

# CAC GAMES RECORDS - ATHLETICS

(AFTER SAN SALVADOR, EL SALVADOR 2023)



MEN							
EVENT	MARK	NAME	BIRTHDATE	AGE	COUNTRY	PLACE & DATE OF GAMES	
100	<b>10.00</b> (0.5)	Cejhae Colin GREENE	6-Oct-1995	22	ANT	Barranquilla, COL 29-Jul-2018	
200	<b>19.96</b> (0.4)	Alonso Reno EDWARD HENRY	8-Dec-1989	28	PAN	Barranquilla, COL 31-Jul-2018	
400	<b>44.27</b>	Alberto JUANTORENA DANGER	3-Dec-1950	27	CUB	Medellin, COL 16-Jul-1978	
800	<b>1.45.15</b>	Alberto JUANTORENA DANGER	3-Dec-1950	31	CUB	La Habana, CUB 11-ago-1982	
1500	<b>3.41.84</b>	Eduardo CASTRO ALMANZA	1-May-1954	28	MEX	La Habana, CUB 9-ago-1982	
5000	<b>13.44.41</b>	Juan Luis BARRIOS NIEVES	24-Jun-1983	27	MEX	Mayaguez, PUR 30-Jul-2010	
10000	<b>28.36.67</b>	Pablo OLMEDO CASTAÑON	8-May-1975	27	MEX	San Salvador, ESA 1-dic-2002	
<b>Half Marathon</b>	<b>1h 03.50</b>	<b>Alberto GONZALEZ MINDEZ</b>	<b>28-Feb-1996</b>	<b>27</b>	<b>GUA </b>	<b>San Salvador, ESA 2-Jul-2023</b>	
Marathon	<b>2h 14.23</b>	Benjamín PAREDES MARTINEZ	7-ago-1962	31	MEX	Ponce, PUR 28-Nov-1993	
110m hurdles	<b>13.12</b> (0.7)	Dayron ROBLES PLANES	19-Nov-1986	19	CUB	Cartagena, COL 26-Jul-2006	
400m hurdles	<b>47.60</b>	Kyron McMASTER	3-Jan-1997	21	IVB	Barranquilla, COL 31-Jul-2018	
3000m steeplechase	<b>8.38.43</b>	Ruben GARCIA		93	MEX	Ponce, PUR 28-Nov-1993	
4x100 relays	<b>38.24</b>	Rondell SORRILLO	21-ene-1986	24	TTO	Mayaguez, PUR 29-Jul-2010	
		Marc BURNS	7-Jan-1983	27			
		Emmanuel Earl CALLENDER	10-May-1984	26			
		Keston BLEDMAN	8-Mar-1988	22			
4x400 relays	<b>3.00.70</b>	Williams COLLAZO GUTIERREZ	31-ago-1986	28	CUB	Xalapa, MEX 28-Nov-2014	
		Raidel ACEA MORALES	31-Oct-1990	24			
		Osmaidel PELLICIER LESCAY	30-Mar-1992	22			
		Yoandys Alberto LESCAY PRADO	5-ene-1994	20			
20 km walk	<b>1h 22.32</b>	Eder Heraclio SANCHEZ TERAN	21-May-1986	24	MEX	Mayaguez, PUR 24-Jul-2010	
50 km walk	<b>3h 49.40</b>	Erick Bernabe BARRONDO GARCIA	14-Jun-1991	23	GUA	Xalapa, MEX 29-Nov-2014	
High Jump	<b>2.37</b>	Javier SOTOMAYOR SANABRIA	13-Oct-1967	30	CUB	Maracaibo, VEN 20-ago-1998	
Pole Vault	<b>5.60</b>	Giovanni Alessandro LANARO MERCADO	27-Sep-1981	28	MEX	Mayaguez, PUR 27-Jul-2010	
Long Jump	<b>8.45</b> (-0.1)	Ivan Lazaro PEDROSO SOLER	17-dic-1972	25	CUB	Maracaibo, VEN 17-ago-1998	
<b>Triple Jump</b>	<b>17.51</b> (1.3)	<b>Lazaro MARTINEZ SANTRAYLL</b>	<b>3-Nov-1997</b>	<b>25</b>	<b>CUB </b>	<b>San Salvador, ESA 7-Jul-2023</b>	
Shot Put	<b>21.02</b>	O' Dayne RICHARDS	14-Dec-1988	29	JAM	Barranquilla, COL 30-Jul-2018	
Discus Throw	<b>70.20</b>	Luis Mariano DELIS FOURNIER	6-dic-1957	24	CUB	La Habana, CUB 8-ago-1982	
Hammer Throw	<b>74.95</b>	Diego Alan DEL REAL GALINDO	6-Mar-1994	24	MEX	Barranquilla, COL 31-Jul-2018	
Javelin Throw	<b>84.91</b>	Guillermo MARTINEZ LOPEZ	28-Jun-1981	25	CUB	Cartagena, COL 25-Jul-2006	
<b>Decathlon</b>	<b>8281pts</b>	<b>Ayden OWENS-DELERME</b>	<b>28-May-2000</b>	<b>23</b>	<b>PUR </b>	<b>San Salvador, ESA 4-Jul-2023</b>	
	<i>(10.36 (0.4), 7.54 (-1.1), 13.88, 2.01, 47.19, 13.85 (1.1), 43.40, 4.60, 56.62, 4.46.57)</i>						

