

CAC GAMES RECORDS - ATHLETICS

(AFTER SAN SALVADOR, EL SALVADOR 2023)





MEN									
EVENT	MARK	NAME	BIRTHDATE	AGE	COUNTRY	PLACE & DATE OF GAMES			
100	10.00 <i>(0.5)</i>	Cejhae Colin GREENE	6-Oct-1995	22	ANT		Barranquilla, COL	29-Jul-2018	
200	19.96 <i>(0.4)</i>	Alonso Reno EDWARD HENRY	8-Dec-1989	28	PAN		Barranquilla, COL	31-Jul-2018	
400	44.27	Alberto JUANTORENA DANGER	3-Dec-1950	27	CUB		Medellin, COL	16-Jul-1978	
800	1.45.15	Alberto JUANTORENA DANGER	3-Dec-1950	31	CUB		La Habana, CUB	11-Aug-1982	
1500	3.41.84	Eduardo CASTRO ALMANZA	1-May-1954	28	MEX		La Habana, CUB	9-Aug-1982	
5000	13.44.41	Juan Luis BARRIOS NIEVES	24-Jun-1983	27	MEX		Mayaguez, PUR	30-Jul-2010	
10000	28.36.67	Pablo OLMEDO CASTAÑON	8-May-1975	27	MEX		San Salvador, ESA	1-Dec-2002	
Half Marathon	1h 03.50	Alberto GONZALEZ MINDEZ	28-Feb-1996	27	GUA		San Salvador, ESA	2-Jul-2023	
Marathon	2h 14.23	Benjamín PAREDES MARTINEZ	7-Aug-1962	31	MEX		Ponce, PUR	28-Nov-1993	
110m hurdles	13.12 <i>(0.7)</i>	Dayron ROBLES PLANES	19-Nov-1986	19	CUB		Cartagena, COL	26-Jul-2006	
400m hurdles	47.60	Kyron McMASTER	3-Jan-1997	21	IVB		Barranquilla, COL	31-Jul-2018	
3000m steeplechase	8.38.43	Ruben GARCIA			MEX		Ponce, PUR	28-Nov-1993	
4x100 relays	38.24	Rondell SORRILLO	21-Jan-1986	24	TTO		Mayaguez, PUR	29-Jul-2010	
		Marc BURNS	7-Jan-1983	27					
		Emmanuel Earl CALLENDER	10-May-1984	26					
		Keston BLEDMAN	8-Mar-1988	22					
4x400 relays	3.00.70	Williams COLLAZO GUTIERREZ	31-Aug-1986	28	CUB		Xalapa, MEX	28-Nov-2014	
		Raidel ACEA MORALES	31-Oct-1990	24					
		Osmidel PELLICIER LESCAY	30-Mar-1992	22					
		Yoandys Alberto LESCAY PRADO	5-Jan-1994	20					
20 km walk	1h 22.32	Eder Heraclio SANCHEZ TERAN	21-May-1986	24	MEX		Mayaguez, PUR	24-Jul-2010	
50 km walk	3h 49.40	Erick Bernabe BARRONDO GARCIA	14-Jun-1991	23	GUA		Xalapa, MEX	29-Nov-2014	
High Jump	2.37	Javier SOTOMAYOR SANABRIA	13-Oct-1967	30	CUB		Maracaibo, VEN	20-Aug-1998	
Pole Vault	5.60	Giovanni Alessandro LANARO MERCADO	27-Sep-1981	28	MEX		Mayaguez, PUR	27-Jul-2010	
Long Jump	8.45 <i>(-0.1)</i>	Ivan Lazaro PEDROSO SOLER	17-Dec-1972	25	CUB		Maracaibo, VEN	17-Aug-1998	
Triple Jump	17.51 <i>(1.3)</i>	Lazaro MARTINEZ SANTRAYLL	3-Nov-1997	25	CUB		San Salvador, ESA	7-Jul-2023	
Shot Put	21.02	O'Dayne RICHARDS	14-Dec-1988	29	JAM		Barranquilla, COL	30-Jul-2018	
Discus Throw	70.20	Luis Mariano DELIS FOURNIER	6-Dec-1957	24	CUB		La Habana, CUB	8-Aug-1982	
Hammer Throw	74.95	Diego Alan DEL REAL GALINDO	6-Mar-1994	24	MEX		Barranquilla, COL	31-Jul-2018	
Javelin Throw	84.91	Guillermo MARTINEZ LOPEZ	28-Jun-1981	25	CUB		Cartagena, COL	25-Jul-2006	
Decathlon	8281pts <i>(10.36 (0.4), 7.54 (-1.1), 13.88, 2.01, 47.19, 13.85 (1.1), 43.40, 4.60, 56.62, 4.46.57)</i>	Ayden OWENS-DELERME	28-May-2000	23	PUR		San Salvador, ESA	4-Jul-2023	

