

NORTH AMERICAN, CENTRAL AMERICAN AND CARIBBEAN ATHLETICS ASSOCIATION

# ATHLETICS

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## THIS WEEK IN NACAC

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### EDITORIAL

#### NACAC Athletics congratulates its athletes









on their remarkable performances at the recently concluded World Athletics Indoor Championships held in Glasgow, Scotland. On yet another occasion, our athletes came away with the majority of the medals available, with the USA Track and Field (USATF) – 6 gold, 9 silver and 5 bronze medals – retaining the overall leader in the medal count.

Athletics Canada continued to perform in a manner that suggests the progress we witnessed at the World Athletics Outdoor Championships in Budapest, Hungary, last

*Keith Joseph*  
CEO, NACAC

NACAC MEDAL TABLE - FINAL REPORT						
<i>(by Carlos Clemente - NACAC Statistics)</i>						
RANK	COUNTRY	G	S	B	TOTAL	
1	UNITED STATES 	6	9	5	20	
9	BAHAMAS 	1	0	0	1	
9	CANADA 	1	0	0	1	
9	DOMINICA 	1	0	0	1	
9	SAINT LUCIA 	1	0	0	1	
20	CUBA 	0	1	0	1	
25	JAMAICA 	0	0	3	3	
TOTAL		10	10	8	28	

NACAC PLACING TABLE - FINAL REPORT										
RANK	COUNTRY	1st	2nd	3rd	4th	5th	6th	7th	8th	POINTS
1	UNITED STATES 	48	63	30	15	24	9	6	0	195
9	JAMAICA 	0	0	18	0	0	6	2	0	26
15	BAHAMAS 	8	0	0	5	6	0	0	0	19
23	CANADA 	8	0	0	0	0	0	0	0	8
23	SAINT LUCIA 	8	0	0	0	0	0	0	0	8
23	DOMINICA 	8	0	0	0	0	0	0	0	8
23	CUBA 	0	7	0	0	0	0	0	1	8
45	MEXICO 	0	0	0	0	0	0	0	1	1

1st	8 points
2nd	7 points
3rd	6 points
4th	5 points
5th	4 points
6th	3 points
7th	2 points
8th	1 point

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year, was no accident. Canada, finished joint ninth on the medal table with Bahamas, Dominica and St Lucia, each having won one (1) gold medal at the Championships. Special congratulations to St Lucia's Julien Alfred and Dominica's Thea LaFond, on their gold medal performances, the first at a World Championships at the senior level.

The Bahamas' Devynne Charlton not only won gold in the 60mH but broke her own world record for the event which she had established a few weeks ahead of the Championships.

Cuba was 20<sup>th</sup> on the medal table with Jamaica occupying the 25<sup>th</sup> position.

The achievements of our smaller member federations speak to the fact that athletics is less about the size of the countries from which our athletes come. Continuing hard work and dedication matter.

NACAC Athletics is convinced that the performances of its athletes in Glasgow is a reflection of the continuing developmental pathway embarked upon by our member federations. This is a most welcomed trend and NACAC Athletics.

The NACAC Athletics members on World Athletics Council were on hand to witness the performances of our athletes in Glasgow.

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## International Women's Day 2024



## NACAC Athletics Info Session at Carifta 2024

The NACAC Gender Leadership Commission cordially invites the MFs of the CARIFTA Family, to an informative session to be held during the CARIFTA Games, on Sunday 31 March, 1.00pm – 2.30pm, at the Radisson Hotel, Grand Anse.

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The main topics to be discussed are:

- *A brief introduction to World Athletics' structure and pathways [e.g., MF > Area > WA Commissions, Working Groups, Council]*
- *Crafting effective communication strategies and utilizing tools such as SWOT analysis and Stakeholder analysis*
- *Techniques for impactful campaigning and storytelling, both as organizations and individuals*
- *Overview of available resources, including eLearning platforms, courses, webinars, etc.*
- *Importance of safeguarding in athletics*

MFs are encouraged to attend.

**Grenada gets ready!!!**



*Keith Joseph*  
CEO, NACAC

The Grenada Athletic Association (GAA) continues its preparatory work for the 51st edition of the CARIFTA Games, scheduled for 30 March – 1 April 2024.

Athletes will be treated to a newly laid synthetic surfaces on both the warm-up and competition tracks at the Kirani James Stadium, Queen's Park, St George's Grenada. The logo, displayed above, highlights three of the nation's most outstanding track and field achievers against the backdrop of the nutmeg, Grenada's world renowned spice product. Already considered one of the best Caribbean countries for support of the sport of athletics, Grenada has committed itself to delivering high quality competition, consistent with what has become the norm at the prestigious CARIFTA Games.