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WOMEN									
EVENT	MARK	NAME	BIRTHDATE	AGE	COUNTRY	PLACE & DATE OF GAMES			
100	11.14 (-0.6)	Chandra STURRUP	12-Sep-1971	26	BAH	Maracaibo, VEN 16-ago-1998			
	11.14 (-2.2)	Julien ALFRED	10-Jun-2001	22	LCA	San Salvador, ESA 3-Jul-2023			
200	22.69 (1.1)	Cydonie MOTHERSILL	19-Mar-1978	32	CAY	Mayaguez, PUR 27-Jul-2010			
400	49.95	Marileidy PAULINO	25-Oct-1996	26	DOM	San Salvador, ESA 6-Jul-2023			
800	1.59.00	Ana Fidelia QUIROT MORE	23-Mar-1963	23	CUB	Sant. Caballeros, DOM 3-Jul-1986			
1500	4.10.39	Joselyn Daniely BREA ABREU	12-ago-1994	28	VEN	San Salvador, ESA 6-Jul-2023			
5000	15.10.60	Joselyn Daniely BREA ABREU	12-ago-1994	28	VEN	San Salvador, ESA 3-Jul-2023			
10000	33.12.28	Laura Esther GALVAN RODRIGUEZ	5-Oct-1991	31	MEX	San Salvador, ESA 6-Jul-2023			
Half Marathon	1h 15.04	Joselyn Daniely BREA ABREU	12-ago-1994	28	VEN	San Salvador, ESA 2-Jul-2023			
Marathon	2h 41.16	Margarita HERNANDEZ FLORES	3-dic-1985	28	MEX	Xalapa, MEX 29-Nov-2014			
100m hurdles	12.60 (0.0)	Jasmine CAMACHO-QUINN	21-ago-1996	26	PUR	San Salvador, ESA 4-Jul-2023			
400m hurdles	54.30	Deon HEMMINGS	9-Oct-1968	29	JAM	Maracaibo, VEN 19-ago-1998			
3000m steeplechase	9.59.03	Beverly Sue RAMOS MORALES	24-ago-1987	22	PUR	Mayaguez, PUR 30-Jul-2010			
4x100 relays	43.17	Laura MOREIRA	10-ene-2000	23	CUB	San Salvador, ESA 6-Jul-2023			
		Enis Magda PEREZ VERDECIA	8-May-2002	21					
		Yarima Lazara GARCIA DIAZ	25-Jul-2004	18					
		Yunisleydy de la Caridad GARCIA ABREU	11-ago-1999	23					
4x400 relays	3.26.08	Zurian HECHAVARRIA MARTEN	10-ago-1995	27	CUB	San Salvador, ESA 7-Jul-2023			
		Rose Mary ALMANZA BLANCO	13-Jul-1992	30					
		Lisneidy Ines VEITIA CORDOVA	29-abr-1994	29					
		Roxana GOMEZ CALDERON	7-ene-1999	24					
20 km walk(road)	1h 35.43	Mirna Sucely ORTIZ	28-Feb-1987	27	GUA	Xalapa, MEX 23-Nov-2014			
High Jump	1.97	Juana Rosario ARRENDEL	16-Jun-1978	24	DOM	San Salvador, ESA 2-dic-2002			
Pole Vault	4.70	Yarisley SILVA RODRIGUEZ	1-Jun-1987	31	CUB	Barranquilla, COL 29-Jul-2018			
Long Jump	6.86 (1.6)	Natalia LINARES	3-ene-2003	20	COL	San Salvador, ESA 3-Jul-2023			
Triple Jump	15.16 (1.1)	Yulimar ROJAS	21-Oct-1995	27	VEN	San Salvador, ESA 5-Jul-2023			
Shot Put	19.36	María Elena SARRIA DIAZ	14-Sep-1954	27	CUB	La Habana, CUB 12-ago-1982			
Discus Throw	66.00	Yaime PEREZ TELLEZ	29-May-1991	27	CUB	Barranquilla, COL 31-Jul-2018			
Hammer Throw	71.62	Rosa RODRIGUEZ	2-Jul-1986	37	VEN	San Salvador, ESA 3-Jul-2023			
Javelin Throw	63.80	Flor Denis RUIZ HURTADO	29-ene-1991	23	COL	Xalapa, MEX 27-Nov-2014			
Heptathlon	6436	Yorgelis RODRIGUEZ GARCIA	25-ene-1995	23	CUB	Barranquilla, COL 1-ago-2018			
	(13.60 (2.3), 1.83, 14.23, 24.56 (0.1), 6.23(1.9), 48.96, 2.15.50)								

Compiled by: Carlos Clemente - NACAC Statistics - CAC Games San Salvador 2023 Statistician

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