

NACAC U18 & U23 ATHLETICS CHAMPIONSHIPS
Apizaco, Tlaxcala 2026
SCHEDULE Updated July 10

Friday, July 10th, 2026					
No.	Time	Event	Division	Gen.	Round
101	8:30	100m.	U23	M	Dec. U23-1
102	8:30	100m.	U18	M	Dec. U18-1
103	8:37	100m.	U18	F	Semi-Final
104	8:58	100m.	U23	F	Semi-Final
105	9:12	100m.	U18	M	Semi-Final
106	9:40	100m.	U23	M	Semi-Final
107	10:00	5,000m.	U23	F	Final
108	10:00	5,000m.	U23	M	Final
109	10:30	400m.	U18	F	Semi-Final
110	10:50	400m.	U18	M	Semi-Final
111	11:20	400m.	U23	F	Semi-Final
112	11:40	400m.	U23	M	Semi-Final
103	12:15	100m.	U18	F	Final
104	12:22	100m.	U23	F	Final
105	12:29	100m.	U18	M	Final
106	12:36	100m.	U23	M	Final
113	12:45	3,000m.	U18	V	Final
102	13:15	400m.	U18	M	Dec. U18-5
101	13:15	400m.	U23	M	Dec. U23-5
114	13:25	3,000m.	U18	F	Final
115	13:40	4x400m. Mixed Relay	U18	Mixed	Final
116	13:55	4x400m. Mixed Relay	U23	Mixed	Final

Field Events					
Friday, July 10th, 2026					
No.	Time	Event	Division	Gen.	Round
117	8:30	Discus throw (1.0k)	U23	F	Final
118	8:30	High jump	U23	F	Final
101	9:10	Long jump	U23	M	Dec. U23-2
102	9:10	Long jump	U18	M	Dec. U18-2
119	10:10	Discus throw (1.0k)	U18	F	Final
101	10:15	Shot put (7.26k)	U23	M	Dec. U23-3
102	10:15	Shot put (5.0k)	U18	M	Dec. U18-3
120	10:15	Triple jump (13.00m.)	U23	M	Final
121	10:30	Javelin throw 800g	U23	M	Final
122	10:30	Pole vault	U23	F	Final
123	10:30	Pole vault	U18	F	Final
101	11:20	High jump	U23	M	Dec. U23-4
102	11:20	High jump	U18	M	Dec. U18-4
124	11:35	Discus throw (2.0k)	U23	M	Final
125	11:45	Triple jump (11.00m.)	U18	M	Final
126	13:00	Discus throw (1.5k)	U18	M	Final
127	13:15	Triple jump (9.00m)	U18	F	Final

Saturday July 11th, 2026					
No.	Time	Event	Division	Gen.	Round
101	8:30	110m. hurdles (1.06)	U23	M	Dec. U23-6
102	8:30	110m. hurdles (0.91)	U18	M	Dec. U18-6
209	8:40	110m. hurdles (0.84)	U18	M	Semi-Final
202	8:55	100m. hurdles (0.84)	U23	F	Hep. U23-1
203	9:05	100m. hurdles (0.76)	U18	F	Hep. U18-1
204/205	9:15	5,000m. Race walking	U18/U23	F	Final
206/207	9:55	5,000m. Race walking	U18/U23	M	Final
109	10:30	400m.	U18	F	Final
110	10:37	400m.	U18	M	Final
111	10:45	400m.	U23	F	Final
112	10:52	400m.	U23	M	Final
208	11:02	100m. hurdles(0.76)	U18	F	Final
201	11:10	100m. hurdles (0.84)	U23	F	Final
209	11:18	110m. hurdles (0.91)	U18	M	Final
210	11:26	110m. Hurdles (1.06)	U23	M	Final
211	11:35	1,500m.	U18	F	Final
212	11:45	1,500m.	U18	M	Final
213	11:55	1,500m.	U23	F	Final
214	12:05	1,500m.	U23	M	Final
215	12:15	200m.	U18	F	Semi-Final
216	12:36	200m.	U18	M	Semi-Final
217	13:04	200m.	U23	F	Semi-Final
218	13:18	200m.	U23	M	Semi-Final
203	13:39	200m.	U18	F	Hep. U18-4
202	13:46	200m.	U23	F	Hep. U23-4
219	13:55	400m. Hurdles (0.76)	U18	F	Final
220	14:05	400m. hurdles (0.76)	U23	F	Final
221	14:15	400m. Hurdles (0.84)	U18	M	Final
222	14:25	400m. hurdles (0.91)	U23	M	Final
102	14:35	1,500m.	U18	M	Dec. U18-10
101	14:35	1,500m.	U23	M	Dec. U23-10
223	14:45	Relay 4x100m.	U18	F	Final
224	14:55	Relay 4x100m.	U18	M	Final
225	15:05	Relay 4x100m.	U23	F	Final
226	15:15	Relay 4x100m.	U23	M	Final

