

NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN ATHLETIC ASSOCIATION

SENIOR CHAMPIONSHIPS - RECORDS



WOMEN

EVENT	MARK	NAME	BIRTHDATE	AGE	COUNTRY	DATE	PLACE
100	10.83 (-0.1)	Shericka JACKSON	15-Jul-1994	28	JAM	20-Aug-2022	Freeport, BAH
200	22.35 (0.3)	Brittany BROWN	18-Apr-1995	27	USA	21-Aug-2022	Freeport, BAH
400	49.40	Shaunae Mernett MILLER-UIBO	15-Apr-1994	28	BAH	20-Aug-2022	Freeport, BAH
800	1.57.52	Ajee WILSON	8-May-1994	24	USA	11-Aug-2018	Toronto, CAN
1500	4.04.53	Heather MACLEAN	31-Aug-1995	26	USA	21-Aug-2022	Freeport, BAH
5000	15.11.68	Natosha ROGERS	7-May-1991	31	USA	19-Aug-2022	Freeport, BAH
10000	33.12.42	Stephanie BRUCE	14-Jan-1984	38	USA	20-Aug-2022	Freeport, BAH
100mh	12.55 (0.9)	Kendra HARRISON	18-Sep-1992	25	USA	11-Aug-2018	Toronto, CAN
400mh	53.32	Shamier LITTLE	20-Mar-1995	23	USA	12-Aug-2018	Toronto, CAN
3000 Steeple	9.34.36	Gabrielle JENNINGS	15-Sep-1998	23	USA	19-Aug-2022	Freeport, BAH
High Jump	1.92	Vashti CUNNINGHAM	18-Jan-1998	24	USA	19-Aug-2022	Freeport, BAH
Pole Vault	4.75	Katie NAGEOTTE	30-Jun-1991	27	USA	11-Aug-2018	Toronto, CAN
Long Jump	6.93 (2.0)	Quanesha BURKS	15-Mar-1995	20	USA	9-Aug-2015	San Jose, CRC
Triple Jump	14.49 (1.5)	Thea Noelia LAFOND	5-Apr-1994	28	DMA	21-Aug-2022	Freeport, BAH
Shot Put	20.15	Sarah MITTON	20-Jun-1996	26	CAN	21-Aug-2022	Freeport, BAH
Discus Throw	63.18	Laulauga TAUSAGA-COLLINS	22-May-1998	24	USA	19-Aug-2022	Freeport, BAH
Hammer Throw	74.60	DeAnna PRICE	8-Jun-1993	25	USA	10-Aug-2018	Toronto, CAN
Javelin Throw	64.68	Kara WINGER	10-Apr-1986	36	USA	21-Aug-2022	Freeport, BAH
Heptathlon	5022 (14.90(1.2), 1.71, 9.82, 27.06(0.5) / 5.66(-2.2), 37.86, 2.29.29)	Maria Gabriela CARRILLO	13-May-1984	23	ESA	15-Jul-2007	San Salvador, ESA
4x100	42.24 (Barbara PIERRE, Lakeisha LAWSON, Dezerea BRYANT, Kyra JEFFERSON)	United States			USA	9-Aug-2015	San Jose, CRC
4x400	3.23.54 (Kaylin WHITNEY, Kyra JEFFERSON, A'Keyla MITCHELL, Jaide STEPTER)	United States			USA	21-Aug-2022	Freeport, BAH
10000 Walk	44.16.21	Cristina Esmeralda López	19-Sep-1982	24	ESA	15-Jul-2007	San Salvador, ESA
20,000 Walk	1h 40.04.78	Mirna Sucely ORTIZ FLORES	28-Feb-1987	35	GUA	20-Aug-2022	Freeport, BAH
20kms Walk	1h 36.34	Maria Lynn MICHTA-COFFEY	23-Jun-1986	32	USA	10-Aug-2018	Toronto, CAN

HISTORY

I NACAC Senior Championships	San Salvador, ESA	July 13-15, 2007
II NACAC Senior Championships	San Jose, CRC	August 7-9, 2015
III NACAC Senior Championships	Toronto, CAN	August 10-12, 2018
IV NACAC Senior Championships	Freeport, BAH	August 19-21, 2022

Compiled by:

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Updated: August 2022

