

4x400 Mixed	3.14.71	UNITED STATES	USA		San Jose, CRC	21-Jul-2023
(Caleb CAVANAUGH, Kiah WILLIAMS, William SUMNER, Bailey LEAR)						

NORTH AMERICA, CENTRAL AMERICA AND CARIBBEAN ATHLETIC ASSOCIATION (NACAC)

UNDER 23 CHAMPIONSHIPS - RECORDS

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WOMEN							
EVENT	MARK	NAME	BIRTHDATE	AGE	COUNTRY	PLACE	DATE
100	11.08 (0.7)	Mia BRAHE-PEDERSEN	28-Nov-2005	17	USA	San Jose, CRC	21-Jul-2023
200	22.72 (0.9)	Kimberly DUNCAN	2-Aug-1991	20	USA	Irapuato, MEX	7-Jul-2012
400	50.68	Jermaisha ARNOLD	5-Feb-2002	21	USA	San Jose, CRC	22-Jul-2023
800	2.02.02	Lisneidys Ines VEITIA CORDOVA	29-Apr-1994	22	CUB	San Salvador, ESA	17-Jul-2016
1500	4.05.84	Addison WILEY	24-Oct-2003	19	USA	San Jose, CRC	23-Jul-2023
5000	16.06.26	Erin FINN	19-Nov-1994	19	USA	Kamloops, CAN	10-Aug-2014
10000	35.30.87	Chelsea BLAASE	10-Apr-1994	22	USA	San Salvador, ESA	16-Jul-2016
100mh	12.57 (1.7)	Tonea MARSHALL	17-Dec-1998	20	USA	Queretaro, MEX	6-Jul-2019
400mh	55.14	T'erea BROWN	24-Oct-1989	20	USA	Miramar, FL, USA	11-Jul-2010
3000 Steeple	9.46.79	Rachel JOHNSON	30-Apr-1993	21	USA	Kamloops, CAN	9-Aug-2014
High Jump	1.91	Akela JONES	22-Apr-1995	21	BAR	San Salvador, ESA	15-Jul-2016
Pole Vault	4.41	Sydney HORN	26-Jul-2002	20	USA	San Jose, CRC	21-Jul-2023
Long Jump	6.74 (-1.0)	Quanesha BURKS	15-Mar-1995	21	USA	San Salvador, ESA	17-Jul-2016
	6.74 (-1.6)	Akela JONES	22-Apr-1995	21	BAR	San Salvador, ESA	17-Jul-2016
Triple Jump	14.28	Yarianna MARTINEZ IGLESIAS	20-Sep-1984	21	CUB	Santo Domingo, DOM	8-Jul-2006
Shot Put	18.49	Raven SAUNDERS	15-May-1996	20	USA	San Salvador, ESA	16-Jul-2016
Discus Throw	60.14	Shanice LOVE	9-Jun-1997	22	JAM	Queretaro, MEX	5-Jul-2019
Hammer Throw	71.39	Amanda BINGSON	20-Feb-1990	22	USA	Irapuato, MEX	6-Jul-2012
Javelin Throw	57.09	Yulenmis AGUILAR MARTINEZ	3-ago-1996	19	CUB	San Salvador, ESA	17-Jul-2016
Heptathlon	5810 (13.6(1.2), 1.71, 11.99, 24.27(0.8) / 6.10(-0.6), 33.37, 2.16.58)	Gretchen QUINTANA CORDERO	30-Jun-1984	22	CUB	Santo Domingo, DOM	7-8-jul-2006
4x100	42.74	UNITED STATES (Kaila JACKSON, Rayniah JONES, Sophia BECKMON, Mia BRAHE-PEDERSEN)			USA	San Jose, CRC	22-Jul-2023
4x400	3.26.83	UNITED STATES (Ziyah HOLMAN, Kiah WILLIAMS, Jan'taijah FORD, Jermaisha ARNOLD)			USA	San Jose, CRC	23-Jul-2023
4x400 Mixed	3.20.71	JAMAICA (Shiann Salmon, Christopher Taylor, Odaine Mcpherson, Charokee Young)			JAM	San Jose, CRC	11-Jul-2021
5000 Walk	22.31.13	Yasury Betzayda PALACIOS SAN JOSE	26-oct-1999	21	GUA	San Jose, CRC	10-Jul-2021
10000 Walk	49.24.70	Yesenia Ivania MIRANDA RIVAS	26-mar-1994	22	ESA	San Salvador, ESA	17-Jul-2016

Compiled by:

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Updated: July 2023



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HISTORY

I NACAC Under 25 Championships *	Monterrey, MEX	August 3 - 5, 2000
II NACAC Under 25 Championships *	San Antonio, TX, USA	August 9 - 11, 2002
III NACAC Under 23 Championships	Sherbrooke, CAN	July 30 - August 1, 2004
IV NACAC Under 23 Championships	Santo Domingo, DOM	July 7 - 9, 2006
V NACAC Under 23 Championships	Toluca, MEX	July 18 - 20, 2008
VI NACAC Under 23 Championships	Miramar, FL, USA	July 9 - 11, 2010
VII NACAC Under 23 Championships	Irapuato, MEX	July 6 - 8, 2012
VIII NACAC Under 23 Championships	Kamloops, CAN	August 8 - 10, 2014
IX NACAC Under 23 Championships	San Salvador, ESA	July 15 - 17, 2016
X NACAC Under 18 & 23 Championships	Queretaro, MEX	July 5 - 7, 2019
XI NACAC Under U18 & 23 Championships	San Jose, CRC	July 9 - 11, 2021
XII NACAC Under U18 & 23 Championships	San Jose, CRC	July 21-23, 2023

* Under 25 years