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WOMEN

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100	11.14 (-0.6)	Chandra STURRUP	12-Sep-1971	26	BAH 	Maracaibo, VEN 16-Aug-1998
	11.14 (-2.2)	Julien ALFRED	10-Jun-2001	22	LCA 	San Salvador, ESA 3-Jul-2023
200	22.69 (1.1)	Cydonie MOTHERSILL	19-Mar-1978	32	CAY 	Mayaguez, PUR 27-Jul-2010
400	49.95	Marileidy PAULINO	25-Oct-1996	26	DOM 	San Salvador, ESA 6-Jul-2023
800	1.59.00	Ana Fidelia QUIROT MORE	23-Mar-1963	23	CUB 	Sant. Caballeros, DOM 3-Jul-1986
1500	4.10.39	Joselyn Daniely BREA ABREU	12-Aug-1994	28	VEN 	San Salvador, ESA 6-Jul-2023
5000	15.10.60	Joselyn Daniely BREA ABREU	12-Aug-1994	28	VEN 	San Salvador, ESA 3-Jul-2023
10000	33.12.28	Laura Esther GALVAN RODRIGUEZ	5-Oct-1991	31	MEX 	San Salvador, ESA 6-Jul-2023
Half Marathon	1h 15.04	Joselyn Daniely BREA ABREU	12-Aug-1994	28	VEN 	San Salvador, ESA 2-Jul-2023
Marathon	2h 41.16	Margarita HERNANDEZ FLORES	3-Dec-1985	28	MEX 	Xalapa, MEX 29-Nov-2014
100m hurdles	12.60 (0.0)	Jasmine CAMACHO-QUINN	21-Aug-1996	26	PUR 	San Salvador, ESA 4-Jul-2023
400m hurdles	54.30	Deon HEMMINGS	9-Oct-1968	29	JAM 	Maracaibo, VEN 19-Aug-1998
3000m steeplechase	9.59.03	Beverly Sue RAMOS MORALES	24-Aug-1987	22	PUR 	Mayaguez, PUR 30-Jul-2010
4x100 relays	43.17	Laura MOREIRA	10-Jan-2000	23	CUB 	San Salvador, ESA 6-Jul-2023
		Enis Magda PEREZ VERDECIA	8-May-2002	21		
		Yarima Lazara GARCIA DIAZ	25-Jul-2004	18		
		Yunisleydy de la Caridad GARCIA ABREU	11-Aug-1999	23		
4x400 relays	3.26.08	Zurian HECHAVARRIA MARTEN	10-Aug-1995	27	CUB 	San Salvador, ESA 7-Jul-2023
		Rose Mary ALMANZA BLANCO	13-Jul-1992	30		
		Lisneidy Ines VEITIA CORDOVA	29-Apr-1994	29		
		Roxana GOMEZ CALDERON	7-Jan-1999	24		
20 km walk(road)	1h 35.43	Mirna Sucely ORTIZ	28-Feb-1987	27	GUA 	Xalapa, MEX 23-Nov-2014
	1h 35.43	Alejandra ORTEGA SOLIS	8-Jul-1994	28	MEX 	San Salvador, ESA 2-Jul-2023
High Jump	1.97	Juana Rosario ARRENDEL	16-Jun-1978	24	DOM 	San Salvador, ESA 2-Dec-2002
Pole Vault	4.70	Yarisley SILVA RODRIGUEZ	1-Jun-1987	31	CUB 	Barranquilla, COL 29-Jul-2018
Long Jump	6.86 (1.6)	Natalia LINARES	3-Jan-2003	20	COL 	San Salvador, ESA 3-Jul-2023
Triple Jump	15.16 (1.1)	Yulimar ROJAS	21-Oct-1995	27	VEN 	San Salvador, ESA 5-Jul-2023
Shot Put	19.36	María Elena SARRIA DIAZ	14-Sep-1954	27	CUB 	La Habana, CUB 12-Aug-1982
Discus Throw	66.00	Yaime PEREZ TELLEZ	29-May-1991	27	CUB 	Barranquilla, COL 31-Jul-2018
Hammer Throw	71.62	Rosa RODRIGUEZ	2-Jul-1986	37	VEN 	San Salvador, ESA 3-Jul-2023
Javelin Throw	63.80	Flor Denis RUIZ HURTADO	29-Jan-1991	23	COL 	Xalapa, MEX 27-Nov-2014
Heptathlon	6436 (13.60 (2.3), 1.83, 14.23, 24.56 (0.1), 6.23(1.9), 48.96, 2.15.50)	Yorgelis RODRIGUEZ GARCIA	25-Jan-1995	23	CUB 	Barranquilla, COL 1-Aug-2018

MIXED

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4x400 Mixed	3.14.81	Alexander OGANDO BAUTISTA	3-May-2000	23	DOM 	San Salvador, ESA 3-Jul-2023
		Fiordaliza COFIL	27-Oct-2000	22		
		Lidio Andres FELIZ	25-Jun-1997	26		
		Anabel MEDINA VENTURA	15-Dec-1996	26		

Compiled by: Carlos Clemente (ESA) - NACAC Statistics and CAC Games San Salvador 2023 Statistician

Update: July 2023

Email: ranking.results@yahoo.com