Field Events					
Saturday July 11th, 2026					
No.	Time	Event	Division	Gen.	Round
227	8:30	Shot put (5.0k)	U18	M	Final
228	9:00	Long jump	U18	F	Final
101	9:10	Discus throw (2.0k)	U23	M	Dec. U23-7
102	9:10	Discus throw (1.5k)	U18	M	Dec. U18-7
203	9:40	High jump	U18	F	Hep. U18-2
202	9:40	high jump	U23	F	Hep.U23 -2
229	10:15	Shot put 4.0k	U23	F	Final
102	10:30	Pole vault	U18	M	Dec. U18-8
101	10:30	Pole vault	U23	M	Dec. U23-8
230	11:20	Long jump	U23	F	Final
202	12:00	Shot put (4.0k)	U23	F	Hep. U23-3
203	12:00	Shot put (3.0k)	U18	F	Hep. U18-3
231	12:00	High jump	U18	M	Final
101	12:50	Javelin throw (800g)	U23	M	Dec. U23-9
102	12:50	Javelin throw (700g)	U18	M	Dec. U18-9
232	13:00	Long jump	U23	M	Final
233	13:30	Shot put3.0k	U18	F	Final
234	14:00	Javelin throw 700g	U18	M	Final

Sunday July 12th, 2026

No.	Time	Event	Division	Gen.	Round
301 / 302	07:00	10,000m.	U23	F / M	Final
303	08:00	800m.	U18	F	Final
304	08:16	800m.	U18	M	Final
305	08:24	800m.	U23	F	Final
306	08:32	800m.	U23	M	Final
215	09:00	200m.	U18	F	Final
216	09:06	200m.	U18	M	Final
217	09:12	200m.	U23	F	Final
218	09:18	200m.	U23	M	Final
307	09:30	2,000m. Steeplechase (0.76)	U18	F	Final
308	09:45	3,000m. Steeplechase (0.76)	U23	F	Final
309	10:10	2,000m. Steeplechase (0.84)	U18	M	Final
310	10:25	3,000m. Steeplechase (0.91)	U23	M	Final
203	10:45	800m.	U18	F	Hep. U18-7
202	10:55	800m.	U23	F	Hep. U23-7
311	11:10	Mixed Relay 4x100m.	U18	Mixed	Final
312	11:20	Mixed Relay 4x100m.	U23	Mixed	Final
313	11:30	Relay 4x400m.	U18	F	Final
314	11:40	Relay 4x400m.	U18	M	Final
315	11:50	Relay 4x400m.	U23	F	Final
316	12:00	Relay 4x400m.	U23	M	Final

Field Events

Sunday July 12th, 2026

317 / 318	07:30	Hammer Throw (3.0k y 4.0k)	U18/U23	F	Final
202 / 203	08:00	Long Jump	U23 / U18	F	Hep. U23 / U18-5
319	08:10	High Jump	U18	F	Final
320	08:30	Javelin Throw (500g)	U18	F	Final
321	09:00	Shot Put (7.26k)	U23	M	Final
322 / 323	09:00	Pole Vault	U18/U23	M	Final
324	09:15	Long Jump	U18	M	Final
202	09:15	Javelin Throw (600g)	U23	F	Hep. U23-6
203	09:15	Javelin Throw (500g)	U18	F	Hep. U18-6
325	10:30	High Jump	U23	M	Final
326	10:35	Javelin Throw (600g)	U23	F	Final
327	11:00	Triple Jump (11.00)	U23	F	Final
328 / 329	11:00	Hammer Throw (5 k y 7.26k)	U18/U23	M	Final