana Rodríguez</u> (GUA)	2:17.13
<u>1500 metres</u>	 <u>Elsa Monterroso</u> (GUA)	4:40.58	 <u>Gabriela Traña</u> (CRC)	4:41.27	 <u>Dina Judith Cruz</u> (GUA)	4:45.62
<u>5000 metres</u>	 <u>Elsa Monterroso</u> (GUA)	17:38.32 CR	 <u>Dina Judith Cruz</u> (GUA)	18:06.66	 <u>Guadalupe Zúñiga</u> (CRC)	19:09.13
<u>10000 metres</u>	 <u>Elsa Monterroso</u> (GUA)	37:28.80	 <u>Guadalupe Zúñiga</u> (CRC)	39:10.31		
<u>100 metres hurdles</u>	 <u>María Gabriela Carrillo</u> (ESA)	15.74	 <u>Migdalia Morgan</u> (PAN)	16.18	 <u>Mitchelle Zúñiga</u> (GUA)	16.24
<u>400 metres hurdles</u>	 <u>Cindy Castro</u> (CRC)	64.65	 <u>Luz Patricia Valenzuela</u> (GUA)	65.32	 <u>Migdalia Morgan</u> (PAN)	71.72
<u>High Jump</u>	 <u>María Gabriela Carrillo</u> (ESA)	1.63	 <u>Alejandra Gómez</u> (CRC)	1.60	 <u>Gabriela Barquero</u> (CRC)	1.50
<u>Pole Vault</u>	 <u>Peggy Ovalle</u> (GUA)	2.70	 <u>Jaqueline Vargas</u> (CRC)	2.20		
<u>Long Jump</u>	 <u>Sabrina Asturias</u> (GUA)	5.55 (wind: -0.2 m/s)	 <u>María Gabriela Carrillo</u> (ESA)	5.40 (wind: -0.1 m/s)	 <u>Alejandra Gómez</u> (CRC)	5.30 (wind: +0.3 m/s)
<u>Triple Jump</u>	 <u>María José Paiz</u> (GUA)	12.92	 <u>Peggy Ovalle</u> (GUA)	11.40		
<u>Shot Put</u>	 <u>Silvia Piñar</u> (CRC)	10.90	 <u>María Lourdes Ruiz</u> (NCA)	10.85	 <u>Doroty López</u> (GUA)	10.78
<u>Discus Throw</u>	 <u>Ana Lucía Espinoza</u> (GUA)	40.12	 <u>Aixa Middleton</u> (PAN)	36.77	 <u>María Lourdes Ruiz</u> (NCA)	35.93
<u>Hammer Throw</u>	 <u>Ana Lucía Espinoza</u> (GUA)	47.08 CR	 <u>Silvia Piñar</u> (CRC)	33.89	 <u>Viviana Abarca</u> (CRC)	33.59
<u>Javelin Throw</u>	 <u>Dalila Rugama</u> (NCA)	49.40	 <u>Ángela Téllez</u> (NCA)	43.23	 <u>Aida Lorena Figueroa</u> (GUA)	37.76
<u>10,000 metres Walk</u>	 <u>Teresita Natividad Collado</u> (GUA)	49:29.38 CR	 <u>Evelyn Núñez</u> (GUA)	50:21.52	 <u>María Amalia Reynolds</u> (CRC)	1:03:39.65
<u>4 x 100 metres relay</u>	 <u>El Salvador</u> <u>Amada Martínez</u> <u>Karla Hernández</u>	49.03	 <u>Costa Rica</u> <u>Mónica Campos</u> <u>Indra Hansen</u>	49.71	 <u>Guatemala</u> <u>Brenda Blanco</u> <u>Francisca</u>	49.82

	<u>Ruth Daniela González</u> <u>Rosa Lilian Évora</u>		<u>Melissa Moraga Farina Murillo</u>		<u>Martínez María José Paiz</u> <u>Ana Cecilia Castillo</u>	
4 x 400 metres relay	 Costa Rica <u>Raquel Barquero</u> <u>Melissa Moraga</u> <u>Ana Marcela González</u> <u>Cindy Castro</u>	3:54.47 CR	 El Salvador <u>Susana Rodríguez</u> <u>Karla Hernández</u> <u>Ruth Daniela González</u> <u>Rosa Lilian Évora</u>	3:54.83	 Guatemala <u>Luz Patricia Valenzuela</u> <u>Rossana Rodríguez</u> <u>Sandra Oliveros</u> <u>Mitchelle Zúñiga</u>	4:02.67

Medal table (unofficial)

The host country is highlighted in lavender blue

Rank	Nation	Gold	Silver	Bronze	Total
1	 Guatemala	18	14	13	45
2	 Costa Rica	11	10	10	31
3	 El Salvador	7	6	2	15
4	 Panamá	3	3	7	13
5	 Nicaragua	2	7	6	15
6	 Honduras	0	1	0	1

Team Ranking

Guatemala won the overall team ranking.^[2]

Total

The host country is highlighted in lavender blue

Rank	Nation	Points
 1	 Guatemala	406
 2	 Costa Rica	313
 3	 El Salvador	169
4	 Nicaragua	166
5	 Panamá	103
6	 Honduras	29
7	 Belize	4

References

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2. Mercado, Emir Alfaro (June 24, 2003), *Atletismo nica crece - Recuperando terreno* (<http://archivo.elnuevodiario.com.ni/2003/junio/24-junio-2003/deportes/deportes1.html>) (in Spanish), *El Nuevo Diario*, Managua, Nicaragua, retrieved September 13, 2012

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