### **Around NACAC Athletics**

#### **Nicaragua**

The Nicaraguan Athletics Federation president, Xiomara Larios Toruño, paid tribute to the National and World Sports Heroines, by organizing the XII Road Race for International Women's Day. The event was held on Saturday 9 March 2024, at 7:30 a.m. in the Paseo Xolotlán and Puerto

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Salvador Allende circuit of Managua, Nicaragua.

María Gómez Rodríguez (17:05.00) won from Rosa Elías Chávez (17:30.00), with Arelys Sandoval (17:48.00) in third place.

### **St Vincent and the Grenadines**

Jamar Saunders and Kesian John, seized the opportunity offered and joined the athletes who had already made the CARIFTA Standards set by Team Athletics St Vincent and the Grenadines (TASVG), when the federation hosted its CARIFTA Trials, 9 – 10 March, at the nation's sporting facility. They achieved the performances on Saturday, the first day of the competition.

The athletes who had already made the standards are Zichri Hepburn, Thyra Charles and Devonric Mack.

Two athletes, Matthew Robinson and Jaheim Williams, both made the standard for the Octathlon on the second day of competition.

Keo Davis, bettered the performance he delivered weeks ago when he first made the qualifying mark for the 200m.

Shykeina Francis achieved the 200m standard for Girls U17, while Henreek-K Francois achieved the standard for the 5000m Open.

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A representative team from neighbouring Barbados, participated in the Trials, adding valuable competition to the event, enjoyed by athletes, coaches and administrators of both member federations, and Vincentian sport aficionados.

### **Trinidad and Tobago**

#### **Eighty-five Member Contingent for CARIFTA 2024**



*Tyrique Vincent in full flight – Boys U17 Long Jump. He also won the 110Hurdles and the High Jump.*

Over the weekend of March 2<sup>nd</sup> and 3<sup>rd</sup>, NAAATT hosted its National CARIFTA Trials, at the Hasely Crawford Stadium, in Port of Spain. Over 500 athletes, representing 46 of the local clubs, contested 58 events over a 2-day period. Spectators were treated to some excellent performances by the junior athletes competing for selection on the national team.

Three days later, on Wednesday, March 6<sup>th</sup>, the Federation announced an eighty-five (85)

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member contingent (*67 Athletes and 18 Officials*) to represent the red, white and black at the upcoming 51<sup>st</sup> Edition of the CARIFTA Games, to be held in the Spice Isle of Grenada from 30 March to 1 April 2024. Among the athletes donning national colours are defending 200m Girls' U20 Gold Medallist, Sanaa Frederick and Boys' U20 5,000m Champion, Tafari Waldron. Frederick and Waldron were adjudged Female and Male U20 Athletes of the Year respectively at NAAATT's 2023 Annual Awards Ceremony on January 20<sup>th</sup>. Waldron was in top form at the Trials, winning the 5,000m convincingly, in a time of 14:57.95, not only going under the CARIFTA standard but also erasing a long standing national junior record. NAAATT's U18 Female Athlete of the Year, Janae De Gannes and the President's Rising Star Awardee, Keneisha Shelbourne, have also been selected on the Team. Three sets of twins are among the athletes selected: The Frederick sisters, Sanaa and Sole; the Lewis brothers Khordae and Khordel; and brother and sister Tyrique and Tenique Vincent, truly a rarity on any team. The team is expected to depart Trinidad and Tobago on 2024 March 28<sup>th</sup> and return on April 2<sup>nd</sup>.

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## **Virgin Islands**

Virgin Islands Track and Field Team member Malique Smith, competed in the World Indoor Championships which were held in Glasgow, Scotland, 1 – 3 March 2024. Despite not advancing to the next round, Smith remains focused on his goals and intends to continue training and improving his skills for future competitions. He is determined to represent the Virgin Islands in more international competitions and bring home medals for his country. Smith expressed his gratitude for the opportunity to compete on the world stage and stated that he was proud to represent his country. He also thanked his coaches, teammates, and supporters for their encouragement and support throughout his journey to the championships. Overall, Malique Smith's participation in the World Indoor Championships was a valuable experience that has motivated him towards achieving his dreams in track and field. The Virgin Islands Track and Field Team is proud of his performance and looks forward to seeing him achieve even greater success in the future

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